

Janice A. Mark, DNP, FNP-BC, RN

Curriculum Vitae

03/09/2020

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EDUCATION

DNP, Family Nurse Practitioner

August 2017

University of San Francisco, San Francisco, CA

DNP Project "Teaching a Primary Prevention Falls Program: Using the Stop Elderly Accidents, Deaths, and Injuries (STEADI) Toolkit"; Developed a Fall Prevention Case Simulation Scenario

Advisors: Dr. Jo Loomis, DNP, FNP-C (DNP); Dr. Nancy Selix, DNP, FNP-C (FNP)

MSN, Geriatric Clinical Nurse Specialist

May 1993

University of California, San Francisco, San Francisco, CA

Thesis "Ineffective Recognition of Delirium in Elderly Hospitalized Patients"

Advisor: Marilyn Williams, MSN, RN, GCNS

BSN, Nursing

May 1987

University of San Francisco, San Francisco, CA

LICENSURE & CERTIFICATIONS

Nursing Licensure

State of California: **FNP** #NP95008209

2017-Present

State of California: **FRN** #95008209

2017-Present

State of California: **RN** #415859

1987-Present

Certification

American Nurses Credentialing Center, **FNP**#2017027119

2017-Present

Basic Cardiac Life Support

2017-Present

California Public Health Nurse Certification #42579

1987-Present

PROFESSIONAL EXPERIENCE

AACN/CDC Public Health Fellowship

2018-Present

National Center for Injury Prevention and Control, Atlanta, GA

- Fall Prevention: Stop Elderly Accidents Deaths, and Injury (STEADI)

BSN Assistant Professor

2020-Present

University of San Francisco, School of Nursing, San Francisco, CA

- Instructed clinical learning focusing on: nursing process, psychomotor skills, physical assessment, critical thinking, and professionalism
- Instructed didactic learning focused on the pathophysiological manifestations of disease and treatments using various learning modalities in a remote environment.

BSN Adjunct Professor 1993-Present

University of San Francisco, School of Nursing, San Francisco, CA

- Instructed clinical, simulation, and didactic learning focusing on: nursing process, psychomotor skills, physical assessment, critical thinking, and professionalism
- Formulated and developed patient simulation case studies/scenarios using QSEN objectives: communication, patient safety, patient-centered care, and teamwork

BSN Lead Instructor 2011-2017

University of San Francisco, School of Nursing, San Francisco, CA

- Conducted meeting agenda for Sophomore II instructors, coordinated departmental course calendar and activities, maintained syllabi and developed course evaluation tool
- Served as mentor to faculty, assisted in problem solving student and course issues

BSN Adjunct Professor 1993

Dominican College, San Rafael, CA

- Clinical Instructor focusing on caring for acute care medical surgical patients and developing patient-centered nursing care plans
- Skills taught include: nursing process, physical assessment, medication administration, sterile technique, catheterizations, nasogastric tube placement, and dressing changes

Staff Nurse II/III 1987-2018

Alta Bates Summit Medical Center, Berkeley, CA

- Manage and provide complex and individualized nursing care to 5 patients on a busy medical-surgical unit in an ethnically diverse community; knowledge in the use of Epic electronic health record documentation and care planning
- Utilize leadership skills: orient and train new orientees and student nurses; develop and teach in-service education to unit staff; and function as relief charge and resource nurse.

TEACHING EXPERIENCE

University of San Francisco, School of Nursing and Health Professions

Clinical Lab II: Alterations in Health and Illness 2016-Present

Simulation Lab II: Alteration in Health and Illness 2011-2016

Assessment of Human Responses 2008-2009

Clinical Lab II: Nursing Process in the Restoration of Health-Fundamentals of Nursing 1998-2010

Clinical Lab IV-Medical Surgical Nursing 1993-1994

Dominican College of San Rafael

Clinical Lab: Medical Surgical Nursing 1996

PUBLICATIONS

Mark, J. & Loomis, J. (2017). The STEADI toolkit: Incorporating a fall prevention guideline into the primary care setting. *The Nurse Practitioner*, 42(12), 50-55.

PRESENTATIONS

Platform Presentation

Association of Public Health Nurses Annual 2020 Conference Denver, CO “How Nurses Can STEADI Their Patients”	April 2020
Gerontological Society of America 2019 Annual Scientific Meeting Austin, TX “Understanding Facilitators & Barriers to Participation in Evidence-based Fall Prevention Interventions”	November 2019
AACN/CDC Nurses Work Group Fall Nursing Seminar Series Atlanta, GA “AACN’s and Nursing’s Role in Impacting CDC’s Population Health Goals”	September 2019
CDC Indian Health Service Epidemiology Fellowship Presentation Atlanta, GA “CDC’s Efforts to Keep Older Adults Fall-Free, Mobile, and Independent”	June 2019
Arizona Falls Prevention Coalition Symposium Phoenix, AZ “The Health and Economic Burden Surrounding Older Adult Falls and CDC’s Efforts to Prevent Future Falls”	October 2018
California Association of Nurse Practitioner Annual Education Conference San Francisco, CA “Using STEADI Toolkit to Screen and Manage Falls in the Community Dwelling Older Adult”	March 2017

Poster Presentations

Association for Prevention Teaching and Research Annual Meeting San Antonio, TX “Active Minds and Bodies: A Health Living Course for Seniors”	March 2020
Gerontological Society of America 2019 Annual Scientific Meeting Austin, TX “How to STEADI Your Patients with the Coordinated Care Plan and Evaluation Guide”	November 2019

In-service Presentations

Alta Bates Medical Center, Berkeley, CA	
NIH Stroke Scale	2013
Intradermal/TB Injections	2012
Common Changes in the Elderly	1992
Skin and Wound Products	1990
Common Diagnostic Test Manual	1990

St. Regis Assisted Living Facility, San Francisco, CA
Common Changes in the Elderly

1992

FNP STUDENT CLINICAL EXPERIENCE

Pediatric Primary Care

- KC Kids, Central Valley, CA May 2017
Clinical Preceptor: Dr. Jo Loomis, DNP, FNP-C
- Conducted pediatric home visits of children with physical, social, or developmental delays to assess function and development
- Dublin Pediatric Health Fair, Dublin, CA April 2017
Clinical Preceptor: Various USF FNP faculty
- Conducted pediatric health assessments and sports physicals
- Golden Gate Urgent Care, San Francisco, CA Jan-Jul 2017
Clinical Preceptor: Dr. Susan Pauley O'Neil, DNP, PNP
- Assessed and treated pediatric patients with common urgent care problems: URI, musculoskeletal issues (sprains, fractures), ear infections
- San Francisco Pediatric Health Fair, San Francisco, CA Aug 2016
Clinical Preceptor: Various USF FNP faculty
- Conducted pediatric health assessments and sports physicals
- Kaiser Newborn Nursery, San Francisco, CA May 2016
Clinical Preceptor: Dr. Dena Cuyjet, DNP, PNP
- Conducted newborn assessments and provided newborn education to parents
- Pleasanton School District Health Fair, Pleasanton, CA April 2016
Clinical Preceptor: Various USF FNP faculty
- Conducted pediatric health assessments and sports physicals

Adult Primary Care

- Golden Gate Urgent Care Clinic, San Francisco, CA June 2016 - Aug 2017
Clinical Preceptor: Dr. Brandon Hastings, FNP-BC
- Assessed and treated common urgent care issues: URI, UTI, musculoskeletal complaints (fractures, sprain, pain), infections, common skin disorders; practiced suturing

Geriatric Primary Care

- ElderConsult (Home Visits), Burlingame, CA Aug-Dec 2016
Clinical Preceptor: Ann Kositsky, NP/Dr. Elizabeth Landsverk, MD
- Conducted home visits with geriatric patients with behavior problems and readjusted medications, managed common geriatric medical issues
- Laguna Honda Pain and Palliative Clinic, San Francisco Jan-May 2016
Clinical Preceptor: Ann Hughes, NP, CNS
- Interviewed and performed admission and weekly pain assessments; participated in multidisciplinary case conferences regarding patients

progress and plan of care for pain control; observed alternative pain therapies

University of Pacific Geriatric Health Fairs, Bay Area cities, CA Sept-Oct 2015

Clinical Preceptor: Dr. Alexa Curtis, DNP, FNP-BC

- Partnered with pharmacy students to interview and assess geriatric patients drug therapies and Medicare D coverage

Reproductive Health

Planned Parenthood, El Cerrito/Antioch, CA Jan-May 2017

Clinical Preceptor: Debbie Bamberger, NP/Jenee Sallee, NP

- Assessed and treated patients for common STI's; performed pelvic and breast exams; counseled patients on birth control options; inserted IUDs and implants

San Francisco City Clinic, San Francisco, CA Oct- Nov 2015

Clinical Preceptor: Stefan Rowniak, NP

- Observed NP in the assessment and treatment of common STI; practiced field microscopy; counseled patients on STI prevention and treatment plans

PROFESSIONAL MEMBERSHIPS

Association for Prevention Teaching and Research 2020

Member

The Gerontological Society of America 2019-Present

Member

Association of Public Health Nurses 2019-Present

Member

American Association of Nurse Practitioners 2017-Present

Member

California Association of Nurse Practitioners 2015-2019

Member

Sigma Theta Tau, Beta Gamma Chapter (USF)

Heritage Committee Chair 1996-1998

Program Committee Member 1993-1996

Corresponding Secretary 1988-1990

Member 1987-Present

California Nurses Association

Member 1987-2018

Association of Geriatric Clinical Nurse Specialist

Member 1993-1994

SCHOLARSHIPS

University of California, San Francisco Nurse Traineeship 1992
 Alta Bates Health Careers Foundation Scholarship 1991-1992
 Alta Bates Health Careers Foundation Scholarship 1984-1986
 Alta Bates Volunteer Association Scholarship 1983
 Chatelaine's Nursing Fund Scholarship 1983

GRANTS AND AWARDS

Third Place Award, Association for Prevention Teaching and Research Poster Mar 2020
 Awarded Staff Nurse III Title, Alta Bates Medical Center 1990
 California Student Grant A 1983-1986

SERVICE

Boy Scouts of America, Pleasant Hill, CA 2005-2010
 Troop 221 Assistant Scoutmaster/Recruiter

Sequoia Elementary, Pleasant Hill, CA 2000-2002
 Gift Wrap Fundraiser Chair

On Lok Senior Services, San Francisco 1987-1988
 Recreation assistant/Senior companion

Herrick Hospital Older Adult Services, Berkeley, CA 1986
 Assisted in researching the healthcare needs of the elderly in the Berkeley Community

USF for Outreach, Campus Ministry, San Francisco, CA 1983-1984
 Tutored Students in English/Math

REFERENCES

Furnished upon request.