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The Sôka Gakkai in Australia and Quebec: An Example of the Globalization of a New Japanese Religion
by Daniel A. Metraux, Ph.D.

Abstract
A key characteristic of new Japanese religions, one that distinguishes them from more traditional religions in Japan, is their universalistic orientation and international missionary zeal. The goal of this paper is to portray the globalization of one new religion through an analysis of the growth of the Sôka Gakkai International (SGIA) in Australia. SGIA's appeal is both social and religious. The fast pace of life, constant movement of people, and a sizeable growth of immigrants have created a sense of rootlessness among many Australians. Thus, a primary factor for SGIA's growth in Australia has been its emphasis on the concept of community. SGIA's tradition of forming small chapters whose members often meet in each other's homes or in local community centers creates a tightly bonded group. SGIA members find their movement's style of Buddhism appealing because they say it gives them a greater sense of confidence and self-empowerment to manage their own lives in a more creative manner.

Introduction
The concept of “globalization” has become a hot topic throughout academia over the past few years and many of my colleagues and I have spent hours debating about its inherent nature, extent, and even its existence. The phenomenon of certain ideas, fashions or material goods transcending national boundaries is as old as recorded history, but what is new is the extent to which this phenomenon is being conceived and organized on such a global scale. Many commentators today describe globalization as a primarily Western phenomenon, the expansion of American or Western culture(s) to the rest of the world. While there is much truth to this speculation, one must also realize the contributions of other cultures to this emerging global culture. Japanese culture and technology continue to have considerable impact on the world, especially in East and Southeast Asia. Today people on every continent feel the impact of Japan in the cars they drive, the music they listen to and, in some cases, the religions they practice.

The goal of this paper is to study the phenomenon of the globalization of Japanese religion through an analysis of the growth of the Sôka Gakkai in two very different cultures, Australia and Quebec. One may call the Sôka Gakkai a global Buddhist movement because of the fact that it has built chapters in over two hundred countries and has, according to Sôka Gakkai International (SGI) estimates, slightly more than two million foreign members. I have visited SGI chapters in over a dozen countries and have rarely seen a Japanese face present at many meetings. At the same time, however, members worldwide are practicing the same religion and are following the same ritual practices as the estimated eight million Sôka Gakkai followers in Japan.

Sanda Ionescu, who has studied the SGI in Germany, raises some interesting questions about the globalization of ideologies and cultures:

To what extent can a religion, which has arisen under specific historical and cultural circumstances, become relevant to people in entirely different social, cultural and temporal contexts? What is the exact proportion of universality to cultural specificity that a religion should have in order to gain a following beyond its national borders? And how much does a religion entering a foreign culture with proselytizing intentions have to take into account the characteristics of the host culture?

One of the most interesting characteristics of the new Japanese religions that distinguish them from more traditional religions in Japan is their “universalistic orientation and international missionary zeal.”3 Japanese immigrants a century or more ago took their more traditional religions with them to the United States and elsewhere, but these religions attracted very little interest outside the Japanese communities and faded when later generations of ethnic Japanese assimilated into the local culture. Japanese new religions like Sôka Gakkai, however, are often introduced abroad by a Japanese member, but quite often later develop a largely non-Japanese following.

To succeed outside of its host culture, a religion should have certain universalistic orientations and be flexible enough to adapt certain culture specific aspects of its ideology to the host culture. The Sôka Gakkai’s success4 stems partly from the fact that its ideology is based on “this-worldly or vitalistic, and therefore universally relevant conceptions of salvation in terms of health, harmony, happiness, wealth, etc., and have made the means of salvation accessible to all.”5 Sôka Gakkai members I have interviewed in foreign chapters virtually all agree that the essential ideology of the Sôka Gakkai revealed in its interpretation of the teachings of the Lotus Sutra and in its patron Nichiren6 are of lasting value and are as relevant to their lives as they are to followers in Japan.

Japan’s Sôka Gakkai has created a rapidly growing global community of like-minded members and independent chapters with Japan as its center. Sôka Gakkai members outside Japan have altered certain uniquely Japanese practices and customs7 while agreeing on the universal value and applicability of the major teachings of Sôka Gakkai Buddhism. The result is a rapidly growing international Sôka Gakkai community with many local variations. The Sôka Gakkai is thus a religious movement which matured under specific historical, geographical and social conditions, but which today is relevant to more than two million people worldwide who do not share the same language, history or cultural assumptions.8 The Sôka Gakkai in Melbourne may have cultural differences with the chapter in Manila or Montreal, but they are both instantly recognizable as Sôka Gakkai.

The goal of this research is to demonstrate how the Australian branch of the Sôka Gakkai (Sôka Gakkai International Australia or SGIA) and the SGI chapter in Quebec9 represent an aspect of the center-periphery process of Japan’s globalization. The spread of SGI to Australia and Quebec from
Japan has led to the “deterritorializing and relativizing” \(^{11}\) of the movement from an inherently Japanese faith practiced mainly by Japanese to a much more universal movement whose followers abroad are rarely Japanese and who in many cases have no particular affinity for Japan or Japanese culture.

**Research Goals and Methodology**

This research is part of a broader project of this writer to examine SGI in a variety of countries. I conducted research on SGI chapters in Canada and Quebec in 1995-97 and again in 2002 and in Singapore, Malaysia, Hong Kong and the Philippines in 1998-99 and, very briefly, in New Zealand 2003. The research in Quebec was part of a more extensive survey of SGI in Canada. I visited the Montreal headquarters of SGI on eight occasions to interview leaders and members and visited the Quebec City SGI community center on one occasion. I also traveled to the small town of Baie St. Paul north of Quebec City to interview an SGI leader and distributed a survey which generated close to fifty responses from members in Quebec.

I did research on SGI in Australia briefly in 2000 and 2003 and for a longer period in 2002 with an Australian scholar, Ben Dormann. \(^{12}\) We conducted a nationwide survey of SGIA members and conducted a number of in-depth interviews. \(^{13}\)

Some of the questions addressed are why the Sôka Gakkai with its strong Japanese roots has succeeded in establishing a solid foundation in Australia, but also why after roughly forty years it has not expanded more rapidly. We wanted to learn who joined SGI and why. When we discovered that a very high percentage of the ethnic Asian members were not Japanese in origin, we wanted to learn why SGIA would appeal to such a broad mixture of Asians, many of whom expressed very little interest in Japanese culture and had very little contact with Japan or its people. In other words, we were searching for evidence that the SGI had become a global movement with applicability beyond its Japanese roots and cultural ties.

**The Sôka Gakkai Legacy**

Makiguchi Tsunesaburo (1871-1944), a Japanese educator and a devout lay practitioner of the Nichiren Shôshû (“True Sect of Nichiren”) sect, founded the Sôka Gakkai in the early 1930s as a support group for his educational ideas. However, by the late 1930s he and his younger disciple Toda Josei (1900-1958) had transformed the organization into a lay support group for the Nichiren Shôshû sect of Japanese Buddhism. Makiguchi and Toda were imprisoned in 1943 because of their refusal to accede to the government’s request that they incorporate various nationalistic Shinto practices into their group’s religious observances. Makiguchi died in prison in 1944, but Toda, released in 1945, rebuilt the Sôka Gakkai into a major religious movement in the 1950s. Toda’s successor Ikeda Daisaku (1928—) expanded the Sôka Gakkai in Japan and played a key role in SGI’s expansion abroad. The realization that the Sôka Gakkai became a highly successful lay Buddhist movement with its own strong leadership which had its social and political programs independently of the sect did not sit well with Nichiren Shôshû, a conservative and very traditional Buddhist sect. The fact that the Nichiren Shôshû priesthood and the Sôka Gakkai were going in different directions caused a growing schism by the late 1970s that led to the formal separation of the two organizations in the early 1990s. Today the Sôka Gakkai is an independent lay religious movement dedicated to the propagation of its version of Nichiren Buddhism. The Sôka Gakkai grew rapidly in the immediate postwar era because its leaders focused on Buddhist teachings that stressed the happiness of self and others in one’s immediate environment. Happiness was understood in very concrete terms for millions of dispirited and hungry Japanese: food, health, finding a mate, and securing employment. Later in the 1960s and 1970s when Japan became more affluent, happiness was redefined in more philosophical terms to include “empowerment, character formation, and socially beneficial work…” \(^{15}\) The fact that the Sôka Gakkai is a distinctly lay religious movement has broadened its appeal in an increasingly secular age.

The Sôka Gakkai grew as a highly exclusivist movement which in its early days attracted considerable criticism for its strong method of proselytization (shakubuku), its attacks on and harsh criticism of other sects and religions, and for its vigorous political activities and its highly partisan political party, the Komeito. Today this once highly-negative image has mellowed somewhat because the Sôka Gakkai has softened its methods of conversion, has quieted its criticism of others while opening dialogues with some other sects, and because the Komeito has become a highly visible political partner of the ruling Liberal Democratic Party. \(^{16}\) Today’s more moderate and mellow Sôka Gakkai, while still subject to attacks by some elements of the Japanese media, is gradually becoming part of the Japanese media.

**The Growth of Sôka Gakkai International**

When tens of thousands of Japanese immigrated to North and South America a century ago, they built their own temples and invited Buddhist priests from Japan to tend to the needs of these entirely Japanese congregations. These older largely Buddhist congregations have declined in recent decades as later generations became assimilated into the native population. Japan’s contemporary NRMs, however, have become genuinely global or universal movements because their teachings have attracted non-ethnic Japanese faithful abroad and today survive as autonomous units. Today a number of Japanese NRMs such as SGI, Mahikari, Zen and Tenrikyo are growing in Australia because they have successfully adapted rituals, languages, customs and leadership to non-Japanese contexts. \(^{17}\)

SGI in particular has succeeded in developing a strong following in many countries because, as Peter Clarke notes, “though a very Japanese form of Buddhism, it appears capable of universal application: no one is obliged to abandon their native culture or nationality in order to fully participate in the spiritual and cultural life of the movement.” \(^{18}\) Sôka Gakkai leaders, while maintaining the essential elements of their faith, have released their form of Buddhism from its
inherently Japanese faith by skillfully adapting their religious practices to each culture that they seek to penetrate. They recruit local leaders who direct the foreign chapter free of any direct control from Tokyo, conduct all religious exercises and publish all documents in the native languages, and emphasize those traits that are important to the host culture. Clarke, for example, notes that SGI practices in the United States that appeal to many American members are “the absence of moralizing, the stress on individual choice and the need to take responsibility for one’s own actions.”

My research on SGI members in Canada, the United States and throughout Southeast Asia indicates that the Sōka Gakkai attracts followers because of what they perceive to be its strong message of peace, happiness, success and self-empowerment. Many adherents interviewed or surveyed by this writer believe that the Buddhism espoused by the Sōka Gakkai gives them some degree of empowerment over their personal environments, that through their hard work and devout practice they can overcome their suffering and find happiness here and now. They also find great satisfaction and sense of community joining with other people who follow the same faith. The practice of having small groups of members meet together regularly to pray, discuss personal and mutual concerns, and socialize as close friends is an important social reason for the success of the Sōka Gakkai not only in Japan, but abroad as well.

Many of the younger SGI members in these countries are also very well educated. I was especially impressed by the large number of well-educated upwardly mobile ethnic Chinese members I met in Malaysia, Singapore, New Zealand and Australia. There seems to exist a strong affinity between a religious dogma that emphasizes “mental work” (attitudes and individual focus) and the well-educated who have to work very hard to attain their educational credentials. This phenomenon may well explain why this form of Buddhism is attractive to this particular social stratum and also helps address why the Japanese origin of the Sōka Gakkai does not seem to matter very much to these non-Japanese converts.

**The Sōka Gakkai in Australia**

The Sōka Gakkai organization in Australia is one of several Buddhist organizations in Australia that follows one distinct school of Buddhism and has a multi-ethnic membership. SGI traces its origins to 13 May 1964 when a visit to Australia by Ikeda Daisaku encouraged a handful of Japanese resident members and white Australians to form a Melbourne chapter. The first leader, Dr. Tom Teitei, worked vigorously to organize the first chapters and to mold a national organization. By May 2003 there were between 2500-3000 members from an estimated 50 different ethnic groups spread over the major urban areas of the country. The movement grew slowly in the mid-1960s and through the late 1970s its largely white and ethnic Japanese membership remained small, but it grew more rapidly in the 1980s and 1990s and early 2000s when many younger ethnic Chinese immigrants and smaller numbers of Indians and Koreans joined the movement. SGI has won and lost many members over the years, but overall membership continues to grow.
Australian born and had both parents who were Australian native lands. Only four percent of Australia's Buddhists were elsewhere in Asia and had immigrated to Australia from their percent of Buddhists residing in Australia in 1991 were born 20s, 30s and early 40s. (Adam and Hughes, 49) Well over 80 and 40, a huge majority of Australia's Buddhists were in their most immigrants arrived in Australia between the ages of 20 ... a number of Anglo-Australians who found appeal in the mystique of the Vajrayana tradition. 32 Throughout the 1990s approximately 17 percent of Asian immigrants to Australia immigrants thought of themselves as being Buddhist. 33 Since most immigrants arrived in Australia between the ages of 20 and 40, a huge majority of Australia’s Buddhists were in their 20s, 30s and early 40s. (Adam and Hughes, 49) Well over 80 percent of Buddhists residing in Australia in 1991 were born elsewhere in Asia and had immigrated to Australia from their native lands. Only four percent of Australia’s Buddhists were Australian born and had both parents who were Australian born, a further indication that most of Australia’s Buddhists were ethnic Asians. 

There are about 170 different Buddhist groups in Australia representing all the major schools of Buddhism. Most of these groups are considered ethnic as their members are drawn from one of the major Asian communities. There are other generally quite small groups whose members are Anglo-Australian and are more interested in a general form of Buddhism rather than in any specific sect.34 One can thus reasonably conclude that much of the startling growth in the number of people practicing Buddhism since the 1970s can be attributed to the huge influx of Asians from Southeast Asia and, as Judith Snodgrass has discovered, a strong revival in interest in Buddhism by second-generation Asians or in a few cases young Asians who, having arrived in Australia with no strong religious ties, became interested in Buddhism as a way of identifying with their Asian heritage.35 The percentage of European Australians who claimed Buddhist ties before Asian immigration began in earnest in the 1970s was quite high, but their percentage dropped to well below ten percent by 1991 because of the major influx of ethnic Asian Buddhists.36

SGIA in some respects fits the pattern of at least some of the other Buddhist groups in Australia. Its increasingly Asian membership parallels the profile of other Australian Buddhists as does the general age range. Most Sôka Gakkai members are in their twenties, thirties and forties and an increasing number were born in other Asian countries and immigrated to Australia either as temporary residents—in many cases as students—or to establish long-term or permanent residency. Very few of SGIA’s younger followers were born in Australia and have two parents who are also Australian born. Some younger SGIA faithful were already members in their native lands—often Malaysia, Singapore or Hong Kong—while others came with no particular faith and adopted SGI Buddhism after their arrival.

There are, however, some factors that make SGIA rather distinct. SGIA is a very broad multi-ethnic movement. There is an important though proportionally declining white Australian membership and a growing ethnic Chinese component from Malaysia and elsewhere in Southeast Asia, but other ethnic groups also have healthy representations including a fair number of ethnic Japanese (about 20 percent), Koreans (about five percent), and Indian members (about five percent).

Demographics of SGIA Membership

Our surveys and interviews of SGIA leaders and members in 2000, 2002 and 2003 indicated a stable and tightly knit organization which appeared more interested in the welfare of its members and the building of a healthy Buddhist community than in indiscriminately signing up members whose interest or faith was only superficial. A person is considered for membership after he or she regularly attends several meetings over a period of several months, shows genuine interest in the movement, and has studied the basic teachings and philosophy of Nichiren Buddhism. The emphasis on conversion through dialogue has meant that many new members were converted by
family members and, to a lesser extent, by close friends. This development in turn has meant slow steady growth, but also less turnover of membership.

Our surveys indicated that SGIA is a largely family-oriented movement. Two-thirds of all members and three-quarters of young members had other close family members in the movement. While just over half of older members were the first members of their family to join SGIA, close to three-quarters of younger members had other members of their family in the organization when they joined. Just over half of older members were introduced to SGIA by other family members compared to about three-quarters of younger members. Other members were introduced by close friends. Only a tiny handful was introduced by work colleagues, fellow students, or strangers.

Overall, there are three female members to every two males in SGIA. The female-male ratio is slightly higher among older members (those in their thirties and above) than among younger faithful (20s and very early 30s). Surveyed SGIA members were also overwhelmingly urban. More than half of those surveyed lived in suburbs of large cities while another quarter lived within big cities. Slightly more than ten percent lived in or near medium sized cities while another ten percent resided in small towns or rural areas.

Although SGIA members who joined in the 1960s and 1970s recounted that during the early years of the SGIA, members tended to be older with a roughly even ratio between European and Asian (largely Japanese) members, today the demographic picture has changed markedly. While ethnic Japanese dominated the Asian membership in the early days of SGIA, today they constitute less than one-quarter of the Asian group. Slightly less than two-thirds of Asians are ethnic Chinese with much smaller groupings of Korean, Indian and other Southeast Asian members. This trend toward larger proportions of Asian members is in contrast to patterns in the Sôka Gakkai chapters in the United States, Canada and Great Britain where Asian members are increasing as a proportion of the membership, and younger members tend more to resemble the population as a whole in terms of ethnic diversity.

Another important factor is that SGIA members tended to be very well educated. Older members in their 30s and 40s were evenly divided between high school and university graduates, but younger members in their twenties or very early thirties were in general better educated. Well over half of the younger group said that they were university graduates, and another quarter said that they were pursuing a university degree. About ten percent of the younger members said that they had or intended to receive some form of graduate degree.

SGIA members are employed in a very diverse range of jobs and professions. A vast majority of older members were employed or self-employed, but there were also a few who had gone back to school or who were retired on a pension. There were large groups of nurses and other health care professionals, public servants, people involved in business and the financial sector, teachers at all levels, artists and musicians, secretaries, pharmacists as well as self-employed business owners, computer specialists, and journalists. A number of the older members were back in school to complete either their undergraduate or graduate degree. Younger members included about a third still attending a university. Younger members no longer in school worked in a wide variety of jobs, but a higher percentage were involved in white collar professions or the arts than older members. About ten percent of older members were full-time homemakers, but there were virtually none among younger members.

Roughly two-thirds of the older members were married or living with a full-time partner while a quarter were single. Only a tiny handful had been divorced, widowed or separated. On the other hand, about two-thirds of younger members in their 20s and early 30s were still single with the rest either married or living with a partner. Less than ten percent were divorced or separated.

Only a minority of current SGIA members (40%) had any formal religious affiliation before they became members (60% Christian, 25% Buddhist, 7% Taoist and 7% Hindu), and only about 15% were highly committed to another religion. A third of those surveyed—including roughly a quarter of Caucasian members—had actively practiced another form of Buddhism or another East Asian faith at some point of their lives prior to joining SGI.

Another interesting find is the affiliation with and concerns about Japan by most members. Only about a third of members surveyed said that they had been persuaded to join or sponsored by an ethnic Japanese member—and most of these were themselves Japanese. The rest had been converted or sponsored by a non-ethnic Japanese member. When asked if they had any particular interest in any aspect of Japanese culture, only about half replied in the affirmative. Clearly, most SGIA members were not practicing this religion because of its particular affiliation with Japan.

Explanations for Patterns of Membership

While SGIA originated from a Japan-based movement, most members were attracted by the fact that it was a Buddhist movement whose members appeared to be very happy and successful in their lives and whose organization exuded a sense of warmth, harmony, and a welcoming spirit to new members. A young Caucasian member noted, “SGIA is a Buddhist movement whose members appeared to be very happy and successful in their lives and whose organization exuded a sense of warmth, harmony, and a welcoming spirit to new members.”

Another probable source of SGIA’s appeal, especially to the movement’s increasingly Asian younger membership, is the fact that SGIA offered a place to socialize with other Asians, even if from different countries. They could join in activities with other young people from their country or culture and develop a social base in a nation with a very different culture. SGIA membership also provided the opportunity to become acquainted with people from other cultures including some Caucasian Australians. SGIA has demonstrated a general pattern of outsiders—immigrants, minorities, gays and lesbians—finding welcome, acceptance and community.

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Conversations with several ethnic Chinese SGI members from Malaysia and Singapore members in May 2003 revealed that while Sōka Gakkai Buddhism was an important reason for joining, the social factor was critically important as well. Coming to Australia for school or a job offered a real opportunity for them to advance in life, but they had to sacrifice ties back home with friends and family. If they had Malaysian or Singaporean friends or heard of a place where they could meet fellow countrymen, they would certainly take advantage of these opportunities.

Since a number of now middle-aged ethnic Chinese SGI members from these and other Southeast Asian countries had joined SGIA, thus forming a solid group of members in SGIA, it is not surprising that other immigrants from these countries would become familiar not only with these SGIA members, but also with the organization itself. Southeast Asian ethnic Chinese membership thus began to mushroom at a rapidly accelerating rate.

Conversion to Buddhism, for some, appeared to be a means of reconnecting with an Asian heritage. This hypothesis is supported by the fact that less than half of current membership had any formal religious affiliation before they became members and only a third of those surveyed had actively practiced another form of Buddhism or another East Asian faith prior to joining SGI. I found a very similar phenomenon in New Zealand and in Canada/Quebec, which are also countries with rapidly growing Asian immigrant populations.

Based on our interviews we discovered that SGIA meetings had what could be described as a therapeutic effect to some members. Many surveyed members insisted that SGIA provided for both their religious and social needs, functioning as a support group in times of need and as the basis for a social outing. It offered a ready-made community center for the newcomer and magnet for somebody seeking greater happiness in life. Members told us that there was something missing in their lives or that they were sad, lonely or depressed. A friend or family member suggested that they attend an SGIA meeting at a cultural center or at a member’s home. The newcomer was soon attracted by the warm sense of “family” or “community” plus other members’ recollections of how miserable their lives were before joining and testimonials of how they had found true happiness in life as Buddhists after chanting regularly and becoming a devout member. One member noted:

What appeals to me most about SGIA is the idea of Buddhism in action - a spiritual family chanting, studying and working for others at a local level —being there for family, friends, strangers, different cultural groups and the environment—and globally when we deal with the wider issues that grow from our work at home such as world peace, education, and eliminating poverty.

This sense of community was very important for Australian members. The fact that many members found SGIA to be an open, tolerant, and caring community was especially important for immigrants new to Australian life. SGIA provided a ready-made community containing a diverse group of white Australians and Asian-Australians from virtually every region or country who could extend a wel-coming hand to a newcomer from Malaysia, Korea, Hong Kong or Japan who may not have had any roots in the community. Newcomers are very welcome and very often find SGIA to be their port of entry and social base while entering Australian society. I met a number of Asian exchange students whose initial contact with SGIA was active members from their city or country. It is also interesting to note that SGIA today attracts a small but growing number of openly gay members because they feel that they are accepted and treated well by fellow members.

Our surveys and interviews indicated that at least some of these members were attracted to SGIA because of the movement’s doctrine that members need to take responsibility for their own lives and circumstances. They felt that the movement gave them control over their own destinies so that they can create their own happiness in life. They felt motivated by SGI leaders and study materials that tell them that they can readily advance in life through their own hard work, strong faith and discipline. I found this factor to be an important part of SGIA’s appeal to white-collar professionals not only in Australia, but also in other areas where I have researched SGI chapters.

A key ingredient of SGIA success has been its ability to maximize lay participation and its ability to work as a lay religious movement. The decline in the credibility of organized religions and increased debate over the very existence of an anthropomorphic deity have opened the way for religious organizations such as SGIA that insist that each member has a strong responsibility not only for his destiny, but also that of his fellow members.

Members were virtually unanimous in expressing that the quality of their lives had greatly improved after joining SGIA. Most said that they had become calmer, more self-confident and happier in their work and in relationships with family, friends and colleagues. Significant numbers related that they had become more optimistic and were better able to make clear and informed decisions about their lives. Virtually everybody surveyed said that they had had to chant to realize a particular goal or set of goals and that they had achieved many of their desired results.

It is also important to note that joining SGIA, while a major commitment of Buddhist faith, does not preclude the average member from leading a very ordinary Australian life. Membership does require some degree of commitment and service to the organization, but in most cases not enough to significantly affect one’s social and professional life outside the movement. Indeed, the general proportion of a member’s life devoted to SGIA does not seem that much different from that of members of my own church in Virginia. According to our survey, the average SGIA member attends about one meeting a week and a significant number attend two, though more active members might attend more. And, as Hammond and Machacek noted about SGI-USA members, those who join the movement “had to give up very little of their former way of life. Conversion, apart from learning to chant, entailed only minor behavioral change; whatever tension converts experienced because of their decision to join Soka Gakkai was therefore minimized.” Based on our own observations, much about SGIA resembled SGI-USA in this sense at least.

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SGIA membership was also not very disruptive in terms of members’ everyday activities. Most maintained some close friendships with non-members and had jobs and careers not at all related to SGIA.

Another factor that enhanced a stable membership is that most SGIA members simply did not have to endure the social criticism from family, friends and colleagues that their counterparts in Japan often experience. The Sôka Gakkai in Japan is a high profile multi-million member movement that is deeply involved in politics and a variety of other social programs. By contrast, many Japanese have regarded the Sôka Gakkai as an extreme movement and many members have told me that they have suffered from the criticism of family or peers. Since SGIA is quite small and not well-known in Australian society, very few members have experienced any criticism at all.

**The Sôka Gakkai in Quebec**

In May 2002 I took a dozen of my Mary Baldwin College students on an in-depth study tour of Quebec with detailed stops in Montreal, Quebec City, and Ottawa. The course had two educational objectives, to study the current state of the separatist movement in this very francophone province and to analyze Quebec and Canada’s role in a global environment. Since I had devoted a lot of attention in the mid-1990s to research on the growth of chapters of Japan’s Sôka Gakkai in Quebec and Ontario, I secured focus-group meetings with resident Canadian Sôka Gakkai members who provided stimulating views not only on the Quebec political scene, but also about their uniquely Japanese form of Buddhism that has secured a small but firm foothold in French Canada. The visits to the Sôka Gakkai (Sôka Gakkai International—Canada; SGI-Canada) culture centers provided a clear view of the globalization of Japanese religions that paralleled what we discovered in Australia—only minutes away from the famed Plains of Abraham one could have a very intense encounter with a form of Japanese Buddhism practiced by an entirely white francophone group.

The Sôka Gakkai’s growth in Quebec is strikingly similar to its experiences in Australia and other countries where SGI has developed strong ties. The Sôka Gakkai established its first roots in Canada in the early 1960s with local chapters in Toronto, Montreal and British Columbia. Today there are between 5,000-6000 members nationwide with perhaps a thousand or more in Quebec and neighboring areas such as Ottawa. Membership growth is very slow, but steady and every effort is made to keep SGI out of the public eye.

The traditional image of Quebec is one of a proud yet backward agricultural society under the firm grip of the Roman Catholic Church, but since the early 1960s, Quebec society had become engulfed in the swift changes brought about by the Quiet Revolution. The Church lost its dominant place, education and other institutions were soon in secular hands, and Quebec society became increasingly industrial and urbanized. Today Quebec is a highly modern, wealthy, secular, cosmopolitan and sophisticated society.

Quebec experienced a metamorphosis into a modern urban and post-industrial society that was now in close contact with the rest of the world. The subsequent growth of the nationalist movement, election of a Parti Quebecois government in 1976, and language legislation mandating the use of French in schools, offices and other aspects of public life drove tens of thousands of anglophone Quebeckers and businesses to Ontario and elsewhere. They were replaced by large numbers of immigrants from all over the world, including Asia, Latin America, and the West Indies, who have made Montreal a very cosmopolitan city.

The arrival of many immigrants and the rapid secularization of Quebec society opened the way to a wide variety of religions and religious beliefs. Quebec has had an old Jewish community since the 1700s, but today Quebec is home to a variety of non-Christian/Jewish religions that are growing rapidly due in part to the increasingly multi-culturalization of Quebec society, especially in Montreal. It must be noted that while less than a quarter of Quebeckers go to church on a regular basis, four of five Quebeckers today still affirm their belief in God and two-thirds believe in the death and resurrection of Jesus. Four-fifths call themselves Christians while most of the rest profess no interest in religion at all. Less than two percent in Canada and only about one percent in Quebec identify actively with non-Christian religions.

SGI in Montreal grew from the inspired efforts of a Japanese businessman and other members in the 1960s and 1970s while much of the success in the Quebec City region results from the pioneering efforts of the late Francoise Labbe in the tiny village of Baie St. Paul. Labbe was an aspiring artist who left her poor village to study art in Paris on a scholarship in the 1960s. She joined SGI in Paris and returned to Baie St. Paul as a dedicated Buddhist. Despite rampant scorn from many other villagers, she converted a number of younger residents while building a museum dedicated to Quebec folk art. Today due mainly to her efforts, Baie St. Paul is a major art and tourist center and her large museum is flourishing. Her first convert, Daniel Dery, is a college teacher in Quebec City and SGI chapter coordinator there.

According to a survey conducted by this writer in the mid-1990s, females outnumber males. Older members tend to be female, but younger members are almost all equally divided in terms of sex. Although SGI membership in Quebec is quite diverse in terms of ethnic origin, the vast majority outside of Montreal are francophone Quebeckers while Montreal members included almost equal numbers of francophones, ethnic Asians and immigrants from other countries and anglophones.

Older members in Quebec generally became members in their 20s and 30s and have remained in the movement for many years. The median age for joining the movement was about 23-25 years and the median age of current members was about 35-36 years. Although SGI members in Quebec encompass people of very different educational backgrounds, members as a whole are very well educated. Most members have a college or university degree and a significant minority had graduate degrees as well.

Typical francophone members grew up in Catholic families and were practicing Catholics as children and young
adolescents, but they almost all quit the Church during their high school years and found no other religious “home” before adopting Nichiren Buddhism. They indicate that they found little satisfaction or benefit from Catholicism and had been searching for a new source of spiritualism in their lives. When asked why they joined, why they remained in the movement, and what benefits they got from membership, one typical response was:

I joined because I was in my 20s and unsure of my direction in life. I was looking for a religion that took me as I was and offered a source of wisdom to couple with all of my desires in life in Quebec. The members who introduced me and looked after me soon became good friends. I stay a member because I found benefit from practice. The biggest benefit from membership on a personal level is being able to grow, develop wisdom, good fortune and the confidence to overcome obstacles, without leaving society, without becoming someone else. My daily activities are gongyo and daimoku twice a week for 45-60 minutes. There are on average 3-4 meetings a week including planning and district meetings.

My students and I were surprised at the very cosmopolitan nature of the over 200 members who attended the worship program at the Montreal Culture Center that Sunday in early May. Perhaps half the people were white and there seemed to be roughly an equal number of anglophones and francophones—but it is hard to tell for sure since virtually every member seemed well-educated and equally at home in both French and English. But we also met a number of ethnic Chinese, a couple of Africans, and an impressive array of people from a variety of other cultures. There were people from all age groups, but more young than old. Most were either advanced students or professionals with an impressive number of artists, musicians and teachers and virtually everybody seemed to be middle class.

As was the case in Australia, roughly half of the Asian members interviewed stated that they had been members of SGI before moving to Montreal; the rest had converted when encountering SGI in Quebec. Many Asian members said that the initial appeal of SGI was the fact that they found companionship with other compatriots who are SGI members, a phenomenon we found to be true with other non-Asian immigrant faithful.

We received an equally warm welcome when we attended an SGI discussion meeting in Quebec City three days later. The meeting was held in two large rooms in an office complex that was once the main bus station for Quebec. The membership is tiny when compared with Montreal and is generally white and francophone, thus corresponding with the local population. But the demographics otherwise corresponded with the Montreal counterpart.

Members interviewed in Montreal and Quebec joined for many of the same reasons that their counterparts in SE Asia and Australia did. Many native Quebec members spoke angrily of their traditional Catholic upbringing criticizing the autocratic nature of nuns and priest and their failure to find any satisfaction in the directed teachings of a Church that provided them with very little independence of thought. They state that they were willing to try SGI because of its ability to demystify Buddhism and to demonstrate that it has universalistic doctrines that can apply equally well to people in Tokyo as in Montreal. They appreciate the fact that they are provided with a clear spiritual package that is easy to understand but deep enough to require continued study. They feel liberated and fulfilled, happier and more self-confident in life. One member, a middle-aged college teacher from Trinidad who came to Montreal to do graduate work and who joined SGI in Montreal in 1975 told this writer in 1995 that:

In 1975 when I started to practice true Buddhism, I was full of anxiety. I had recently become a single parent with a young child and was working on my master’s thesis...Almost all of my daimoku [chanting] during those first years was directed toward my parenting situation, overcoming the blinding insecurity and anger at being on my own, and raising a small child. Steadily, my relationship with my former husband began to improve. Given my tendency not to forgive or forget, I have had clear proof of the power of the Gohonzon to transfer suffering and delusion into self-control and an increasing awareness of the law of cause and effect. I have used my Buddhist practice to overcome a lack of confidence and...to find true happiness in life.

Proselytization is done almost entirely through word of mouth. Most members we met in Montreal and Quebec joined after accepting a personal invitation to attend SGI events from a friend, colleague or family member. A typical sequence was a Quebec woman who joined while single but who converted her husband after their marriage. Their children became members as did her sister, her husband and his brother. Friends and colleagues also often become members in much the same way a colleague suggested that I attend his church when I first moved to Virginia.

Evangelical Nichiren Buddhism in the guise of the Soka Gakkai has found a welcome niche in Quebec because it has adapted itself to Quebec culture without losing the core of its inherently Japanese Buddhist teachings. The worship service we attended in Montreal was no different in both style and substance than ones I have attended in Japan or in SE Asia. But the leadership is very local, local cultural customs are encouraged, and every attempt is made to reach out to both anglophone and francophone communities in their own languages. Members and guests at a general session in the Montreal culture center could use earphones to hear simultaneous translations in both French and English.

Richard Hughes Seager, who has studied SGI in the United States, stresses that that SGI’s emphasis on multiculturalism is essential to its broad appeal. “Given the increasingly complex nature of American society, the multicultural mix in Sōka Gakkai—in terms of ethnicity, race, gender, sexual orientation, and social class—is one of its outstanding achievements...The break with Nichiren Shoshu contributed to an egalitarian accent on issues of race and gender.” One finds a very close parallel with SGI chapters in Quebec. Members eagerly embraced an inherently Japanese religion without themselves having in many cases any particular interest or attachment to Japan. We found a tiny handful of ethnic Japanese members in Montreal, but none in Quebec City.

Another reason for SGI’s modest success in Quebec is its emphasis on the concept of community. The quick pace of life
in a rapidly changing society, constant movement of people from one location and job to another, and the many foreign-born immigrants lack roots and meaningful ties to the community. The Sōka Gakkai’s tradition of forming small chapters whose members often meet in each other’s homes or community center creates a tightly bonded group of neighbors who work and socialize together on a frequent basis. The newcomer to a neighborhood or town finds a ready-made group of friends who form the core of SGI. SGI provides its membership with companionship with like-minded people, a direction to channel their spirituality, and a new sense of confidence and direction in life. The fact that SGI is adaptively a lay movement makes it all the more welcome in an increasingly secular society.

Perhaps what is most striking about SGI Quebec is just how ordinary it is. Unlike my small Episcopalian church in Staunton, Virginia, SGI is an entirely lay organization. But like my church, local SGI chapters in Quebec choose their own leaders, finance their own operations, and conceptualize and run their own programs and publications. Their religious unit is not really any different from any other church parish in Quebec, a small active religious community whose members run their own programs and publications. Their religious unit leaders, finance their own operations, and conceptualize and conceptualize and run their own programs and publications. Their religious unit is not really any different from any other church parish in Quebec, a small active religious community whose members meet several times a month but who otherwise carry on very ordinary lives in the outside world.

SGI is a new participant in the realm of Quebec religious life, but has already built itself a small but solid base that will grow slowly in time.

**Conclusion**

Sōka Gakkai is able to overcome its Japanese-based cultural baggage because its members in Australia and Quebec believe that its core teachings are highly relevant to the world they live in today. They find that this religion helps them fulfill their spiritual needs and that they can “maximize their potential” through this practice. Many SGI members state emphatically that this practice helps them increase their “creative energy” and allows them to contribute to the realization of such ideals as world peace.

Their greatest achievement, however, is their discovery of what they feel is their Buddha nature inside themselves. They feel that this find is a common element they share with all citizens of the world and that is what makes SGI a truly global movement without any particular ties to any culture. Many SGI and Quebec members relate how their religion gives them the opportunity to partake in activities in a highly conducive community of like-minded people. Younger Asian members in both countries, mainly in their 20s and 30s, find comfort in the company of other compatriots and in the practice of a religion (Buddhism) that was important to their parents and grandparents, but which many of them were not active in prior to joining SGI or SGI Canada.

[Sōka Gakkai Buddhism has succeeded in shedding enough of its purely Japanese elements and has enhanced enough universalistic qualities to develop at least a small following in countries like Australia and Canada and tens of thousands of members in places like South Korea and the United States. Members appreciate the universalistic message of the Sōka Gakkai and have accepted those aspects which they consider to be essential to Sōka Gakkai Buddhism including basic teachings, language of prayer, and its organizational structure. SGI has made enough adaptations to local cultures, such as the creation of separate French and English-language meeting groups in Quebec, to reduce complaints that the movement is “too Japanese” or “too Asian” in its orientation. This flexibility will probably allow SGI to continue its growth on a global scale in years to come.

**BIBLIOGRAPHY**


http://www.pacificrim.usfca.edu/research/perspectives
1. Sōka Gakkai International administers the worldwide Sōka Gakkai movement from the organization’s headquarters in Tokyo.
4. The term “success” is, of course, a highly debatable topic. One can say that the Sōka Gakkai is “successful” because it has spread very rapidly abroad since the late 1960s, but the fact that it has only a few thousand members in such countries as Canada or Australia does not as yet make it a major force abroad.
5. Cornille, p. 28.
6. The Sōka Gakkai bases its teachings on the interpretation of the teachings of Nichiren (1222-1282), the founder of Japan’s only native school of Buddhism. Sōka Gakkai members, like other followers of Nichiren Buddhism, base their practice on chanting the dainikai, the phrase “Nam-myoho-renge-kyo.” This translates roughly as “I commit myself to the wonderful dharma” referring to the highest teachings of the Buddha found in the sacred Lotus Sutra. Nichiren (1222-92), a Japanese Buddhist monk who founded the only truly Japanese school of Buddhism and who is the spiritual patron of the Sōka Gakkai, said that chanting the daimoku will release the powers of Buddhism within each believer and that this chanting will bring positive benefits to the faithful. The chanting of the daimoku, Members daily perform the gongyo, chanting short segments of the Lotus before a copy of Nichiren’s Gohonzon (mandala) on which is drawn the title of the Lotus Sutra. The Gohonzon is said to embody the teaching of the true Buddha and contains the power to bring happiness to those who worship before it.
7. Sandra Ionescu notes, for example, in her study of SGI in Germany and the sex division of labor. See Sandra Ionescu, p. 98.
8. Ionescu, 104.
9. All Sōka Gakkai members worldwide chant the same passages from the Lotus Sutra every day and perform identical rituals at home or in community centers. One finds fairly uniform organizational structures in most every chapter as well as small group meetings in members’ homes. Members worldwide also share an apparent deep reverence for Sōka Gakkai leader Ikeda Daisaku.
10. The Sōka Gakkai movement is a subchapter of the national chapter, SGI Canada, but because of the very distinct cultural differences between Quebec and the rest of Canada, the Quebec chapter has a great deal of autonomy and certain characteristics including separate francophone and anglophone units that differentiate it from the national organization.
12. Ben Dorman, who received a doctorate from the Faculty of Asian Studies at The Australian National University in May 2003, has conducted extensive research on the New Religions of Japan. He has been a member of SGI since 1982. This writer, while not a member, has conducted extensive research on Sōka Gakkai since the late 1960s and was a Visiting Fellow at Sōka University in Tokyo in 1992.

http://www.pacificrim.usfca.edu/research/perspectives

13. Metraux and Dorman prepared a very detailed 59 question survey in April 2002 for SGI members. The first section contained 18 questions about the member’s personal experience with SGI and SGI—how and when one had first heard of the movement, who introduced the member to the movement, that person’s religious background, etc. Section II asked questions concerning the follower’s attitudes towards the practice of Nichiren’s Buddhism, focusing on such issues as benefits one may have incurred from this practice and whether that person had ever chanted for a particular set of goals. Sections III and IV posed queries about the member’s feelings about the SGI organization as a whole and its peace movement in particular. The fifth section requested a significant amount of demographic information from the member.

The research was carried out with the full cooperation of the SGI leadership. The surveys were voluntary and the respondents had the option of revealing their identity or not. There were three main methods of distribution initially (1) The survey was sent to the SGI headquarters in Sydney. SGI Headquarters then sent it by fax to the main areas in which SGI branches are located and also to members in outlying areas. The branches then distributed them through local channels. These branches collected the completed surveys and either sent them to SGI headquarters, or sent them directly to the researchers. Of the surveys that were sent to SGI headquarters, some were sent directly back to the researchers by SGI and others were picked up in Sydney by us; (2) the survey was sent by the researchers via email to members who requested it, and around 30 responses came back via email; and (3) Dorman sent three hard copies of the survey directly to members who had not otherwise received copies or did not have email access.

This initial campaign brought about 160 responses, mainly from middle-aged members in their thirties, forties and early fifties. Since it is clear that SGI has a large and rapidly growing youth membership, we attended a week-end SGI Nationwide Youth Conference in Sydney in late July, 2002 where we successfully encouraged nearly a hundred younger members, most of whom were in their twenties, from all over Australia to fill out the survey. By August we had about 265 completed surveys representing perhaps 12 percent of the membership. SGI leaders assured us that demographic patterns developed from our survey closely fit their perceived national patterns for age and ethnic distribution.

Metraux and Dorman also conducted about 20 in-depth interviews with individual or small groups of members in Canberra and the Sydney and Melbourne regions as well as shorter conversations with about thirty other members. We also interviewed a few members from across Australia at various SGI meetings and festivals. We deliberately chose a few older members because of their ability to give us some historical perspectives about the movement, but other interviews came from people who expressed an interest in our interviewing them in survey responses.

As expected, we received a highly favorable image of SGI from the active members interviewed; however, we also solicited and received a high number of very frank criticisms of the movement, especially on such topics as leadership and communication between leaders and ordinary members.

It is important to note, however, that while our survey did provide very detailed information concerning just over ten percent of SGI members, the sampling procedure itself was far from random and the results consequently are not necessarily fully representative of the whole membership. Rather, our findings probably reflect the thinking of the most committed members. A more random sample might have yielded more statistically valid results, but limits on time and resources placed certain constraints on our research.

14. Ikeda was president of the Sōka Gakkai from 1960 to 1979 when he left the day-to-day administration of the movement to other Sōka Gakkai leaders. Today he is the spiritual leader and mentor for members worldwide.
Buddhism is now the fastest growing religion in Australia. Many people of an Anglo-Celtic origin have shown interest in Buddhism. A survey in 1998 found that 11.5 percent of the Australian adult population had practiced a form of Eastern meditation in the last twelve months. However, comparatively few convert to Buddhism, adopting it as their religion and identifying themselves as Buddhist in the Census. In the 2001 Census, just under 28,000 of the total 358,000 Buddhists were Australians born of Australian parents. Source: Christian Research Association of Australia, “Buddhism: Change Over Time” (2003). http://www.cra.org.au/pages/00000227.cgi;

Note: According to the 2001 census, 25% of Australians declared themselves to be Roman Catholic while 20% said they were Anglican. 15% said they were agnostic or atheists, a decline from 16% in 1996. Source=Burke article.

30. Source: Interview with Dr. Judith Snodgrass, a noted scholar on Buddhism in Australia, 1 August, 2002 in Sydney.


32. Adams and Hughes, 11

33. Coughlan and McNamara, p. 308.

34. Bucknill, 468.

35. Snodgrass interview, op. cit.

36. Adams and Hughes, 40-50.

37. Another indication of the heavy Asian-origin of most SGIA members is that only a third of surveyed members had heard of the Soka Gakkai first in Australia and only about 45% first joined SGIA while living in Australia. The vast majority of the faithful joining outside Australia received their formal membership in Malaysia (40%) or Japan (37%).

38. SGIA in New Zealand, like Australia, started with a small white and ethnic Japanese membership, but today has a rapidly growing youthful ethnic Asian (mainly Chinese) membership. While SGIA has a rapidly growing ethnic Asian membership, its overall membership is far more diverse and less Asian than its counterparts in Australia and New Zealand.

39. A large proportion of members we contacted stated that a strong sense of camaraderie and community initially attracted them to the Soka Gakkai and its form of Buddhism. SGIA became an important base for friendship, community caring and mutual help for many members, a critical reason for their joining the movement as well as for SGIA’s long term growth.

40. Concerning gay members, an SGIA leader noted: “The Sôka Gakkai in Australia has high tolerance for gays—we are very open to gays because of high respect for human values. There is a strong homophobic tendency in South East Asian culture and homophobia was once very evident in SGI, but we are becoming more open and tolerant in eyes of more members. People of all stripes find release and peace through chanting and as Buddhists we honestly see all people as being equal.”

While this statement represents an ideal, several gay members told us that they feel at home in SGIA because of its increasingly tolerant and open atmosphere. A middle-aged ethnic Chinese Malaysian member noted in 2003:

“I left Malaysia nearly 20 years ago because there is a lack of tolerance for gays. Since I was already an SG member, I joined SGIA and have stayed with the movement because I am accepted for who and what I am. I also enjoy the fact that I can practice my religion with my compatriots.”

41. A vast majority of members also reported that they had also at least once chanted for a goal that had not been realized. Their explanations for these failures included the notions that the goals were unrealistic (like winning the lottery or saving a clearly doomed relationship), the timing was poor, or that they had not chanted with enough enthusiasm or sincerity.
42. Hammond and Machacek, 176-78.

43. For more extensive detail and bibliographic references to the SGI movement in Canada and Quebec, see Daniel A. Metraux, The Lotus and the Maple Leaf and The Sōka Gakkai Buddhist Movement in Quebec.

44. SGI leaders in Quebec and Canada are fully aware of the many recent controversies surrounding SGI in the United States including complaints by environmentalists in California who complained that SGI was using too much open forest land when it built a branch of Soka University near Los Angeles in the 1990s. Canadian SGI leaders want their organization to grow quietly without the long stream of controversies that have plagued the American wing of SGI.

45. Quebec government surveys show rapid growth in the number of Buddhists in the province. Most adherents are in the growing Vietnamese and ethnic Chinese communities in Montreal and elsewhere. Various surveys conducted in the 1990s in Quebec indicate that there were over forty thousand Buddhists, 50,000 Moslems and over 15,000 Hindus in the province. See Metraux, Quebec, chapters 1-2.

46. Based on reports on surveys in Macleans magazine, various issues, in 1995. See Metraux, Quebec, chapters 1-2.

47. One difference was the conflicting opinions of members on Quebec sovereignty. Montreal members strongly wanted Quebec to remain an integral part of Canada. However, most of the members in Quebec City supported the concept of an independent Quebec and an end to the “colonial” status of the franco-phones.

48. Seager, p. 95.

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