# Michelle Montagno, Psy.D.

2130 Fulton Street San Francisco, CA 94117 Licensed Psychologist, PSY24919

# **PROFESSIONAL LICENSURE**

Licensed Psychologist, State of California, PSY24919

# **PROFESSIONAL EXPERIENCE**

# Associate Professor, PsyD Program, October 2016—Present Assistant Professor, PsyD Program, June 2013—September 2016

University of San Francisco, School of Nursing and Health Professions, San Francisco, CA

- Develop and teach courses in PsyD, MSBH, and MPH programs in the School of Nursing and Health Professions, including Addressing Mental Health from a Public Health Perspective, Foundations of Behavioral Health Practice, Practicum II, Behavioral Health Fieldwork I, Practicum IB, Evidencebased Practice I: Psychodynamic, Humanistic, Interpersonal Psychotherapy, Relationship and Family Therapy, Practicum 3a, Practicum 3b, Clinical Dissertation Proposal Seminar, Clinical Dissertation Seminar
- Advise students in academic work and clinical training

# Chair, Department of Integrated Healthcare, August 2016—August 2018

University of San Francisco, School of Nursing and Health Professions, San Francisco, CA

# Program Director, PsyD program, Department of Integrated Healthcare April 2014—July 2018

University of San Francisco, School of Nursing and Health Professions, San Francisco, CA

- Develop curriculum, schedule classes, recruit instructors, advise students
- Oversee admissions & recruitment, curriculum & clinical training, and program evaluation committees
- Develop Master Science in Clinical Psychology
- Oversee successful APA accreditation process (write self-study, preparation for site visit, ongoing communication with Commission on Accreditation)

# Director of Clinical Training, Department of Behavioral Health, January 2013—June 2015

University of San Francisco, School of Nursing and Health Professions, San Francisco, CA

- Identify and recruit Academic Practice Partnerships for the School of Nursing and Health Professions
- Identify, recruit, and develop practicum placements for PsyD in Clinical Psychology program
- Serve as primary liaison with Community Partners and Academic Practice Partnerships
- Negotiate USF contracts for competencies in relation to agency needs

# Independent Clinical Practice, May 2012—June 2017

• Psychotherapy practice serving adult individuals and couples

# Program Director, Master of Science in Behavioral Health, August 2013—July 2014 Chair, Department of Behavioral Health, October 2013—July 2014

University of San Francisco, School of Nursing and Health Professions, San Francisco, CA

• Develop curriculum, schedule classes, recruit instructors, handle student issues, advise students

- Oversee admissions committees
- Oversee recruitment and marketing of program

# Consultant, Counseling and Psychological Services, February 2012—January 2013

University of San Francisco, San Francisco, CA

- Develop and write successful APA accreditation with the University of San Francisco's Counseling and Psychological Services Internship Program, which received the maximum 7 years accreditation
- Co-wrote and awarded the APA Board of Educational Affairs seed funding grant (\$25,000).
- Co-wrote successful APPIC accreditation application with USF CAPS

#### **Program Coordinator, Department of Behavioral Health, February 2012—January 2013** University of San Francisco, San Francisco, CA

- Coordinate activities of PsyD Task Force and Committees
- Participate in development of PsyD and Master's Program curriculum
- Participate in research and development of WASC application for PsyD program
- Research scholarship and other funding opportunities
- Participate in WASC accreditation for USF PsyD program

# Adjunct Instructor, Master in Public Health, August, 2012—December, 2012

University of San Francisco

• Course Taught: Addressing Mental Health Issues from a Public Health Perspective

# *Adjunct Lecturer, School of Counseling and Education, August, 2012—September, 2012 Santa Clara University*

• Course Taught: The Psychology of Relationships

# Postdoctoral Fellowship, August 2010—June 2011

University of San Francisco, San Francisco, CA

- Administered Practicum Training Program
  - Recruited, interview, and select trainees in collaboration with Training Director
  - Developed and deliver training curriculum
  - Collaborated with Training Director, staff, and school liaisons about training program
  - Provided individual and group supervision
  - Wrote and review formal evaluations of progress and development with trainees
- Provide Direct Clinical Services and Consultation
  - Provided brief individual, couple, and group therapy to undergraduate and graduate students with a range of psychological and developmental issues
  - Conducted mandated assessments for students with drug/alcohol violations
  - Conducted up to five intakes per week. Assess suitability for CAPS services and make referrals to staff psychiatrists and community practitioners when appropriate
  - Facilitated weekly mindfulness-focused psychotherapy group
  - Offered consultation to university staff, faculty, students, and parents

- Collaborated and consulted with physicians and healthcare providers
- Provided crisis intervention and emergency after-hours phone consultation to students
- Assisted in development and implementation of Triage Intake System
- Developed and implemented trainings and outreach programming
  - Conducted In-service didactic and Multicultural seminars for CAPS staff and Pre-doctoral Interns on variety of topics including Motivational Interviewing, White Racial Identity Development, and Procrastination.
  - Co-facilitated semester-long *Dialogue for Change* program through USF Intercultural Center
  - Created and implemented educational workshops and class lectures on topics such as Cultural Diversity in Business, The Neuroscience of Eating Disorders, Careers in Psychology, and Stress Management

# Psychology Intern, August 2009—August 2010

APA-Accredited Internship, University of California, Santa Cruz

- Provided variety of clinical services to multiculturally diverse undergraduate and graduate students with a range of psychological and developmental issues
- Conducted initial intake and assessment to determine diagnosis and appropriateness for brief or longterm treatment
- Provided individual brief psychotherapy and case management for caseload of 10-12 clients using variety of psychodynamic and behavioral interventions, including cognitive behavioral, mindfulness, multicultural, and solution-focused
- Provided crisis screening, triage, intervention, and referral
- Co-facilitated weekly eating disorder, process, and mindfulness psychotherapy groups
- Developed and implemented outreach programming, including workshops and presentations for Sleep Hygiene, Time-Management, Eating Disorders, Coming Out, and Residence Life staff
- Offered psychological consultation to university staff, professors, and parents
- Participated in extensive behavioral health and stress reduction training

#### *Psychological Assistant, PSB*# 33570, *November 2008 – May 2009* Oakland, CA

- Provided individual and couples psychotherapy to adult population in private practice setting
- Utilized Time-Limited Dynamic Psychotherapy and Emotion-Focused Therapy for Couples

# Practicum Trainee, August 2007 – May 2008

Saint Mary's College, Moraga, CA

- Provided evaluation, short and long-term psychotherapy to multiculturally diverse student body at a private, Catholic, liberal arts college
- Provided consultation to campus staff and psycho-educational outreach to campus community
- Collaborated with departments including Health and Wellness Center, Women's Resource Center, Academic Advising, Academic Support Center, and Residence Life
- Conducted program development and outreach, including creating workshops and participating in outreach efforts such as classroom presentations, residence advisor trainings, and mood and drug/ alcohol screenings
- Acted as liaison between center and the Women's Resource Center and student LGBT group
- Developed and facilitated trainings for counseling center staff and interns
- Developed and presented Stress Management lecture for University Students

# Practicum Trainee, September 2006 – July 2007

New Leaf Services for Our Community, San Francisco, CA

- Provided individual, couples, and group psychotherapy services to lesbian, gay, bisexual, and transgender individuals in an outpatient mental health center
- Conducted relationally-psychodynamic and cognitive-behaviorally oriented long and short-term individual therapy.
- Provided couples therapy integrating emotion-focused and cognitive-behavioral techniques
- Co-led weekly support group for lesbian and bisexual women
- Participated in coordination of all-day, all-staff training on the topic of understanding and addressing racism within the agency

# Practicum Trainee, September 2005 – June 2006

# Cordilleras Rehabilitation Center, Redwood City, CA

- Provided behavioral and insight-oriented milieu, individual, and group psychotherapy to adult inpatients in a mental health rehabilitation center
- Conducted short-term individual therapy, using supportive, interpretative, and treatment compliance techniques with a population presenting with a wide range of acute multi-axial diagnoses
- Co-facilitated milieu, support, life-skills, and psychoeducational groups, such as Symptom Management, Creative Writing, Relaxation, and Drama Therapy
- Created and co-led weekly process group
- Consultation with multidisciplinary team of psychiatrists, nurses, physicians and social workers

# Instructor, Heald College, January 2005 – July 2005

Courses taught: Business Internship, Legal Assisting

Senior Admissions Advisor, Heald College, San Francisco, CA, 2003 – 2004

- Provided outreach to prospective students
- Conducted career planning sessions with potential students and their families
- Provided career advising to existing students
- Assisted in coordinating recruitment activities
- Coordinated internship program, including recruiting internship sites and matching student interns

# Regional Director, Franklin University Community College Alliance Program, Columbus, OH, 2001–2003

- Coordinated development and implementation of distance education program on fourteen college campuses in five states
- Advised and recruited students toward completion of their bachelor's degrees
- Conducted orientation trainings for faculty and staff members
- Organized and presented information sessions for students, staff, and faculty
- Created outreach plans for each college and community
- Revised training process for Regional Director team
- Served as liaison between Franklin University and partner colleges
- Created strategic marketing plans for each college and surrounding community

Assistant Director, Ohio Women's Policy and Research Commission, Columbus, OH, 2000 – 2001

- Lobbied Ohio legislators on women's issues and refunding the Commission
- Presented original testimony to the Ohio House and Senate on behalf of Commission
- Recruited, interviewed, trained, and managed agency interns
- Coordinated and facilitated Commission meetings
- Provided television, radio, and newspaper interviews
- Delivered speeches and produced information kits for Take Our Daughters to Work Day

- Researched and wrote press releases, legislative updates, and newsletters
- Spearheaded coordination of Ohio Women's Leadership Institute and Making a Difference Competition

Political Director, NARAL, Columbus, OH, 1999 – 2000

- Designed and implemented *Campus Coalition Project*
- Delivered workshops to high school and college classes and student coalition events
- Established and maintained relationships with members of statewide press
- Authored legislative updates and newsletters
- Coordinated press conferences and provided print, radio, and television interviews
- Participated in writing and editing of grant proposals
- Implemented grassroots organizing plan
- Managed all aspects of agency's electoral plan

# GRANTS

University of San Francisco, Center for Research, Artistic, and Scholarly Excellence Interdisciplinary Action Group Grant. \$3000. 2016.

Jesuit Foundation Grant. \$2500. 2015.

American Psychological Association, Commission on Accreditation Internship Seed Grant. \$25,000. 2011.

#### PUBLICATIONS

Montagno, M., & Garrett-Walker, J. J. (2021). Two, four, six, eight...why we want to participate: Motivations and barriers for LGBTQ+ activism. *Journal of Community and Social Psychology* Advance online publication doi: 10.1002/casp.2528.

Garrett-Walker, J. J., & Montagno, M. (2021). Queering labels: Expanding identity categories in LGBTQ + research and clinical practice, *Journal of LGBT Youth*. Advance online publication. doi: 10.1080/19361653.2021.1896411

Montagno, M., & Garrett-Walker, J. J. (2021). LGBTQ+ Activism: An examination of internalized heterosexism and LGBTQ+ community connectedness. *Journal of Homosexuality*. Advance online publication. doi: 10.1080/00918369.2021.1898802

Felipe, L. C., Garrett-Walker, J. J., & Montagno, M. (2020). Monoracial and multiracial LGBTQ+ people: Comparing internalized heterosexism, perceptions of racism, and connection to LGBTQ+ communities. *Psychology of Sexual Orientation and Gender Diversity*. Advance online publication. doi: 10.1037/ sgd0000440

Montagno, M., Svatovic, M., & Levenson, H. (2011). Short-term and long-term effects of training in emotionally focused couple therapy: Professional and personal aspects. *Journal of Marital and Family Therapy*, 37(4), 380-392.

Montagno, M. (2009). The long-term effects of emotionally focused couple therapy training on knowledge, competency, self-compassion, and attachment security. *Dissertation Abstract International*, 70 (8).

# MANUSCRIPTS PENDING

Montagno, M., & Cotterman, K.M. (in preparation). Reflecting on whiteness: A model for working with white fragility in faculty and staff.

Montagno, M., & Martinez, D. A. (in preparation). Interprofessional education in clinical psychology.

Montagno, M. & Garrett-Walker, J. (in preparation). White supremacy in the LGBTQ+ community.

# **ACCREDITATION REPORTS AUTHORED**

Montagno, M. (2017). Self-study report for accreditation of the University of San Francisco's PsyD program by the American Psychological Association.

Glenn, N. & Montagno, M. (2013). Self-study report for accreditation of the University of San Francisco's Counseling and Psychological Services by the American Psychological Association.

#### **RESEARCH & SCHOLARSHIP EXPERIENCE**

 2014- Reflecting on whiteness: A model for working with white fragility in faculty and staff. Role: Co-PI
Description: Co-developed and implemented an 18-hour training for white-identified participants to increase understanding of white privilege and how white supremacy manifests at USF and beyond. Participants developed tools and practices to investigate white cultural conditioning and work with white fragility. Evaluated the implementation of the training model.
1997-1998 National Institute of Health, Women's Health Initiative

Role: Research Assistant
PI: Rebecca Jackson, M.D.
Description: Assessed potential study participants for eligibility in national, longitudinal study that tested strategies for preventing heart disease, breast and colorectal cancers, and osteoporotic fractures in post-menopausal women. Sample size of over 161,000 culturally diverse women, ages 50-79. Administered health assessment instruments via phone screenings to determine

eligibility for study. Provided information and outreach services to participants.

#### NATIONAL CONFERENCES & WEBINAR PRESENTATIONS

Montagno, M., & Page, K.V. (August, 2021). *Entering public diversity, equity, and inclusion training: A Black and White perspective (literally)*. Accepted discussion for American Psychological Association Convention, Online.

Page, K.V., & Montagno, M. (August, 2019). *Working across Black and White: Navigating interracial professional relationships*. American Psychological Association Convention, Chicago, IL.

Montagno, M. & Clausen, J. (January, 2019). *Disrupting white supremacy: Reflecting on whiteness and building capacity to address racism in classrooms, on campuses, and in communities.* National Council of Schools of Professional Psychology Mid-Winter Conference, New Orleans, LA.

Montagno, M., Garrett-Walker, J.J., Felipe, L., & Ho, J. (August, 2018). *One Movement, Many Voices: In-Depth Investigations in Global LGBTQ+ Activism*. Symposium presented at the American Psychological Association Convention, San Francisco, CA.

Cotterman, K. & Montagno, M. (February, 2018). *Reflecting on Whiteness Deep Dive: Building Our Capacity to Address Race & Racism on Campus and in Communities Indiana Campus Compact.* Indiana Campus Compact Conference, Indianapolis, IN.

Garrett-Walker, J.J., Felipe, L.S., & Montagno, M. (August, 2017). *Racism and Community Connectedness within the LGBTQ+ Community*. Poster presented at the American Psychological Association Convention, Washington, D.C.

Bosl, W. & Montagno, M. (August, 2017). *Psychology's role in creating an integrated biopsychosocial health information system to support integrated healthcare*. American Psychological Association Convention, Washington, D.C.

Cotterman, K. & Montagno, M. (April, 2017). *Reflecting on Whiteness: Building Our Capacity to Address Race & Racism on Campus and in Communities*. Campus Compact Conference: Elevating Higher Education for the Public Good, Denver, CO.

Montagno, M., Valencia-Garcia, D., Martinez, D., Ho, J. (January, 2017). *Identifying Best Practices in Culturally Accountable Graduate Training: A Framework for Doctoral Psychology Programs*. National Council of Schools of Professional Psychology Mid-Winter Conference, Long Beach, CA.

Cotterman, K. (November, 2017). *Reflecting on Whiteness: Lessons from a Pilot Program to Expand our Capacity to Work with Race.* CSU East Bay Campus Compact Webinar.

Montagno, M. & Cotterman, K. (September, 2016). *Examining Structures of Exclusion: Building the Capacity of White Faculty and Staff.* Invited Pre-conference Workshop at International Association for Research on Service-Learning & Community Engagement, New Orleans, LA.

Montagno, M. (January, 2016). *Engaging White Students in Social Justice and Multicultural Education*. Panel Discussant at California Council of Cultural Centers in Higher Education Webinar Series.

Dell'Angela, K. & Montagno, M. (January, 2015). *Getting There From Here: Transitioning from Professional Psychology to Health Service Psychology*. Presentation at the National Council of Schools of Professional Psychology Mid-Winter Conference, San Diego, CA.

Levenson, H., Svatovic, M, & Montagno, M. (October, 2009). *The Effects of Training in EFT Couple Therapy*. Presentation at the American Association of Marriage and Family Therapists, Sacramento, CA.

#### **PROFESSIONAL AFFILIATIONS**

American Psychological Association, Member

Division 2, Society for the Teaching of Psychology Division 35, Society for the Psychology of Women Division 38, Health Psychology Division 44, Society for the Psychological Study of Lesbian, Gay, and Bisexual Issues

California Psychological Association, Member

#### SCHOOL OF NURSING AND HEALTH PROFESSIONS SERVICE

April 2021-Present, Chair PsyD Program DCT Search Committee March 2021-May 2021, CAPS Staff Search Committee August 2020-Present, Co-Chair SONHP Program Evaluation Committee January 2020-Present, Chair, PsyD Program Tenure Track Faculty Search Committee June 2020-Present, Founder and Advisor, PsyD Program White Student Advocacy Group January 2020-May 2020, Advisor, PsyD Peer Mentor Program October 2019 Presenter, Health Professions Department Faculty Research Circle August 2019-Present, SONHP Program Evaluation Committee June 2019-November 2019: Chair, PsyD Program Director Search Committee August 2013-Present: Member, PsyD Program Evaluation Committee August 2012-Present: Member, PsyD Admissions Committee August 2012-Present: Member, PsyD Curriculum Committee June 2018-August 2018: Chair, Associate Dean of Health Professions Search Committee August 2016- August 2018: Chair, Department of Integrated Healthcare November 2015-May 2016: SONHP Dean Search Committee March 2014-December 2017: SONHP Leadership Council August 2014-December 2017: Co-Chair, PsyD Program Curriculum & Clinical Training Committee November 2013-April 2014: Member, PsyD Program Directors Committee 2012-2013: Member, DBH Executive Committee 2012-2013: Department Chair Search Committee 2012-2013: Member, DBH Curriculum Development and Revision Committee 2012-2013: Member, DBH Fieldwork Placement Committee

# **UNIVERSITY SERVICE**

Montagno, M. (November, 2019). Invited Speaker, *Reflecting on Whiteness: Working with White Fragility*. CAPS Intercultural Training Seminar, University of San Francisco, San Francisco, CA.

Montagno, M. (October, 2019). Invited Speaker, *Reflecting on Whiteness: Working with White Fragility*. SONHP Health Professions Faculty Research Circle, University of San Francisco, San Francisco, CA.

Montagno, M. (August, 2019). Invited Speaker, *White Fragility and White Racial Identity Development*. African American Psychology Course, Psychology Department, University of San Francisco, San Francisco, CA.

Montagno, M. (August, 2019). Invited Speaker, *Understanding Whiteness*. African American Psychology Course, Psychology Department, University of San Francisco, San Francisco, CA.

Montagno, M. (December, 2016). Invited Speaker, *Doctor of Psychology (PsyD): An Overview*. Board of Trustees Presentation, University of San Francisco, San Francisco, CA.

Montagno, M. (October, 2016). Invited Speaker, *Racial Identity Development in Clinical Contexts*. Culture and Mental Health Course, PsyD program, University of San Francisco, San Francisco, CA.

Montagno, M. (September, 2016). Invited Speaker, *White Racial Identity Development*. CAPS Intercultural Training Seminar, University of San Francisco, San Francisco, CA.

Montagno, M. & Cotterman K. (September, 2015). Invited Speaker/Facilitator, *Reflecting on Whiteness*, Faculty and Staff Dialogue Series on Racism and White Privilege, Office of Diversity Engagement and Community Outreach, University of San Francisco, San Francisco, CA.

Montagno, M. (September, 2015). Invited Speaker, *White Racial Identity Development*. CAPS Intercultural Training Seminar, University of San Francisco, San Francisco, CA.

Montagno, M. (November, 2014). Invited Speaker, *Graduate Student Panel*, Psi Chi Student Honor Society event, University of San Francisco, San Francisco, CA.

Montagno, M. (November, 2014). Invited Speaker, *White Racial Identity Development*. CAPS Intercultural Training Seminar, University of San Francisco, San Francisco, CA.

Montagno, M. & Felipe, L. (October, 2014). Invited Speaker, *Cultural Competence in Public Mental Health*. Addressing mental health from a public health perspective course; Master Public Health program, University of San Francisco, San Francisco, CA.

Montagno, M. & Felipe, L. (October, 2014). Invited Speaker, *Racial Identity Development*. Counseling Across Cultures Course; Counseling Education Department, University of San Francisco, San Francisco, CA.

Montagno, M. & Felipe, L. (October, 2014). Invited Speaker, *Racial Identity Development*. Culture and Mental Health Course; PsyD Program, University of San Francisco

Montagno, M. (July, 2013). Invited Speaker, *Racial Identity Development*. Multicultural Counseling Course; Counseling Education Department, University of San Francisco, San Francisco, CA.

Montagno, M. (March, 2012). Invited Speaker, *Racial Identity Development in White Clinicians*. CAPS Intercultural Training Seminar, University of San Francisco, San Francisco, CA.

Montagno, M. (January, 2012). Invited Speaker, *Procrastination*. CAPS In-service Seminar Training, University of San Francisco, San Francisco, CA.

Montagno, M. (August, 2011). Invited Speaker, *Motivational Interviewing*. CAPS In-service Seminar Training, University of San Francisco, San Francisco, CA.

Montagno, M. (March, 2011). *White Therapists Conducting Cross-Cultural Therapy*. Panel Discussant; Cross-Cultural Therapy Course; California Institute of Integral Studies, San Francisco, CA.

Montagno, M. (February, 2011). *Motivational Interviewing*. CAPS In-service Seminar Training, University of San Francisco, San Francisco, CA.

Montagno, M. (November, 2010). *Procrastination*. CAPS In-service Seminar Training, University of San Francisco, San Francisco, CA.

Montagno, M. & Shayesteh, D. (September, 2010). *Brief Motivational Intervention and Counseling Skills*. Training for Peer Educators and Practicum Trainees. University of San Francisco, San Francisco, CA.

Montagno, M. & Russel, T. (October, 2010). *White Racial Identity Development and Implications for Clinical Practice*. CAPS Intercultural Seminar Training, University of San Francisco, San Francisco, CA.

Montagno, M. (Fall, 2010 & Spring, 2011). *Cultural Diversity in Business Settings*. Guest Lecturer, Department of Business, University of San Francisco, San Francisco, CA.

Montagno, M. (March, 2011). *Careers in Psychology*. Presentation to Undergraduate Clinical Psychology Course, University of San Francisco, San Francisco, CA.

Montagno, M. & DiVento, J. (September, 2010). *Optimizing Stress: Stress Reduction for Student Leaders*. Presentation to Fall Leadership Conference University of San Francisco, San Francisco, CA.

# **COMMUNITY SERVICE**

# Untraining White Liberal Racism, Participant and Teaching Assistant, Oakland CA, 2009-Present

*The Untraining* is an organization that offers tools and practices for white people to investigate white cultural conditioning and for people of color to work on issues of internalized oppression. The mission is to help people discover how to work together to end our collective collusion with racism and all forms of oppression. www.untraining.org

# **UCSF SBIRT Interprofessional Training Collaboration, Council of Directors,** San Francisco, CA, January 2015-Fall 2016

SAMHSA grant number 1U79TI025404-01. Project Director: Jason Satterfield, PhD. This is an interprofessional training grant to deliver and examine interprofessional SBIRT training across three campuses in San Francisco, UCSF, USF, CSUSF. The goal is to translate SBIRT theory into clinical practice in urban and rural settings through the education of health professions students and clinicians.

# Production Assistant, Diagnosing Difference, San Francisco, CA, 2009-2010

- *Diagnosing Difference* is a full-length length documentary featuring interviews with 13 diverse scholars, activists, and artists who identify on the transgender spectrum about the impact and implications of the Gender Identity Disorder (GID) on their lives and communities. <u>http://www.diagnosingdifference.com/</u>
- Provided planning assistance, print, and film editing to Director

# *Education and Outreach Chair*, *Gender and Sexuality in Psychology, The Wright Institute, Berkeley, CA, May 2006 – June 2009*

- Co-created transgender-inclusive curriculum for Multicultural Awareness course
- Participated in organization of Panel Discussion titled "Transgender and Intersex Issues in Clinical Psychology"
- Assisted in production of a reader on transgender concerns for inclusion in the Wright Institute Library

*Convention Chair*, *California Psychological Association—Graduate Students Division*, *San Francisco*, *CA*, *July 2006 - July 2007* 

- Reviewed and evaluated Convention's call for papers
- Coordinated all aspects of student participation in the annual CPA Convention
- Coordinated selection of proposals and scheduling of programs
- Organized and managed over 100 volunteers to staff Convention presentations

# Peer Support Volunteer, The Shanti Project,

San Francisco, CA, October 2004 - 2005

- Provided peer counseling to an HIV-infected individual
- Discussed harm reduction strategies for substance use

# ADDITIONAL UNIVERSITY PRESENTATIONS, WORKSHOPS, AND GUEST LECTURES

Felipe, L., Arvold, N., Montagno, M. (May, 2011). *Colonial Mentality, Racism, and White Privilege*. Guest lecturer, Filipino Psyche Course; San Francisco State University, San Francisco, CA.

Montagno, M. & Fletcher, P. (December, 2011). *Home for the Holidays: Survival Tips for Coming Out/ Being Out at Home*. Presentation for LGBT Center at University of Santa Cruz, Santa Cruz, CA.

Chan, D., Fletcher, P. & Montagno, M. (June, 2010). *Understanding Privilege*. CAPS Training Seminar, University of California, Santa Cruz, Santa Cruz, CA.

Monsour, P., Kim, A, & Montagno, M. (May, 2010) *Listening Skills Workshop*. Presentation for College 8 Residence Advisors, University of Santa Cruz, Santa Cruz, CA.

Montagno, M. (February, 2010). *White Identity in a Multicultural Society*. Guest Lecturer, Department of Sociology, University of Santa Cruz, Santa Cruz, CA.

Montagno, M. & Murphy, M.J. (November, 2009). *Test Anxiety Workshop*. Presentation offered to UC Santa Cruz student body. Santa Cruz, CA.

Kim, A., Mandell, A., & Montagno, M. (November, 2009). *Eating Disorders and Body Image*. Sorority Presentation. UC Santa Cruz, Santa Cruz, CA.

Montagno, M. et al. (September, 2009). *Residence Advisor Training: Crisis and Risk Assessment*. Provided six trainings to different Residence Advisor Groups in collaboration with CAPS staff. University of California, Santa Cruz, Santa Cruz, CA.

Montagno, M. (March, 2008). *Stress Management*. Guest Lecturer, Academic Success Course, St. Mary's College, Moraga, CA.

Montagno, M. (April, 2008). *Mindfulness and Psychotherapy*. In-service Presentation at St. Mary's Counseling Center, Moraga, CA.

#### **EDUCATION**

Psy.D.,	Clinical	Psychology	

The Wright Institute, Berkeley, CA, June 2010

Doctoral Dissertation: Long-term effects of emotionally focused couples therapy training on knowledge, competency, self-compassion, and attachment security.

M.A., Clinical Psychology	The Wright Institute, Berkeley, CA, September 2007
B.A., Political Science and Women's Studies	Ohio State University, Columbus, OH Cum Laude, June 1999
Wilderness Leadership Certificate Program	National Outdoor Leadership School, Kenya August 2001

# **BRIEF BIOGRAPHICAL SKETCH**

Dr. Michelle Montagno an associate professor for the <u>PsyD program</u> in the School of Nursing and Health Professions. She is a licensed psychologist and a long-time social justice advocate, having worked in nonprofit and government sectors prior to pursuing a career in clinical psychology. Her areas of clinical and research interest include culturally responsive therapy, interpersonal and brief psychotherapy, racial and sexual identity development, privilege and oppression, and culturally accountable graduate training. She is also proudly certified as an advanced open water scuba diver.