

Nicole Lynn Beamish, DNP, PHN, CNL, BC-ADM, FNP-BC
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Education

Doctor of Nursing Practice Family Nurse Practitioner	University of San Francisco	01/23/2018—12/11/2020
Master of Science in Nursing, Clinical Nurse Leader	University of San Francisco	01/25/2016—12/15/2017
Bachelor of Science in Business Administration	Colorado Technical University	10/2/2011—03/24/2015
Diploma	Westmont High School	09/1990—06/1994

Athletic Scholarship

San Jose State University Women's Basketball
Full Tuition, Room and Board, 06/1994-06/1996

Academic Honors

- Sigma Theta Tau International Honor Society of Nursing, University of San Francisco School of Nursing and Health Professions
- Graduated Cum Laude, Colorado Technical University

International Studies

01/02/17-01/19/2017, Chung Ang University in Seoul, South Korea, University of San Francisco School of Nursing and Health Professions and Arrupe Justice Immersion Program. Studied Korean culture and language. Evaluated the environment of Healthcare in Korea, including project development, assessment, data collection, analysis, and the care of vulnerable populations in a community health setting. Compared the Korean healthcare delivery system to the U.S. Healthcare in primary/ tertiary care models. **(432 hours)**.

Publication

Beamish, Nicole, "Continuous Glucose Monitoring and Diabetes Management During Pregnancy" (2020). Doctor of Nursing Practice (DNP) Projects. 242.
<https://repository.usfca.edu/dnp/242>

Employment

Staff Nurse II–Kaiser Permanente, Santa Clara, CA▪ October 2002– Present

Regional Perinatal Service Center

- Provide evidence-based, high quality, telehealth care to high-risk obstetric patients
- Act as Relief in Higher Classification when in resource nurse role and shift leader
- Assess antepartum patient risk factor for preterm birth
- Assess postpartum patient risk for preeclampsia
- Triage and admit postpartum preeclampsia readmissions
- Interpret laboratory, diagnostic, and radiology test results and reports
- Provide education to obstetrical patients of self-care after delivery
- Insulin titration for preconception and pregnant women with gestational, chronic, and prediabetes
- Communicate with interdisciplinary staff to coordinate care and discharge planning
- Other duties as necessary during shift

Registered Nurse II, CNL–San Francisco VA Health Care System, San Francisco, CA

December 2017– Present **Medical-Surgical/Telemetry/TCU**

- Provide evidence-based, high quality care to Medical, Surgical, Telemetry, Transitional Care, Neurology, and Orthopedic patients
- Provide 1:1 careful monitoring of post-CVICU, PACU, COVID-19, and PUI patients
- Interpret laboratory, diagnostic, and radiology test results and reports
- Provide education to patients, families, and caregivers
- Medication administration and reconciliation, discharge planning
- Develop individualized care plans
- Other duties as necessary during shift

Assistant Nurse Manager–Santa Clara County Valley Medical Center, San Jose, CA

April 2021– Present **Primary Care Administration - Extra Help**

- Manage COVID-19 relief registered nurses, licensed vocational nurses, and non-clinical staff deployed to mass vaccination sites and mini vaccination clinics throughout Santa Clara County
- Manage clinical set-up and function of 8 mini vaccination clinics throughout Santa Clara County
- Provide clinical review of patients seeking COVID-19 vaccinations
- Train recently deployed new hire staff
- Provide on-going training and support to healthcare management providers, managers, and assistant managers
- Conduct process reviews for quality improvement projects
- Other duties as assigned by leadership

Adjunct Clinical Faculty -- University of San Francisco School of Nursing and Health Professions, San Francisco, CA

August 2021– Present **Master's Entry Master of Science in Nursing Program**

- Teach non-nursing entry-level graduate student nurses Nursing Research Theory and Quality Improvement Project courses
- Medical-Surgical I and II Theory and Clinical Instructor for graduate student nurses

Doctorate Fieldwork

11/17/2020-5/3/2021, Athena Medical Group, OB/GYN Student Nurse Practitioner

Under the guidance of the Family Nurse Practitioner, MD, CNM, or DO, provide full scope of primary and OB/GYN care to patients, including physical exams, interpret laboratory and diagnostic tests, disease diagnosis, administer treatments, prescribe medication, complete telehealth visits, and fulfilled prescription requests in Athena Health EMR **(135 hours)**.

10/1/2020-12/11/2020, Kaiser Permanente Regional Perinatal Service Center

Doctor of Nursing Practice Project

Conducted a needs assessment, staff questionnaire, and literature review. Completed and published a manuscript on Continuous Glucose Monitoring and Diabetes Management During Pregnancy for a high-risk obstetrical unit contributing to a change in practice for registered nurses. Created online educational modules to train registered nurses on continuous glucose monitoring data collection, report interpretation, and insulin titration. Created a nurse practitioner led insulin titration protocol for registered nurses to use for report interpretation and clinical decision-making, which led to improved maternal and neonatal outcomes, improved care and lowered healthcare costs for the institution **(260 hours)**.

08/27/2020-12/11/2020, County of San Mateo Community Health

Nurse Practitioner Intern

Under the guidance of the Public Health Nurse Practitioner or Family Practice Nurse Practitioner, conducted community and field physical assessments of adult home bound patients at risk for homelessness, substance use disorder, and mental health disorders. Conducted PRIME-MD, CAGE, and PHQ-9 exams for at-risk clients, completed PMH, referred to appropriate resources and for clinic follow up. Collected laboratory specimens, interpreted laboratory and diagnostic tests, medication reconciliation and refills, conducted needs-based assessments and coordinated care appropriately. **(135 hours)**.

09/03/2019-12/10/2019, Sound Pediatric Student Nurse Practitioner – Reproductive and Child Health Promotion for the Advanced Practice Nurse Practicum

Under the guidance of the practice pediatric physician, provided care to patients from day one to 21 years old, such as patient assessments, annual physical exams, ordered and interpreted laboratory and diagnostic tests, prescribed medication and treatment, conducted hearing and visual acuity exams, and referred to the appropriate tertiary care. **(135 hours)**.

**05/10/2019 – 08/30/2019 Diagnosis and Management of Chronic and Complex Conditions
for the Advanced Practice Nurse Practicum Internal Medicine Student Nurse
Practitioner**

Sutter Health/ Palo Alto Medical Foundation

Under the guidance of the internal medicine or urgent care physician assistant, provided full scope of primary care services to adult and geriatric patients, including performing patient exams, interpreted laboratory and diagnostic tests, disease diagnosis, administering treatments, prescribed medication, returned phone calls to patients, and fulfilled prescription requests in EPIC. **(200 hours)**.

**01/23/2019-05/3/2019, Acute and Common Conditions
for the Advanced Practice Nurse Practicum**

Under the guidance of the family practice nurse practitioner preceptor, conducted physical assessment, ordered and interpreted laboratory and diagnostic tests, administered treatments, prescribed medications and refilled online medication orders and inquiries. **(135 hours)**.

**08/30/2018-12/15/2018 Advanced Physical Assessment and Health Promotion
for the Advanced Practice Nurse Practicum**

Under the guidance of the family practice nurse practitioner preceptor, conduct PMH interviews, basic physical assessment, laboratory and diagnostic test interpretation, medication reconciliation, and primary care conditions follow up. **(135 hours)**.

Graduate Fieldwork

**08/21/2017-12/6/2017 Clinical Nurse Leader Intern
Stanford Healthcare**

Designed, coordinated, and managed health care for post-surgical, acute, and chronic disease client/patient population. Communicated, collaborated, negotiated, delegated, coordinated, and evaluated interdisciplinary work skills. Designed, implemented, and evaluated an outcome-based practice model of a Clinical Nurse Leader Time Motion Data Analysis project, focused on nurse burnout, satisfaction, and resilience. Organized, lead, managed, and evaluated the development of strategies to promote healthy communities. Coordinated the health care of patients across micro-clinical system settings. Utilized cost-benefit analysis and variance data in providing and evaluating care. Delegated, supervised, and evaluated the nursing care given by others while retaining the accountability for the quality of care provided to patients **(400 hours)**.

**05/18/17-07/20/17 Community Health Clinical
El Camino Hospital**

Conducted admissions assessment, checked vital signs, designed, and implemented treatment plans for clients. Participated and conducted group therapy sessions. Effective communication with clients, families, and members of the healthcare team. Maintained records and prepared reports. **(144 hours)**.

**05/18/17-07/20/17 Mental Health Clinical
Mills Peninsula Hospital**

Evaluated and anticipated risks to client's safety. Recognized, assessed, and managed physiological and psychological symptoms, psychopathology, psychopharmacology of clients with complex health issues. Designed, coordinated, and evaluated care for clients and families.

Participated in admissions, assessments, medication administration, mental health treatment planning, and discharge planning. **(144 hours).**

01/24/17-05/09/17 Medical-Surgical II Clinical

Stanford Healthcare

Provided direct patient care to patients after illness, injury, surgery, or acute and chronic health conditions. Recorded, assessed, and observed patient progress, reactions, and symptoms. Checked vital signs, gave injections, performed catheterizations, and point of care testing. Managed pain determined medical or psychiatric emergency need and provided intervention under the guidance of a Clinical Nurse II/III preceptor. **(256 hours).**

08/23/16-12/7/16 Medical-Surgical I Clinical

Stanford Healthcare

Provided supervised patient care to patients after illness, injury, surgery, or acute and chronic health conditions. Recorded, assessed, and observed patient progress, reactions, and symptoms. Checked vital signs, gave injections, medication administration, performed catheterizations, and point of care testing. Managed pain determined medical or psychiatric emergency needs and provided intervention. **(256 hours).**

05/27/16-08/12/16 Pediatric Nursing Clinical

UCSF Benioff Children's Hospital Oakland

Provided preventive healthcare and anticipatory guidance, assessed, planned, and managed care for post-surgical pediatric population. Applied effective therapeutic interventions for pediatric acute and chronic health conditions. Provided safe pediatric medication calculation and administration. Communicated and collaborated with healthcare team members. **(80 hours).**

05/27/16-08/12/16 Childbearing Families Clinical

Kaiser San Francisco Labor and Delivery, Mother-Baby Unit, and NICU

Provided direct patient care to antepartum/intrapartum/postpartum women and newborn infants, administered medication, conducted fetal monitoring assessment and interpretation, provided pain management, urinary catheter insertion and removal, newborn assessment, patient teaching, discharge planning. **(288 hours).**

Professional Licenses and Certifications

- Nurse Practitioner, CA Board of Registered Nursing Expires: 10/2022
- Nurse Practitioner Furnishing, CA Board of Registered Nursing Expires: 10/2022
- Registered Nurse, CA Board of Registered Nursing Expires: 10/2022
- Public Health Nurse, CA Board of Registered Nursing Expires: 10/2022
- Clinical Nurse Leader, AACN/CNC Expires: 5/2023
- Board Certified in Advanced Diabetes Management, ADCES Expires: 12/2026
- ACLS, Nurse Education Workshop Expires: 7/2023
- BLS, Nurse Education Workshop Expires: 6/2023
- FNP Board Certification: 1/2022
- National Provider Identification: Pending
- Medicare Provider Transaction Access Number: Pending

Professional Affiliations

- ADCES (Association of Diabetes Care & Education Specialists) 8/2020 - Present
- CANP (California Association for Nurse Practitioners) 12/2020 - Present
- BABNA (Bay Area Black Nurses Association) 1/2016-Present
- ANA (American Nurses Association, California) 1/2016-Present
- KPAAPA (Kaiser Permanente African American Professional Association)
2/2015- Present
- ADA (American Diabetes Association) Professional Member 1/2007- Present
- JDRF (Junior Diabetes Research Foundation) Advocate 12/2006- Present