

Curriculum Vita

PETER H. VAN OOT, Ph.D.

Licensed Psychologist, California #PSY 13357

JFK University - PsyD Program. 100 Ellinwood Way, Pleasant Hill, CA 94523

EDUCATION:

- 1988 **Ph.D. in Psychology.** The Pennsylvania State University.
Dissertation: The Relations Among Lateral EEG Asymmetries, Objective Sleep Latency, and the experience of sleep.
- 1976 **M.A. in Biopsychology.** The University of British Columbia.
Thesis: Intensification of the Alcohol Withdrawal Syndrome by Antecedent Electroconvulsive Shocks.
- 1973 **B.A. with Distinction in Psychology.** The University of Delaware.
Honors Thesis: Efficacy of Alpha Biofeedback Training: Veridical vs. Yoked, false-feedback controls.

PROFESSIONAL AFFILIATIONS:

American Psychological Association (APA)
 APA Division 40 (Neuropsychology), 38 (Health Medicine)
International Neuropsychological Society (INS)
National Academy of Neuropsychology (NAN)
American Academy of Neuropsychology (AACN)
Northern California Neuropsychological Forum (NCNF)

TEACHING EXPERIENCE:

- 6/20 - Present **Adjunct Professor:** University of San Francisco, San Francisco, CA
 Courses: The Biological Basis of Behavior
- 5/97 - Present **Professor:** John F. Kennedy University, Pleasant Hill/Campbell, CA. PsyD
 Courses: Biological and Physiological Basis of Behavior, Psychopharmacology, Neuropsychology. Assessment Clinic Supervisor. Dissertation Chair for 10 Doctoral Candidates.
- 5/96 - Present **Adjunct Professor:** John F. Kennedy University, Pleasant Hill/Campbell, CA.
 Master's Counseling Courses (COPS): Psychopharmacology, Psychological Assessment, Cognitive-Behavioral Theory, & Neuropsychology for Sports Psych.
- 5/09 – 8/09 **Adjunct Faculty Instructor:** Argosy University, Alameda, CA. Graduate course
 in psychological testing.
- 9/94 – Present **Adjunct Faculty Instructor:** California Institute of Integral Studies (CIIS),
 San Francisco, CA. Graduate Courses: Biopsychology, Neuropsychology, Psychopharmacology, and Biological Basis of Mental Health.

- 9/89 – 9/08 **Adjunct Faculty Instructor:** California School of Professional Psychology (CSPP), Berkeley/Alameda, CA. Graduate Courses: Physiological Psychology and Biological Basis of Behavior." Dissertation Chair for two Doctoral Candidates.
- 9/85 - 6/86 **Fixed-term, Level 1 Instructor:** Department of Psychology, Penn State University. Graduate Courses: Advanced Personality and Neuropsychological Assessment, The Psychology of Adjustment (Mental Health), co-instructor/invited lecturer in various graduate and undergraduate courses.
- 9/84 - 12/84 **Fixed-term, Level 2 Instructor:** Department of Psychology, Penn State University. Undergraduate Courses: Introductory Psychology and The Psychology of Adjustment (Mental Health).
- 8/80 - 9/84 **Regular-Appointment Instructor:** Departments of Psychology and Continuing Education, Penn State University and the Department of Correction. Undergraduate Courses: Introductory Psychology, The Psychology of Adjustment, Psychological Assessment, and Abnormal Psychology.
- 9/77 - 6/78 **Co-Instructor:** Department of Pharmacology, School of Medicine, SUNY Buffalo. Graduate Medical Course: Alcoholism: Diagnosis, Treatment, and Rehabilitation.
- 9/72 - 6/77 **Tutor / Co-instructor / Teaching Assistant:** Departments of Psychology at McMaster University, University of British Columbia, and University of Delaware.

CLINICAL EXPERIENCE:

- 7/14 – Present **Supervisor:** JFKU Assessment Clinic. Primary supervisor for 15 advanced assessment students in the JFU PsyD program. Assessments cover a wide range of psychological, neuropsychological, and disability issues
- 7/99 - Present **Clinical Psychologist:** Private practice/consultation/evaluations. Specialization in Neuropsychological evaluation and consultation, intelligence (esp. learning disability) and personality assessment.
- 3/93 - 7/99 **Clinical Psychologist:** Affiliated Psychologists and Counselors Inc. Santa Clara, CA. Neuropsychological evaluation and consultation, intelligence and personality assessment. Risk Assessment and pre-employment screenings Individual and couples' therapy and stress management, and biofeedback. Educational services and critical incident debriefings for area law, fire, and correctional agencies. HMO, PPO, and EAP provider. Dir. Diana Everstine, Ph.D.
- 3/93 - Present **Psychologist/Consultant:** Independent neuropsychological and psychological assessment and consultation to area psychologists, psychiatrists and attorneys. Private practitioner. Pleasant Hill and Oakland, CA.
- 5/90 - 2/93 **Psychological Assistant:** Affiliated Psychologists and Counselors Inc. Santa Clara, CA Duties as stated above under supervision. Supervisors: Diana Everstine, Ph.D. and Freda M. Carpenter, Ph.D.

- 3/89 - 12/90 **Staff Neuropsychologist:** VA Medical Center, Livermore, CA
Neuropsychological and personality assessment, behavioral medicine, and individual therapy in an extended-care VA medical center and geriatric community. Medical psychology liaison with a multi-disciplinary rehabilitation team. Director: Jeanne Savarese, Ph.D.
- 12/88 - 2/89 **Psychological Consultant:** Santa Rosa Neurological Group, Santa Rosa, CA.
Neuropsychological, personality, and intelligence assessment and outpatient therapy within a team private practice. Milton E. Harris, Ph.D., A.B.P.P.
- 8/88 - 12/88 **Psychological Assistant:** Neuropsychology Service, North Coast Rehabilitation Center, Santa Rosa, CA.
Initiated full-time, in-house neuropsychology service for a 70-bed rehabilitation hospital. Community presentations, in-services, and CPR recertification training. Supervisor: Milton E. Harris, Ph.D., A.B.P.P.
- 9/87 - 7/88 **Clinical Fellow in Neuropsychology and Behavioral Medicine:** Rehabilitation Department, Memorial Medical Center. Long Beach, CA.
Neuropsychological assessment, patient management and individual/family therapy in a multi-disciplinary, team-rehabilitation setting. Services were provided for patients from trauma service and ICU through community reentry. Emphasized family therapy/education and medical psychology liaison services for ICU and acute care. Provided neuropsychological and behavioral medicine consultations for team rehabilitation program.
Supervisors: John E. Knippa, Ph.D. and Dan E. Zehler, Psy.D.
- 9/86 - 8/87 **Predoctoral Intern in Clinical Psychology:** VA Medical Center of Long Beach, Department of Psychology, Long Beach, CA
APA-approved training emphasizing neuropsychology and behavioral medicine. Training included rotations in spinal cord injury therapy, day-treatment therapy for severe psychopathology, and individual/couples' therapy for the VA population. Director of Training: Richard Hanson, Ph.D. Supervisors: J. Webster, Ph.D., M. Kenigsberg, Ph.D., A.B.P.P., D. Stewart-Bussey, Ph.D., J. Husted, Ph.D., and D. Huang, Ph.D.
- 1982 - 1986 **Psychometrician and Clinician:** The Psychological Clinic, Penn State University. Initiated, coordinated, and maintained a neuropsychological testing service for the Penn State Psychological Clinic. Supervisors: R. Kennedy, Ph.D. and R. Echemendia, Ph.D.
- 1/80 - 5/80 **Neuropsychology Intern:** The Geisinger Medical Center, Danville, Pennsylvania
Pioneered a 4-month training program in neuropsychological assessment to complement existing training options for the Penn State Psychology Clinic. Supervisor: I.B. Gensemer, Ed.D.
- 1978 - 1986 **Clinical Practicum Trainee:** The Psychological Clinic, Penn State University.
Approx. 1250 supervised client-contact hours in individual and group therapy from a variety of clinical perspectives as part of the Penn State Clinical Psychology training program. Supervisors: T. Borkovec, Ph.D., and others.

1977 - 1978 **Assistant Alcohol Treatment Group Leader:** SUNY Buffalo, School of Medicine, Department of Pharmacology. Co-led group therapy for chronic, inpatient alcoholics at Buffalo General and Buffalo State Hospitals. Supervisor: P.K. Gessner, Ph.D.

RESEARCH EXPERIENCE:

- 1997 – Present **Dissertation Research Chair:** GSPP/COPS John F. Kennedy University. Develop and direct dissertation research for typically 10 graduate students per year. Topics range from transformative effects of near-death experiences, to visual-spatial executive function differences in Spanish- vs. English-speaking monolinguals. Most focus on Neuropsychology or Health Psychology.
- 1983 - 1986 **Lab Director:** Department of Psychology, Penn State University. Program: Insomnia, Worry, and Generalized Anxiety Disorder Studies. Director: T.D. Borkovec, Ph.D.
- 1980 - 1982 **Dissertation Research:** Department of Psychology, Penn State University. Program: Lateral EEG asymmetries and sleep-onset insomnia study. Supervisor: T.D. Borkovec, Ph.D.
- 1979 - 1981 **Co-Investigator:** Department of Psychology, Penn State University. Program: Development of the Electrogastrogram. Director: R.M. Stern, Ph.D.
- 1979 - 1981 **Co-investigator/Lab Director:** Department of Psychology, Penn State University. Program: Experiential and electrographic factors in subjective insomnia. Director: T.D. Borkovec, Ph.D.
- 1977 - 1978 **Research Associate:** Department of Pharmacology, School of Medicine, SUNY Buffalo. Program: Pharmacological management of the alcohol withdrawal syndrome in animals. Director: P.K. Gessner, Ph.D.
- 1976 - 1977 **Research Associate:** Department of Psychology, McMaster University. Program: Ontogeny of kindled epilepsy in animals. Director: R.J. Racine, Ph.D.
- 1973 - 1976 **Master's Research:** Department of Psychology, University of British Columbia. Program: Generality of the "Kindling" effect. Supervisor: J.P.J. Pinel, Ph.D.
- 1972 - 1973 **Bachelor's Honors Research:** Department of Psychology, University of Delaware. Program: Efficacy of biofeedback under stress. Supervisor: J. Siegel, Ph.D.

SCHEDULED PRESENTATIONS: (Yearly or Bi-yearly for JFKU's CE Program:)

Van Oot, P.H. (2010 – Present). Psychopathy course “Biological underpinnings of antisocial personality.” Invited presentation

Van Oot, P.H. (2002 - Present). *Basic Psychopharmacology for clinicians*. Four-day workshop offered through the JFKU Continuing Education Program. BOP-accredited for 28 CEU.

Van Oot, P.H. (2003 - Present). *Neuropsychology: An introduction for clinicians*. Three-day workshop offered through the JFKU Continuing Education Program. BOP-accredited for 21 units.

Van Oot, P.H. (2004 - Present). *Psychological Testing for MFTs*. Four-day workshop offered through the JFKU Continuing Education Department. BBS-accredited for 28 CEU.

PRESENTATIONS:

Stavosky, J.S., Van Oot, P.H., & Maller, D. (9/2017). The Opiate Epidemic. Invited presentation for JFK University, Pleasant Hill, CA

Van Oot, P.H., & Banks, J. (7/2017). The Real Science of Virtual Reality. Invited presentation for JFK University, Pleasant Hill, CA

Van Oot, P.H. (2015). Detection and management of malingering in clients. Invited presentation for the Native American Health Center, Oakland, CA.

Faris, A., Van Oot, P.H., & McLean, A (2015). The aging brain: Differences in WAIS-IV coding subtest performance in older gay and straight men and women. Paper presented at the 35th Annual Conference of the National Academy of Neuropsychology, Austin, TX.

Rattu, M., Wong, J., Bloxham, W., Buck, S., Forrester, J., Marqueling, S., Tripp, J., Van Oot, P.H., Peterzell, D., & McLean, A., (2015). Mitigation the impact of stress on decision making. Paper presented at the 18th annual American Association of Behavioral and Social Sciences Conference, Las Vegas, NV.

McLean, A., Bloxham, W., Buck, S., Forrester, J., Marqueling, S., Rattu, M., Tripp, J., Van Oot, P., & Wong, J. (2014). Mitigating the Impact of Stress on Decision-Making. California Staffing Professionals Conference, Concord, CA.

McLean, A., Buck, S., Tripp, J. Wong, J., Rattu, M., Marqueling, S., Bloxham, W., & Van Oot, P. (2014). Stress, Decision-making, and the Brain. Executive Advisory Forum Conference. Pleasant Hill, CA

Moore, K. & Van Oot, P.H. (2014). Linguistic and Cultural Factors on the Process-Interpretation of the Rey-O. Presentation for the 34th annual Meeting of the National Academy of Neuropsychology, Puerto Rico.

Sapiro, M. & Van Oot, P. (2014, February). The neurobiology of Trauma: Considerations for treating PTSD using Mindfulness interventions. Presentation for the JFKU Continuing Education Program. Pleasant Hill, CA.

Keim, K., Rhodius, A., & Van Oot, P.H. (2012, June). Concussions in Sports: Recovery, coping, and identity. Workshop presented at the annual convention of the British Psychological society (BPS), London, UK.

- Van Oot, P.H. (2006, January). Introduction to Cognitive-Behavioral Therapy. Presentation for the JFKU Continuing Education Program. Per the request of students in the School of Holistic Studies. Seven CEU hours.
- Van Oot, P.H. (2004, September). *The human brain and sexuality*. Invited presentation for the Pacific Center, Berkeley, CA
- Van Oot, P.H. (2003, December). *How to effectively evaluate and manage a clinical depression disability claim: the psychological perspective*. Invited presentation for the American Conference Institute, San Francisco, California.
- Van Oot, P.H. (2003, February). Neuropsychology for Clinicians. Invited presentation for The Pacific Center, Berkeley, CA.
- Jones, P., Ghiselli, N., & Van Oot, P.H. (2002, May). *Learning Ramps: make your presentations accessible for everyone*. Invited Presentation for JFKU, Pleasant Hill, CA.
- Van Oot, P.H. (2002, January). *Neuropsychology for the GLBT population*. Invited presentation for The Pacific Center. Berkeley, California.
- Van Oot, P.H. (2001, February). *The biopathology of AIDS; implications for caregivers*. Invited presentation for The Pacific Center. Berkeley, California.
- Van Oot, P.H. (2001, March). *CNS Mechanisms in Human Sexuality*. Invited presentation for Human Sexuality course PSD 7150. JFK University, Orinda, California.
- Everstine, D.S. & Van Oot, P.H. (1993, February). *Understanding and managing offenders with antisocial personality*. Invited presentation for the Santa Clara County Sheriff's Department. County Court Building/Main Jail, Santa Clara County, California.
- Everstine, D.S. & Van Oot, P.H. (1992, July). *Stress management*. Presentation for the Department of Correction personnel. County Court Building/Main Jail, Santa Clara County, California.
- Van Oot, P.H. (1992, March). *Utilization of EAP programs*. A series of presentations for the San Jose Fire Department administration and officers. San Jose, California.
- Van Oot, P.H. (1988, December). *Neuropsychology in a Rehabilitation setting*. Invited presentation for the Head Injury Resource Fair. Luther Burbank Center, Sonoma County, California.
- Van Oot, P.H. (1988, January). *The role of the family in comprehensive rehabilitation of a brain injured person*. Invited presentation for the Southern California Head Injury Foundation (SCHIF). Memorial Medical Center, Long Beach, California.
- Van Oot, P.H. (1986, March). *A continuum of care in the head injury recovery process*. Co-coordinator and moderator for a conference of this name sponsored by the Penn State University, Easter Seal Society of Centre County, and New Medico Head Injury Systems. University Park, Pennsylvania.

- Van Oot, P.H. (1985, November). *The place for neuropsychology in rehabilitation*. Invited presentation for the Easter Seal Society. Centre-Clinton Counties, Pennsylvania.
- Van Oot, P.H. (1984, September). *Sleep and sleep disorders*. Radio discussion. WRSC Radio, State College, Pennsylvania.
- Van Oot, P.H. & Borkovec, T.D. (1983, November). *Patterns of EEG asymmetries in relation to objective and subjective parameters: A reflection of a central mediating process*. Poster presented at the meeting of the Association for the Advancement of Behavioral Therapy. Washington, D.C.
- Van Oot, P.H., Stavosky, J.M., & Borkovec, T.D. (1982, June). *The relations among lateral EEG asymmetries, objective sleep latency, and the experience of sleep*. Poster presented at the meeting for the Society for the Psychophysiological Study of Sleep. San Antonio, Texas.
- Borkovec, T.D., Lane, T.W., & Van Oot, P.H. (1980, November). *Ten years of insomnia research*. Poster presented at the meeting of the Association for the Advancement of Behavior Therapy. New York, New York.
- Van Oot, P.H. (1980, June). *Sleep disorders and their treatment*. Television interview, WPSX Public Television. University Park, Pennsylvania.
- Van Oot, P.H. (1980, June). *Pharmacological considerations in sleep disorders*. Paper presented at the meeting of the Pennsylvania Psychological Association. Lancaster, Pennsylvania.
- Gessner, P.K. & Van Oot, P.H. (1978, July). *A parametric evaluation of a rapid method for the induction of a marked alcohol withdrawal syndrome in rats*. Paper presented at the 7th meeting of the International Congress of Pharmacology. Paris, France.
- Van Oot, P.H. & Pinel, J.P.J. (1976, November). *Effects of repeated electroconvulsive shocks on the alcohol withdrawal syndrome*. Poster presented at the 6th meeting of the Society for Neuro-science. Toronto, Ontario, Canada.
- Pinel, J.P.J., Mucha, R.F., & Van Oot, P.H. (1974, November). *Implications of the kindling phenomenon for the study and treatment of alcohol withdrawal seizures*. Paper presented at the Symposium on Biological correlates of Alcohol Consumption. Edmonton, Alberta, Canada.

PUBLICATIONS:

- Olson, K., Jacobson, K.K., & Van Oot, P. (2013). Ecological validity of pediatric neuropsychology measures: current state and future directions. *Applied Neuropsychology: Child*, 2(1), p. 17-23.
- Van Oot, P.H. & Borkovec, T.D. (1988). Biological barriers to the behavioral treatment of insomnia. In W. Linden, (ed.), *Biological Barriers to Behavior Therapy*. New York, Plenum Press.

- Van Oot, P.H., Lane, T.W., & Borkovec, T.D. (1982). Sleep Disturbances. In P. Sutker & H. Adams (eds.), *The Comprehensive Handbook of Psychopathology*. (pp.683-724). New York, Plenum Press.
- Borkovec, T.D., Lane, T.W., & Van Oot, P.H. (1981). Phenomenology of sleep among insomniacs and good sleepers: Wakefulness experience when cortically asleep. *Journal of Abnormal Psychology, 90*, 607-609.
- Gensemer, I.B., & Van Oot, P.H. (1978). Applications of biofeedback in a hospital setting. *Geisinger Newsletter*, Spring.
- Pinel, J.P.J., & Van Oot, P.H. (1978). Increased susceptibility to the convulsive effects of alcohol withdrawal following periodic electroconvulsive shocks. *Biological Psychiatry, 13*, 353-368.
- Pinel, J.P.J. & Van Oot, P.H. (1977). Intensification of the alcohol withdrawal syndrome by prior, repeated electroconvulsive shocks. *Biological Psychiatry, 12*, 479-485.
- Pinel, J.P.J. & Van Oot, P.H. (1976). Generality of the Kindling phenomenon: Some clinical implications. In J.A. Wada (ed.), *Kindling* (pp. 155-172). New York: Raven Press.
- Pinel, J.P.J. & Van Oot, P.H. (1975). Generality of the kindling phenomenon: Some clinical implications. *Canadian Journal of Neurological Sciences, Nov*, 467-475.
- Pinel, J.P.J., Van Oot, P.H., & Mucha, R.F. (1975). Intensification of the alcohol withdrawal syndrome by prior, repeated brain stimulations. *Nature, 254*, 510-511.
- Mucha, R.F., Pinel, J.P.J., & Van Oot, P.H. (1975). Simple method for producing an alcohol withdrawal syndrome in rats. *Physiology, Biochemistry, & Behavior, 3*, 765-769.