

Janice A. Mark, DNP, FNP-BC, RN

Curriculum Vitae

09/14/2026

P.O. Box 863, Lafayette, CA 94549 - 1.925.699.9432 - markj@usfca.edu

EDUCATION

DNP, Family Nurse Practitioner

August 2017

University of San Francisco, San Francisco, CA

DNP Project "Teaching a Primary Prevention Falls Program: Using the Stop Elderly Accidents, Deaths, and Injuries (STEADI) Toolkit"; Developed a Fall Prevention Case Simulation Scenario

Advisors: Dr. Jo Loomis, DNP, FNP-C (DNP); Dr. Nancy Selix, DNP, FNP-C (FNP)

MSN, Geriatric Clinical Nurse Specialist

May 1993

University of California, San Francisco, San Francisco, CA

Thesis "Ineffective Recognition of Delirium in Elderly Hospitalized Patients"

Advisor: Marilyn Williams, MSN, RN, GCNS

BSN, Nursing

May 1987

University of San Francisco, San Francisco, CA

LICENSURE & CERTIFICATIONS

Nursing Licensure

State of California: **FNP** #NP95008209

2017-Present

State of California: **FRN** #95008209

2017-Present

State of California: **RN** #415859

1987-Present

Certification

American Nurses Credentialing Center, **FNP**#2017027119

2017-Present

Basic Cardiac Life Support

2017-Present

California Public Health Nurse Certification #42579

1987-Present

PROFESSIONAL EXPERIENCE

BSN Level-Lead Instructor (Sophomore 1)

2025-Present

University of San Francisco, School of Nursing, San Francisco, CA

- Provided academic leadership for the Sophomore I level cohort, facilitating the coordination and delivery of high-quality nursing education aligned with program learning outcomes and accreditation standards.
- Developed, organized, and led regular faculty meetings by preparing detailed agendas to guide instructional planning, course progression, and student support.
- Revised current clinical curriculum and schedule to provide increased learning and practice sessions of fundamental and bedside nursing skills prior to student deployment to clinical sites.

- Coordinated the course calendar and semester activities, ensuring alignment across clinical, didactic, and simulation components.
- Created, maintained, and updated standardized course syllabi in accordance with university guidelines and curricular objectives.
- Served as a mentor and resource to new and veteran faculty members, offering guidance on curriculum delivery, student engagement strategies, and academic policies.
- Acted as a point of contact for addressing student and faculty concerns and resolving course-related issues, promoting a supportive and solution-oriented learning environment.

Faculty Director of Immersive Learning, University of San Francisco

August 2023-Present

- Direct and oversee the Immersive Learning Centers (ILC) of three campuses (San Francisco, Sacramento, Orange County) within the School of Nursing and Health Professions (SONHP) to ensure a high-quality, standardized, and competency-based curriculum that aligns with nursing and health education standards.
- Provide expert instruction and leadership in immersive learning experiences including simulation, virtual reality, mixed reality, and standardized patients across the three campuses.
- Design, implement, and evaluate course-specific immersive learning activities in collaboration with theory, clinical, and simulation instructors, supporting interprofessional education initiatives.
- Collaborate closely with faculty and academic leaders to establish ILC goals, objectives, and learning outcomes, ensuring immersive learning activities align with clinical and theory content and meet accreditation standards.
- Stay current with emerging immersive learning technologies and clinical trends to ensure innovative, high-quality instruction and serve as a key institutional resource and expert in simulation and experiential education.
- Develop and enforce policies, procedures, and safety guidelines for ILC operations, including maintenance of the Clinical Simulation Center Handbook.
- Oversee procurement, standardization, and inventory management of ILC equipment and supplies in coordination with administrative leadership.
- Lead coaching and mentoring efforts for faculty, adjuncts, student workers, and temporary staff to ensure consistent delivery of immersive learning experiences.
- Produce administrative reports on ILC usage, student outcomes, and compliance data for internal stakeholders and external regulatory bodies (e.g., BRN, CCNE).

Assistant Director (interim), Sacramento at University of San Francisco

Aug-Dec 2022

- Supported the BRN Program Director in the following:
 - Assured integrity of total curriculum plan as approved by BRN.
 - Evaluated qualification of faculty members submitted for approval to BRN and ensured each didactic and clinical course is appropriately staffed for the following semester.

- Assessed suitability of selected clinical facilities to achieve clinical course outcomes.
 - Assured compliance with the school of nursing 's regulation and accreditation requirements for the Sacramento Campus.
- Supported BRN Program Director, Faculty, and Staff in obtaining, maintaining, and responsibly using sufficient resources to accomplish the goals of the prelicensure program.
- Served as a liaison between the Sacramento and Hilltop Campus.

Clinical Consultant

April 2021

TJFACT/Centers for Disease Control and Prevention (CDC), Atlanta, GA

- Collaborated with the Fall Prevention Team at the CDC's Division of Injury and Prevention and Control to develop talking points for healthcare providers to guide conversations with older adult patients about falls and prevention strategies.
- Analyzed data from two CDC fall prevention studies and applied insights to three theoretical models (Health Belief Model, Precaution Adoption Process Model, Social Ecological Model) to inform the development of healthcare provider talking points.
- Developed eight "Healthcare Provider Talking Points" tables covering key modifiable fall risk factors—such as general falls, exercise/physical therapy, footwear issues, medication management, visual deficits, and vitamin D deficiency—which were used by the CDC Falls Team to create provider resources promoting fall prevention among at-risk older adult.

BSN Assistant Professor

Aug 2020 - May 2026

University of San Francisco, School of Nursing and Health Professions, San Francisco, CA

Teaching and Instruction

- Develop and teach undergraduate nursing courses in the areas of nursing fundamentals, medical-surgical nursing, and geriatric care across clinical, didactic, and simulation settings.
- Integrate simulation, case-based learning, and interprofessional education to enhance student engagement and clinical reasoning skills.
- Supervise clinical rotations in skilled nursing and community settings, ensuring safe and effective learning environments for students.
- Develop and assess course materials, examinations, and student learning outcomes to align with the school's program and course learning outcomes (PLOs/CLOs) and accreditation standards.
- Serve as the designated geriatric content expert for the School of Nursing and Health Professions (SONHP), ensuring accurate, evidence-based integration of geriatric concepts across the curriculum. Provide consultative support to faculty in course design and content delivery related to older adult care, and act as a resource for students seeking guidance on geriatric nursing principles, best practices, and clinical application.

- Provide formative and summative evaluation and feedback to support student growth and skill development in didactic, simulation and clinical environments.
- Spearheaded the restructuring of the Fundamentals Clinical sequence by establishing full-day, on-campus skills immersion for the first four weeks of the semester, replacing the previous two-hour model to strengthen foundational bedside skills prior to student transition to clinical facilities.

BSN Associate Professor

May 2026-Present

University of San Francisco, School of Nursing and Health Professions, San Francisco, CA

Teaching and Instruction

- Develop and teach undergraduate nursing courses in the areas of nursing fundamentals, medical-surgical nursing, and geriatric care across clinical, didactic, and simulation settings.
- Lead the instructional delivery and clinical coordination for undergraduate nursing students across theory and practical settings.
- Standardized course content, learning materials, and major assignments across multi-campus offerings and faculty teams to ensure consistent, equitable learning outcomes.
- Mentor and onboard new full-time and adjunct faculty in Fundamentals of Nursing, providing guidance on didactic teaching strategies, active learning methods, and classroom management.
- Integrate simulation, case-based learning, and interprofessional education to enhance student engagement and clinical reasoning skills.
- Supervise clinical rotations in skilled nursing and community settings, ensuring safe and effective learning environments for students.
- Develop and assess course materials, examinations, and student learning outcomes to align with the school's program and course learning outcomes (PLOs/CLOs) and accreditation standards.
- Serve as the designated geriatric content expert for the School of Nursing and Health Professions (SONHP), ensuring accurate, evidence-based integration of geriatric concepts across the curriculum. Provide consultative support to faculty in course design and content delivery related to older adult care, and act as a resource for students seeking guidance on geriatric nursing principles, best practices, and clinical application.
- Provide formative and summative evaluation and feedback to support student growth and skill development in didactic, simulation and clinical environments.

Courses Taught

- N225: *Clinical Lab I: Applied Assessment in Health and Wellness* Spring 2025-Present
 - Supervise clinical rotations in a skilled nursing setting, ensuring safe and effective learning environments.
 - Instruct clinical learning focusing on: nursing process, psychomotor nursing skills, communication, physical assessment, critical thinking, and professionalism.

- *N222: Applied Assessment and Nursing Fundamentals I: Health and Wellness* Spring 2021 to Present
 - Teach didactic courses on health, wellness, and illness concepts in adults and older adults, emphasizing comprehensive assessment skills for patient-centered nursing care. Integrate principles of nutrition, pharmacology, and biophysical sciences, while guiding students in applying scientific inquiry and clinical reasoning to develop interventions for health promotion and disease prevention.
- *N220: Applied Pathophysiology and Pharmacology I: Health and Wellness* Fall 2020
 - Delivered remote didactic instruction on the pathophysiology, clinical manifestations, and treatment of disorders across selected body systems, using varied teaching modalities. Guided students in applying course content to think critically, solve clinical problems, and develop nursing care plans emphasizing health promotion and disease prevention.
- *N225: Clinical Lab I: Applied Assessment in Health and Wellness* Fall 2020
 - Taught remote clinical learning focusing on: nursing process, psychomotor nursing skills, communication, physical assessment, critical thinking, and professionalism.

Curriculum Development

- Serve on the SONHP BSN AACN Essentials Core Team, contributing to the redesign of the BSN curriculum to align with the American Association of Colleges of Nursing (AACN) 2021 Essentials. Focus on integrating a competency-based education model and ensuring comprehensive coverage of the four spheres of care: health promotion and disease prevention, chronic disease care, restorative and degenerative care, and hospice/palliative/supportive care.
- Designed and spearheaded the transition to an AACN Competency-Based Education curriculum for both *Didactic Fundamentals of Nursing* and its co-requisite clinical course.
- Mapped course learning outcomes, clinical performance evaluations, and assessment rubrics directly to the new AACN Essentials Domains and Core Competencies.
- Collaborate with faculty teams to integrate simulation and immersive learning technologies into the core curriculum.

Research and Scholarship

- Conducted research related to older adult falls and fall prevention.
- Presented fall-related findings at national nursing and health profession conferences.
- Published peer-reviewed articles or clinical practice guidelines in recognized nursing and gerontological journals.
- Collaborated with the CDC to collect and analyze data supporting the development of a healthcare provider guide on effective communication strategies for discussing fall risks and prevention measures with older adult patients.

Service and Leadership

- Served on school and university-level committees including Curriculum, USF Faculty Association (FASONSHP Policy Board Representative), Interprofessional Committee on Aging, Joint University Library Advisory Committee, and the SONHP Undergraduate AACN New Curriculum Task Force
- Mentored and advised undergraduate nursing students on academic, clinical, and career development pathways and ensured students stayed on track to graduate.
- Served as professional and academic mentor for HRSA scholarship nursing recipients each academic year since Fall 2021
- Participated in accreditation preparation and reporting for CCNE and other regulatory bodies.
- Serve as Faculty advisor to Tri Gamma Women's Nursing Society since Fall 2023
- Served on various ad hoc school committees and activities including:
 - Invited member for Search Committee for the SONHP Dean (Fall 2021)
 - Invited member for Search Committee for SONHP Associate Dean, Nursing Academic Affairs and Faculty Development (Fall 2022)
 - Invited member for Search committee for SONHP Director of Budget Planning and Operations (Spring 2025)
 - Served on the DNP committee of three DNP/FNP students
 - Each semester, participated as a Faculty Presenter in the BSN White Coat Ceremony
 - Served as SONHP faculty representative to greet and meet prospective nursing students during on campus recruitment events and Destination USF for newly admitted student events.
- Participated in multiple student recruitment and welcome events like

Professional Development & Collaboration

- Maintained active licensure and certification in nursing practice.
- Participated in faculty development workshops and continuing education relevant to nursing education and leadership.
- Collaborated with interdisciplinary teams and external stakeholders to enhance academic-practice partnerships.

AACN/CDC Public Health Fellowship

2018-2020

National Center for Injury Prevention and Control, Atlanta, GA

- Focus of Fellowship: Fall Prevention-Stop Elderly Accidents Deaths, and Injury (STEADI)
- Served as nurse subject matter expert for various CDC Fall Team projects
- Assisted in designing the implementation strategy of four fall prevention research studies to:
 - Assess the cost effectiveness of using STEADI and fall prevention on older adults in primary care clinics
 - Assess fall prevention activities in Indian Health Services (IHS) and determine providers' receptiveness to engage in fall prevention activities
 - Assess the effectiveness of fall prevention discharge planning for older adults

- Assess differences in clinical fall risk assessment of older adults among primary care providers (family practitioners, internal medicine, and nurse practitioners)
- Assess older receptiveness of utilizing recommended fall prevention strategies
- Developed a national survey to assess older adult perception and strategies used for fall prevention
- Assisted in development of ten provider and patient surveys to measure project and process outcomes
- Conducted literature reviews related to various aspects of fall prevention
- Gave four platform presentation to clinicians and public health professionals
- Contributed to education and communication projects related to fall prevention
- Contributed to the development of Fall Prevention implementation guides for inpatient and outpatient healthcare systems
- Co-authored a CDC-Train continuous education (CE) online training course: [Empowering Healthcare Providers to Reduce Fall Risk](#)

BSN Level-Lead Instructor (Sophomore 2)

2010-2014

University of San Francisco, School of Nursing, San Francisco, CA

- Provided academic leadership for the Sophomore II level cohort, facilitating the coordination and delivery of high-quality nursing education aligned with program learning outcomes and accreditation standards.
- Developed, organized, and led regular faculty meetings by preparing detailed agendas to guide instructional planning, course progression, and student support.
- Coordinated the departmental course calendar and semester activities, ensuring alignment across clinical, didactic, and simulation components.
- Maintained and updated standardized course syllabi in accordance with university guidelines and curricular objectives.
- Designed, implemented, and aligned high-fidelity patient simulation scenarios and clinical skills clinics for fundamentals and medical-surgical nursing courses, reinforcing didactic content through experiential learning and supporting theoretical knowledge with hands-on application.
- Created and implemented course evaluation tools to assess instructional effectiveness, support continuous improvement, and monitor student learning outcomes.
- Served as a mentor and resource to new and veteran faculty members, offering guidance on curriculum delivery, student engagement strategies, and academic policies.
- Acted as a point of contact for addressing student concerns and resolving course-related issues, promoting a supportive and solution-oriented learning environment.

BSN Adjunct Instructor

1993-2018

University of San Francisco, School of Nursing, San Francisco, CA

- Instructed undergraduate nursing students in clinical, simulation, and didactic settings, focusing on key concepts such as the nursing process, psychomotor skills, physical assessment, critical thinking, and professionalism.
- Integrated Quality and Safety Education for Nurses (QSEN) competencies into instructional materials, emphasizing communication, patient safety, patient-centered care, evidence-based practice, and teamwork.
- Collaborated with faculty and simulation lab staff to maintain a high-fidelity learning environment that enhances student engagement and realism in clinical scenarios.

BSN Adjunct Professor

1996

Dominican College, San Rafael, CA

- Clinical Instructor focusing on caring for acute care medical surgical patients and assisting students with developing patient-centered nursing care plans.
- Skills taught include: nursing process, physical assessment, medication administration, sterile technique, catheterizations, nasogastric tube placement, and dressing changes.

Staff Nurse II/III

1987-2018

Alta Bates Summit Medical Center, Berkeley, CA

- Delivered comprehensive, patient-centered nursing care to a caseload of five or more patients per shift in a high-acuity medical-surgical unit serving a diverse, multicultural population.
- Utilized advanced clinical judgment in the assessment, planning, implementation, and evaluation of individualized care plans, incorporating evidence-based practices and addressing a wide range of acute and chronic conditions.
- Utilized Epic electronic health record (EHR) system for accurate and timely documentation of patient assessments, interventions, medication administration, and care coordination.
- Collaborated with interdisciplinary healthcare teams to optimize patient outcomes, promote continuity of care, and ensure safe transitions across healthcare settings.
- Applied leadership and preceptorship skills by orienting and mentoring newly hired nurses and nursing students, fostering their clinical competency and professional development.
- Designed and delivered in-service education sessions to enhance the clinical knowledge and skills of unit staff, contributing to ongoing quality improvement and adherence to best practices.
- Served as relief charge nurse and unit resource, effectively managing unit operations, delegating responsibilities, resolving issues in real time, and supporting team collaboration during high-demand periods.

TEACHING EXPERIENCE

University of San Francisco, School of Nursing and Health Professions

Clinical Lab I: Applied Assessment in Health and Wellness	Spring 2025
Applied Assessment & Nursing Fundamentals	2021-Present
Applied Pathophysiology and Pharmacology I	Fall 2020
Clinical Lab I: Applied Assessment in Health and Wellness	Fall 2020
Clinical Lab II: Alterations in Health and Illness	2011-2018
Simulation Lab II: Alteration in Health and Illness	2011-2018
Assessment of Human Responses	2008-2009
Clinical Lab II: Nursing Process in the Restoration of Health-Fundamentals of Nursing	1998-2010
Clinical Lab IV-Medical Surgical Nursing	1993-1994
Dominican College of San Rafael	
Clinical Lab: Medical Surgical Nursing	1996

PUBLICATIONS

Journals

Kwilosz, E. & Mark, J. (2026). Informal leadership as a strategic resource nursing teams: A qualitative study and conceptual model. (Submitted and returned for revise and resubmit)

Bergen, G., Moreland, B., & Mark, J. (2025). Older adults' attitudes towards participation in evidence-based fall prevention interventions: A systematic review. (In Progress)

Mark, J., Henry, A., Moreland, B., Dobash, D., & Bergen, G. (2025). Assessing Older Adults' Behavioral Stage of Change for Adopting Fall Prevention Recommendations Using the Transtheoretical Stages of Change. *J for Applied Gerontology*. PMID: 39439095; doi: [.org/10.1177/07334648241289933](https://doi.org/10.1177/07334648241289933)

Rein, D.B., Hackney, M.E., Sublett, F., Moreland, B., Imhoff, L., Peterson, C., Legha, J.K., Mark, J., et al., (2024). Telemedicine-base risk program to prevent falls among older adults: Protocol for a randomized quality improvement trial. *JMIR Research Protocols*. 13(1), e54395. PMID: PMC11005432; doi: [10.2196/54395](https://doi.org/10.2196/54395)

Mark, J. (2024). The primary care NP's Guide to prevention and management of falls in older adults. *The Nurse Practitioner*, 49(2), 12-18. doi: [10.1097/01.NPR.0000000000000138](https://doi.org/10.1097/01.NPR.0000000000000138)

Mark, J. Haddad, Y.K., & Burns, E.R. (2020). Differences in evaluating fall risk by primary care provider type. *Journal for Nurse Practitioners*, 16(2020), 528-532. PMID: 8455152; doi: [.org/10.1016/j.nurpra.2020.04.014](https://doi.org/10.1016/j.nurpra.2020.04.014)

Mark, J. & Loomis, J. (2017). The STEADI toolkit: Incorporating a fall prevention guideline into the primary care setting. *The Nurse Practitioner*, 42(12), 50-55. doi: [10.1097/01.NPR.0000525720.06856.34](https://doi.org/10.1097/01.NPR.0000525720.06856.34)

Abstracts

Mark, J. (2019). How to STEADI your patients with the Coordinated Care Plan to Prevent Older Adult Falls and Evaluation Guide. *Innovations in Aging* 3(Suppl 1), S857. [doi: 10.1093/geroni/igz038.3152](https://doi.org/10.1093/geroni/igz038.3152)

Contributions and Acknowledgements

Ecstrom, E, E., Parker, E.M., Shakya, I., & Lee, R. (2021). [Coordinated Care Plan to Prevent Older Adult Falls](#). Atlanta, GA: National Center for Injury Prevention and Control of the Centers for Disease Control and Prevention, 2021.

Rogers, S., Haddad, Y., Legha, J., et al. (2021). [CDC STEADI: Best practices for developing an inpatient program to prevent older adult falls after discharge](#). Atlanta, GA: National Center for Injury Prevention and Control of the Centers for Disease Control and Prevention, 2021.

National Center for Injury Prevention and Control of the Centers for Disease Control and Prevention (2021). [Training slides: Building clinical strategies to STEADI your older patients](#).

National Center for Injury Prevention and Control of the Centers for Disease Control and Prevention (2021). [Training slides: STEADI our staff for fall prevention](#).

National Center for Injury Prevention and Control of the Centers for Disease Control and Prevention (2021). [Training slides: Building Clinical Strategies to STEADI Your Older Patients](#).

Sleet, DA & Dellinger AM (2020). Using behavioral science theory to enhance public health nursing. *Public Health Nursing*, 37(6), 895-899. [DOI: 10.1111/phn.12795](https://doi.org/10.1111/phn.12795)

Online Continuing Education Course

Gray, S., Haddad, Y.K., Johnson, T., Legha, J., Mark, J.A., & Talbut, B. (2025). [STEADI: Empowering Healthcare Providers to Reduce Fall Risk \(WB4895\)](#)

Bruner, E., Gray S., Haddad Y.K., Johnson T., Lee, R., Legha, J., Mark, J., & Talbut, B. (2020). [STEADI: Empowering Healthcare Providers to Reduce Fall Risk \(WB4310\)](#)

PRESENTATIONS

Platform Presentation

AACN Transform 2026 Conference

Indianapolis, IN

“Integrating Agentic AI (Avery/Drive Health) in Pre-Licensure Nursing Simulation

December 2026

Association of Public Health Nurses Annual 2021 Conference Virtual Conference “How Nurses Can STEADI Their Patients”	April 2021
Gerontological Society of America 2019 Annual Scientific Meeting Austin, TX “Understanding Facilitators & Barriers to Participation in Evidence-based Fall Prevention Interventions”	November 2019
AACN/CDC Nurses Work Group Fall Nursing Seminar Series Atlanta, GA “AACN’s and Nursing’s Role in Impacting CDC’s Population Health Goals”	September 2019
CDC Indian Health Service Epidemiology Fellowship Presentation Atlanta, GA “CDC’s Efforts to Keep Older Adults Fall-Free, Mobile, and Independent”	June 2019
Arizona Falls Prevention Coalition Symposium Phoenix, AZ “The Health and Economic Burden Surrounding Older Adult Falls and CDC’s Efforts to Prevent Future Falls”	October 2018
California Association of Nurse Practitioner Annual Education Conference San Francisco, CA “Using STEADI Toolkit to Screen and Manage Falls in the Community Dwelling Older Adult”	March 2017

Poster Presentations

AACN’s Transform 2026 Conference: Embracing Technology, Building Connections, and Preparing Practice-Ready Graduates (Accepted 9/2026 to be presented 12/2026) Indianapolis, IN “Integrating and AI Agent into Undergraduate Nursing Simulation: A Mixed Methods Pilot Study”	
Association for Prevention Teaching and Research Annual Meeting San Antonio, TX “Active Minds and Bodies: A Health Living Course for Seniors”	March 2020
Gerontological Society of America 2019 Annual Scientific Meeting Austin, TX “How to STEADI Your Patients with the Coordinated Care Plan and Evaluation Guide”	November 2019

In-service Presentations

Alta Bates Medical Center, Berkeley, CA	
NIH Stroke Scale	2013
Intradermal/TB Injections	2012
Common Changes in the Elderly	1992
Skin and Wound Products	1990
Common Diagnostic Test Manual	1990

St. Regis Assisted Living Facility, San Francisco, CA

Common Changes in the Elderly

1992

FNP STUDENT CLINICAL EXPERIENCE

Pediatric Primary Care

KC Kids, Central Valley, CA

May 2017

Clinical Preceptor: Dr. Jo Loomis, DNP, FNP-C

- Conducted pediatric home visits of children with physical, social, or developmental delays to assess function and development

Dublin Pediatric Health Fair, Dublin, CA

April 2017

Clinical Preceptor: Various USF FNP faculty

- Conducted pediatric health assessments and sports physicals

Golden Gate Urgent Care, San Francisco, CA

Jan-Jul 2017

Clinical Preceptor: Dr. Susan Pauley O'Neil, DNP, PNP

- Assessed and treated pediatric patients with common urgent care problems: URI, musculoskeletal issues (sprains, fractures), ear infections

San Francisco Pediatric Health Fair, San Francisco, CA

Aug 2016

Clinical Preceptor: Various USF FNP faculty

- Conducted pediatric health assessments and sports physicals

Kaiser Newborn Nursery, San Francisco, CA

May 2016

Clinical Preceptor: Dr. Dena Cuyjet, DNP, PNP

- Conducted newborn assessments and provided newborn education to parents

Pleasanton School District Health Fair, Pleasanton, CA

April 2016

Clinical Preceptor: Various USF FNP faculty

- Conducted pediatric health assessments and sports physicals

Adult Primary Care

Golden Gate Urgent Care Clinic, San Francisco, CA

June 2016-Aug 2017

Clinical Preceptor: Dr. Brandon Hastings, FNP-BC

- Assessed and treated common urgent care issues: URI, UTI, musculoskeletal complaints (fractures, sprain, pain), infections, common skin disorders; practiced suturing

Geriatric Primary Care

ElderConsult (Home Visits), Burlingame, CA

Aug-Dec 2016

Clinical Preceptor: Ann Kositsky, NP/Dr. Elizabeth Landsverk, MD

- Conducted home visits with geriatric patients with behavior problems and readjusted medications, managed common geriatric medical issues

Laguna Honda Pain and Palliative Clinic, San Francisco

Jan-May 2016

Clinical Preceptor: Ann Hughes, NP, CNS

- Interviewed and performed admission and weekly pain assessments; participated in multidisciplinary case conferences regarding patients

progress and plan of care for pain control; observed alternative pain therapies

University of Pacific Geriatric Health Fairs, Bay Area cities, CA

Sept-Oct 2015

Clinical Preceptor: Dr. Alexa Curtis, DNP, FNP-BC

- Partnered with pharmacy students to interview and assess geriatric patients drug therapies and Medicare D coverage

Reproductive Health

Planned Parenthood, El Cerrito/Antioch, CA

Jan-May 2017

Clinical Preceptor: Debbie Bamberger, NP/Jenee Sallee, NP

- Assessed and treated patients for common STI's; performed pelvic and breast exams; counseled patients on birth control options; inserted IUDs and implants

San Francisco City Clinic, San Francisco, CA

Oct-Nov 2015

Clinical Preceptor: Stefan Rowniak, NP

- Observed NP in the assessment and treatment of common STI; practiced field microscopy; counseled patients on STI prevention and treatment plans

PROFESSIONAL MEMBERSHIPS

Society for Simulation in Healthcare

2024-Present

The Gerontological Society of America

2019-Present

Member

American Geriatric Society

2019-Present

American Association of Nurse Practitioners

Member

2017-Present

California Association of Nurse Practitioners

Member

2015-Present

Sigma Theta Tau, Beta Gamma Chapter (USF)

Heritage Committee Chair

1996-1998

Program Committee Member

1993-1996

Corresponding Secretary

1988-1990

Member

1987-Present

Association of Public Health Nurses

2019-2024

Member

Association for Prevention Teaching and Research

2020

Member

California Nurses Association

Member

1987-2018

Association of Geriatric Clinical Nurse Specialist

Member

1993-1994

SCHOLARSHIPS

University of California, San Francisco Nurse Traineeship

1992

Alta Bates Health Careers Foundation Scholarship	1991-1992
Alta Bates Health Careers Foundation Scholarship	1984-1986
Alta Bates Volunteer Association Scholarship	1983
Chatelaine's Nursing Fund Scholarship	1983

GRANTS, AWARDS, & PROMOTIONS

Promoted to Tenured Faculty, University of San Francisco	Aug 2026
Promoted to Associate Professor	Aug 2026
Third Place Award, Association for Prevention Teaching and Research Poster	Mar 2020
Awarded Preferred Hiring Pool Status II, University of San Francisco	2015
Awarded Preferred Hiring Pool Status I, University of San Francisco	2001
Awarded Staff Nurse III Title, Alta Bates Medical Center	1990
California Student Grant A	1983-1986

SERVICE

Journal Peer Reviewer

- Conducted peer reviews for high-impact journal manuscript submissions related to falls and fall prevention for the following journals:
 - PLoS-One (second review) August, 2025
 - *Diagnostic Accuracy and Risk Stratification of a Trauma Risk Assessment Tool Among Older Adults with Fall Injuries* [Journal decision: Pending]
 - BMC Geriatrics (second review) June 2025
 - *Falls Risk Perception Among Older Adults and Carers: A Cross-Sectional Study* [Journal decision: accepted for publication]
 - European Journal of Medical Research July 2025
 - *Association Between Chronic Pain Severity, Falls, Frailty and Perceived Health in Older Adults at Risk of Falls* [Journal decision: Revise]
 - BMC Geriatrics June 2025
 - *Falls Risk Perception Among Older Adults and Carers: A Cross-Sectional Study* [Journal decision: Revise]
 - BMC Geriatrics April
2025
 - *Development of a Multifaceted Implementation Plan to Guide Falls Prevention in Residential Aged Care Facilities* [Journal decision: Revise]
 - PLoS-One: October, 2024
 - *Diagnostic Accuracy and Risk Stratification of a Trauma Risk Assessment Tool Among Older Adults with Fall Injuries* [Journal decision: Revise]

BSN AACN Essentials Core Team and Work Group Spring 2024-Present

- Serve on the BSN curriculum task force to align the new curriculum to the AACN Essentials and principles of competency-based education. This includes draft curriculum sequence, course mapping, revise courses, and informing BSN faculty of curriculum changes.
- Led the development of 13 new AACN-aligned course learning outcomes for N224 and 14 new clinical course learning outcomes for N228
- Incorporated 11 competency-based learning activities for N224 and N228 to align with AACN goals

School of Nursing and Health Professions Simulation Committee August 2023-Present

- Collaborate with other SONHP faculty across programs and sites to review, discuss, create, and evaluate simulation experiential learning experiences, including clinical simulation, virtual reality, mixed reality and use of clinical actors (standardized patient).

University of San Francisco Faculty Association Policy Board Member August 2022-May 2025

- Elected Member in representing SONHP (FASONHP) and university faculty to advocate for faculty rights and interests in contract negotiations, grievance processes, and policy discussions.
- Acted as a liaison between union leadership and faculty members to communicate updates, gather feedback, and address workplace concerns.
- Served as a representative on the USFFA Negotiating Team for the 2023 USFFA and University contract renewal negotiations: participated in collective bargaining efforts and supported initiatives to improve working conditions, equity, and academic freedom.

USFFA Committee on Committees August 2022-May 2025

- Evaluated and estimated 50 faculty sabbatical merit and support award applications each year to ensure equitable resource distribution across all schools and disciplines.
- Reviewed USFFA bylaws and coordinate faculty governance across the university.

Faculty Advisor, Tri Gamma Nursing Women's Society August 2020-Present

- Meet with member leadership team to provide guidance and compliance oversight.
- Counsel and provide member leadership support during organizational conflict and
- Foster leadership development and professional growth

Faculty Advisor, Tri Gamma Nursing Women's Society August 2020-Present

- Meet with member leadership team to provide guidance and compliance oversight.
- Counsel and provide member leadership support during organizational conflict and
- Foster leadership development and professional growth

Walnut Creek Senior Club (Market Day)
2023

May 2022-December

- Assisted in setting up and selling reduced cost produce for low-income individuals

Joint University Library Advisory Committee Member
Present

November 2021-

- Serve as liaison between SONHP faculty and university library.
- Provided faculty perspective and guidance on library services, resource acquisitions, and academic support initiatives to enhance teaching, learning, and research.
- Collaborated with librarians and faculty peers to evaluate and recommend instructional materials, databases, and digital tools aligned with curriculum needs.

HRSA Scholar Mentor Advisor

August 2021-Present

- Collaborate with other university faculty who work in various fields related to older adults and aging to foster age learning and life-long learning.
- Supported and encouraged students to obtain minors in gerontology and worked with committee members to establish the university as an Age Friendly University certification.

Interprofessional Council of Aging (USF) Member
Present

January 2021-

- Served as nursing mentor of HRSA grant recipients from disadvantaged backgrounds during
- Held monthly mentoring sessions to provide counseling focused on academic success like study and test strategies, and SONHP curriculum planning as well as professional advice like career guidance, time management, professional development, NCLEX review and preparation.

USF School of Nursing and Health Professions Curriculum Committee Member
2022

August 2020-

- Participated in the review and approval of new and existing courses and program changes, to ensure alignment with university policies, professional standards, and accreditation requirements.

SONHP Faculty Advisor

August 2020-Present

- Conduct comprehensive academic advising, encompassing 40-60 BSN nursing students each year to monitor and ensure timely student progression and career preparation.
- Counsel students struggling in their college courses to ensure academic success and improve retention rates
- Support students with letters of recommendation for scholarships, internships, graduate program admissions, and employment positions.

SONHP DNP Service

August 2020-Present

- Served as committee member for three DNP FNP students, providing manuscript review, DNP project evaluation, and oral examination/presentation evaluations
- Served as FNP evaluator for summative physical assessment exams and for OSCE exams
- Volunteered as standardized patients for FNP OSCE exams.

White Coat Ceremony Speaker

August 2020-Present

- Serve as *White Coat Ceremony* events as faculty speaker each semester to discuss the origins and importance of the White Coat Ceremony.

Student Recruitment Volunteer

August 2020-Present

- Attended various campus new student recruitment events (*Explore USF, Sunset on the Hilltop, Destination USF. Meet Your Major*) to welcome prospective or newly admitted students to share personal perspectives as faculty and alumni on the benefits of attending USF and SONHP.
- Foster leadership development and professional growth.

Boy Scouts of America, Pleasant Hill, CA (Troop 221)

2005-2010

- Served as Troop 221 Assistant Scoutmaster to ensure safety and adherence to BSA policies during campouts, high-adventure outings, and community service events.
- Mentored scouts in leadership development, outdoor skills, merit badge completion, and advancement through the scouting ranks.
- Promoted youth leadership and character development in alignment with BSA's values and mission.

Sequoia Elementary, Pleasant Hill, CA

2000-2002

- Served as Gift Wrap Fundraiser Chair to organize and lead annual gift wrap fundraising events, coordinate volunteers, schedule shifts, and manage materials.
- Oversaw the logistics, budgeting, and setup to ensure a smooth and profitable operation during the holiday season.

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| On Lok Senior Services, San Francisco | 1987-1988 |
| <ul style="list-style-type: none">• Served as recreation assistant and senior companion to promote social engagement, physical activity, and mental stimulation through games, arts and crafts, group exercises, and special events.• Supported staff in setting up events and ensuring a welcoming, safe, and inclusive environment for all participants. | |
| Herrick Hospital Older Adult Services, Berkeley, CA | 1986 |
| <ul style="list-style-type: none">• Assisted in researching the healthcare needs of the elderly in the Berkeley Community. | |
| USF for Outreach, Campus Ministry, San Francisco, CA | 1983-1984 |
| <ul style="list-style-type: none">• Tutored students in English and math. | |

REFERENCES

Furnished upon request.