

# Kimberly Perris, DNP, MSN, RN

Caritas Coach®, CNL, PHN

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## EDUCATION

- 2018 Doctorate of Nursing Practice Executive Leadership, University of San Francisco, California
- 2015 Master of Science in Nursing, Clinical Nurse Leader, University of San Francisco, California
- 1991 Associate of Science in Nursing, Riverside Community College, Riverside, California

## LICENSES AND CERTIFICATIONS

- 2022-present Watson Caring Science Institute, Caritas Coach Certification®
- 2020-Present Cal Poly Humboldt, Center for Teaching and Learning, Pivot to Online Teaching, Quality Teaching and Learning Certification.
- 2020-present Caring Science Mindful Practice, Massive Open Online Course, Certification
- 2018-present Our Whole Lives Sexuality Education Grades 7-9, Facilitator Certification
- 2016-present Clinical Nurse Leader Certification-#10640783
- 2016-present Institute for Healthcare Improvement, Institute for Healthcare Improvement, Basic Certificate
- 2015-present California Public Health Nurse Certification-#550358
- 2012-present Family Planning Health Worker Certification, Essential Access Health
- 1991-present Registered Nurse license-#462056
- 2023-2025 State of California, Board of Nursing, Continuing Education Provider License, Cal Poly Humboldt, license number CEP17846

## NURSING & ADMINISTRATIVE EXPERIENCE

- 2019-2025 Founding Director of Nursing | Associate Professor (tenured, June 2025), Cal Poly Humboldt, Arcata CA
- 2018-2019 Population Health Nursing Director, Humboldt Independent Practice Association, Eureka, CA
- 2017-2019 Project Manager & Program Director, Sisters of St. Joseph Grant, Nurses in Schools Pilot
- 2016- 2018 Population Health and Utilization Management, Department Manager, Humboldt IPA, Eureka, CA
- 2004-2016 RN II, Humboldt State University, Student Health Center, Arcata, CA
- 2003-2006 Recovery Room RN, Six Rivers Planned Parenthood, Eureka, CA
- 1996-1998 Registered Nurse, Children Youth & Family Services, Eureka, CA
- 1993-1996 RN, Postpartum & Nursery, Eureka General Hospital, Eureka, CA
- 1991-1993 Charge Nurse, Postpartum, San Bernardino County Hospital, San Bernardino, CA

## TEACHING EXPERIENCE

- 2025-Spring Semester. Assistant Professor: N372 Health Assessment Across the Lifespan
- 2024-Fall Semester. Assistant Professor: NRSG 471, Community/ Public Health Field Placement
- 2024-Fall Semester. Assistant Professor: NRSG 348, Transition to Professional Practice
- 2024-Spring Semester. Assistant Professor: HED 100 Sound Mind, Sound Body
- 2024-Spring Semester. Assistant Professor: N372 Health Assessment Across the Lifespan

2023-Fall Semester. Assistant Professor: N471 Community/Public Health Field Placement  
 2023-Fall Semester. Assistant Professor: N348 Development for Professional Practice  
 2023-Spring Semester. Assistant Professor: N460 Leadership and Management Dynamics  
 2023-Spring Semester. Assistant Professor: N372 Health Assessment Across the Lifespan  
 2022-Fall Semester. Assistant Professor: N471 Community/Public Health Field Placement  
 2022-Fall Semester. Assistant Professor: N348 Development for Professional Practice  
 2021-Fall Semester. Assistant Professor: N348 Development for Professional Practice  
 2021-Spring Semester. Assistant Professor: N372 Health Assessment Across the Lifespan  
 2020-Fall Semester. Assistant Professor: N348 Development for Professional Practice  
 2020-2022 Co-Principal Investigator. Assistant Professor: Cal Poly Humboldt, Area Health Education Center Scholars Program; Community Based Certification/Collaboration with nursing and social work students  
 2019 -May. Puberty Education: McKinleyville Middle School. Taught approximately 120 6th-grade students.  
 2017-2018. Staff Proficiency Training: Priority Care Center. Organized & trained staff to perform routine procedures and point-of-care testing.  
 2011-2016. Patient Education: Humboldt State University. Utilizing evidence-based tools, provided one-to-one patient teaching as a college health nurse focused on delivering common acute care services independently.  
 2015- RN Visit Project: Humboldt State University. Mentored and provided one-to-one education and training to prepare nurses to utilize standardized procedures to see patients with low acuity needs by appointment.  
 2015-Nurse Education – College Student Health and Contraception: Humboldt State University. Developed curriculum, taught, and evaluated training for nurses who provide contraception in a college health setting.  
 2008-2015. Staff Proficiency Training: Humboldt State University. Organized and trained medical assistants to meet proficiency requirements for standard clinic procedures in the student health center.

## **PROFESSIONAL DEVELOPMENT**

- 11-2025 Sigma Theta Tau 48th Biennial Convention, Indianapolis Indiana. Attended conference and served as delegate for Omicron Omega Chapter 382.
- 11-2025 Western States Simulation Alliance, Bridges Conference, San Diego CA.
- 04-2025 California Association of Colleges of Nursing “Partners, Practice, & Policy”, Sacramento CA.
- 03-2025 American Association of Colleges of Nursing, “Dean’s Annual Meeting”, Washington DC.
- 10-2024 California Association of Colleges of Nursing/California Association of Associate Degree Nursing, Joint Conference Planning Committee, “Enhancing Excellence in Nursing Education. Light’s, Camera, Action,”
- 7-2024 End-of-Life Nursing Education Consortium: Integrating End-of-Life into Curriculum, selected applicant, funded for a 2-day conference in Portland, OR.
- 4-2024 California Association of Colleges of Nursing, Spring Conference, “An Oasis for Nursing Excellence,” Rancho Mirage, CA.
- 3-2024 American Association of Colleges of Nursing, “Dean’s Annual Meeting”, Washington DC.
- 3-2024 Nursing Advancement Professionals Annual Conference, “Envisioning the Future of Nursing Advancement” Washington DC.
- 1-2024 International Meeting for Simulation in Healthcare conference, “Innovate, Disseminate Educate, Advocate,” San Diego, CA.
- 11-2023 American Association of Colleges of Nursing, Academic Nurse Leadership Conference, Washington DC.
- 10-2023 California Organization for Associate Degree Nursing & California Association of Colleges of

- Nursing, Joint Academic Conference, "A Director's Odyssey, Fostering Climate Resiliency in Nursing Education" Monterey, CA.
- 9-2023 American Association of Colleges of Nursing "Regional Essential Workshop," Los Angeles, CA.
- 7-2023 American Association of Colleges of Nursing, Summer Leadership Seminar "Build Your Brand, Reshape the Culture Around You, and Collaborate for Success," Quebec, CA.
- 6-2023 International Nursing Association of Clinical Simulation and Learning conference "Imagining the Future of Simulation" Providence, RI.
- 4-2023 American Association of Colleges of Nursing, MentorLINK, completed a six-month mentor program that included monthly leadership presentations, and an assigned mentor, with a monthly check-in.
- 4-2023 California Association of Colleges of Nursing spring conference, "Building Our New Normal," Long Beach, CA.
- 3-2023 American Association of Colleges of Nursing, Annual Dean's Meeting, Washington, DC.
- 2-2023 Humanizing Online STEM Academy, completed 60 hours of professional development course.
- 1-2023 International Meeting for Simulation in Healthcare conference, "A Standard of Excellence," Orlando, Florida
- 10-2022 American Association of Colleges of Nursing, Academic Nurse Leadership Conference, Washington, DC.
- 10-2022 Northern California Tribal Policy Summit, Missing & Murdered Indigenous People, 10-4-22, Arcata CA.
- 10-2022 Caritas Coach Certification Program, completed six-month online, immersive training & capstone project/presentation.
- 5-2022 Caritas Community Conference, Boulder, Colorado
- 5-2022 Implicit Bias Training, workshop sponsored by the California Simulation Alliance, Zoom
- 4-2022 California Simulation Debriefing, Simulation Debriefing Training provided by the California Simulation Alliance, sponsored by the Health Education Grants Team from the School of Nursing at the University of California, Davis.
- 3-2022 American Association of Colleges of Nursing, Deans' Annual Meeting, Washington, DC.
- 2-2022 National Symposium for Academic Palliative Care Education and Research, San Diego, CA
- 11-2021 American Association of Colleges of Nursing: Diversity Symposium
- 10-2021 American Association of Colleges of Nursing, Academic Nurse Leadership Conference, Washington, DC.
- 6-2021 American Association of Colleges of Nursing: Executive Development Series for Deans, 2-day virtual workshop
- 4-2021 CCNE Four-part Self-Study Workshop to prepare directors/faculty to address Collegiate Commission on Nursing Education Standards I-IV
- 10-2021 Mindful Facilitation Training for Cross-Cultural Communication Facilitators, sponsored by Cal Poly Humboldt, Office of Diversity, Equity, and Inclusion
- 3-2021 American Association of Colleges of Nursing, Annual Dean's Meeting, Washington, DC.
- 8-2020 The Practice Apprenticeship, Part 3: Health Impact| Benner Institute series to address current trends in nursing
- 8-2020 Pivot to Online six-week online Teaching, Quality, Learning, & Teaching certification course through Cal Poly Humboldt Center for Teaching and Learning.
- 7-2020 Anti-Racism & Interprofessional Education in Cognitive Apprenticeship, Part 2: Health Impact|

- 6-2020 Benner Institute series to address current trends in nursing, Zoom  
The Formation of Everyday Ethical Comportment, Part 1: Health Impact | Benner Institute sought to address current trends in nursing education
- 6-2020 Equity, Justice, & the Future of Nursing, Nursology sponsored webinar on diversity, equity, inclusion, justice, and the future of nursing theory
- 6-2020 Leveraging Multimedia workshop, through Cal Poly Humboldt Center for Teaching & Learning.
- 3-2020 American Association of Colleges of Nursing, Essentials, Understanding the New Essentials for Deans
- 3-2020 California Public Health Statewide Summit between Academia and Practice, Leveraging Partnership  
between academia and practice to advance the public health workforce, Sacramento, CA.
- 2-2020 Association of California Nurse Leaders Annual Conference, Leading with Vision.
- 2-2020 Caring Science, Mindful Practice, Massive Open, Online certification Course, Introduction to Caring Science and Caritas framework.
- 11-2019 Sigma Global Nursing Biennial Convention, Washington, DC
- 10-2019 California Organization for Associate Degree Nursing & California Association of Colleges of Nursing, Joint Fall Conference, San Diego, CA.

## **SCHOLARLY ACTIVITIES**

### **Peer-Reviewed Publications & Presentations**

- Perris, K., (2024) Virtual Reality: An Immersive Experience for End-of-Life Education, abstract accepted for poster presentation at the California Organization for Associate Degree Nursing & California Association of Colleges of Nursing, Joint Academia, Fall Conference, Oct 2024, Los Angeles, CA.
- Perris, K., Edwards, N., Schunkewitz, J., (2024) "Leveraging First-Person Immersive Narratives to Accelerate Lived Adaptive Skills at Scale." Panel presenter- presented to Deans & Faculty at California Association of Colleges of Nursing, Spring Conference, Rancho Mirage, CA.
- Perris, K., (2018) "Advanced Access: Creating an Infrastructure for Success in Primary Care Doctor of Nursing Practice," (DNP) Projects. <https://repository.usfca.edu/dnp/122>
- Perris, K., (2015) "Improving Patient Satisfaction, Wait Times, and Access to Care in a College Health Setting; Expanding the RN Role as Prescribing Agent with Standardized Procedures," Master's Projects and Capstones. <https://repository.usfca.edu/capstone/214>

### **SCHOLARLY PRESENTATIONS & WEBINARS**

- 2-2025 Association of California Nurse Leaders Annual Conference-Panel Presenter, Hot Topics: AI in Nursing Education and Practice
- 9-2024 "Embodied Labs Academic Webinar," Invited Speaker, online interdisciplinary panel presentation to highlight innovation and best practices using Embodied Labs virtual reality, patient care simulation.
- 5-2021 Perris,K., Donahue, E., "Through the Eyes of the Patient": presentation to faculty during the Cal Poly Humboldt, Center for Teaching & Learning, Course Transformation Institute, highlighting, Embodied Labs Virtual Reality Simulation Project

- 2020 *“Primary Care, Care Coordination and Transition Management: New and Emerging Opportunities for Registered Nurses,”* Invited Speaker, SE Louisiana University School of Nursing
- 2019 *“Nurses Night Out” A Successful Strategy for Chapter Revitalization*”, Peer reviewed poster presentation presented at the 2019 Sigma Global Nursing Convention in Washington DC.
- 2018 *“Advanced Access: Creating an Infrastructure for Success in Primary Care.”* Final DNP Project, San Francisco, CA
- 2017 *“Leveraging Health Information Exchange for Care Transitions.”* Symposium on the Future of Complex Care, Petaluma, CA.
- 2016 *“The Future of Nursing: Beyond the Bedside.”* Panelist, Sponsored by the Fortuna Monday Club, Fortuna, CA.
- 2015 *“Improving Patient Satisfaction, Wait Times and Access to Care in a College Health Setting; Expanding the RN Role as a Prescribing Agent with Standardized Procedures.”* Final Master’s Capstone Project Presentation.
- 2015 *“Improving Patient Satisfaction, Wait Times and Access to Care in a College Health Setting; Expanding the RN Role as a Prescribing Agent with Standardized Procedures.”* University of San Francisco School of Nursing, CNL Poster Presentation, San Francisco, CA
- 2014 *“Expanding Access to Care with Nursing Protocols.”* Invited Speaker. Open Door Clinic, Arcata, CA

## **Grants**

- 2020-2022 Co-principal Investigator: Bowers, P., Perris, K., in partnership with North Coast Clinic Network; Area Health Education Center Scholars grant, \$30,000 in funds secured by North Coast Clinics Network and transferred to Cal Poly Humboldt Sponsored Programs to Nursing and social work students from the first cohort completed a two-year pilot. Each student conducted a community-based project and received a \$2,000.00 stipend and a certificate of completion.

## **SERVICE**

- 2025-Present Association of California Nurse Leaders, President, Far North Chapter
- 2025-Present Immediate Past President, California Association of Colleges of Nursing
- 2025-Present Director, Health Impact Board of Directors
- 2024-Present Co-Chair, Area 1 Agency on Aging
- 2024-Present Council Member, Health Care Access and Information, California Health Workforce Education and Training Council. Appointed by Senate President Pro-Tem Mike McGuire to represent the health workforce in the Northern Region of California.
- 2024-Present Counselor, Sigma Theta Tau, Omicron Omega Chapter
- 2021-Present Director, Area 1 Agency on Aging
- 2024-2025 President, California Association of Colleges of Nursing
- 2023-2025 State Grass Roots Liaison-Northern California, American Association of Colleges of Nursing Represent California during Capitol Hill day; lead members and students to Capitol Hill to meet with representatives about the current legislation impacting nursing.
- 2023-2024 President-Elect, California Association of Colleges of Nursing
- 2020-2025 Director, Hospice of Humboldt Board of Directors
- 2018-2024 President, Sigma Theta Tau-Omicron Omega Chapter

2018-2024 Director, Hospice of Humboldt Board of Directors  
 2021-2023 Director, Community Health Alliance  
 2019-2020 Secretary, Hospice of Humboldt Board of Directors  
 2018-2019 Student Absentee Review Board  
 2015-2018 Director, Sigma Theta Tau-Omicron Omega Chapter  
 2012-2018 Director, Six Rivers Planned Parenthood and Six Rivers Inc. Board of Directors

### **Committees and Work Groups**

2025-Present Stanford, School Based Mental Health ECHO Leadership Council  
 2025-Present California Association of Colleges of Nursing, Spring Conference Planning Committee, Nursing Education in the Spotlight of Excellence, Palm Springs, CA.  
 2023-Present Advisory Council, UC Davis, Betty Irene School of Nursing, Nursing Expansion Grant, Department of Labor. Provide consultation and oversight for the implementation of \$6 million grant to grow diversity in nursing faculty and instructors. Provided a letter of support for during the grant application process  
 2022-Present Stanford Native American Youth Mental Health, Experience Of Care, And Health Outcomes Project, Leadership Council  
 2024-2025 Co-Chair, California Association of Colleges of Nursing, Spring Conference Planning Committee, Partners, Practice, & Policy, Sacramento, CA.  
 2024-2025 Chair, California Association of Colleges of Nursing/California Association of Associate Degree Nursing, Joint Conference Planning Committee, "Enhancing Excellence in Nursing Education. Lights, Camera, Action," Los Angeles, CA. Oct 23-25,2024 The conference is geared to education and networking with university and community college deans, directors, and faculty, with approximately 250 attendees across California.  
 2024-2025 Senator at Large, Cal Poly Humboldt University Senate  
 2022-2025 Health Education Hub (simulation center project) steering committee  
 2022-2025 Sexual Assault & Prevention Committee, Cal Poly Humboldt  
 2021-2025 Chair, North Coast Concurrent Enrollment Program. Established memorandum of understanding to partner with the local community college, The College of the Redwoods on a concurrent enrollment program. First cohort of 11 students admitted to the Cal Poly Humboldt RN-BSN program, Fall 2024.  
 2021-2025 Faculty Affairs Committee, Cal Poly Humboldt  
 2020-2025 Hospice of Humboldt Quality Committee, Chair  
 2020-2025 Chair, Cal Poly Humboldt Nursing Program, Community Advisory Committee  
 2023-2024 Chair, California Association of Colleges of Nursing Conference Planning Committee, "An Oasis for Nursing Excellence, Rancho Mirage, CA, April 10-12, 2024. The conference was geared to education and networking with university college deans, directors, and faculty, with approximately 100 attendees across California.  
 2022-2023. California Association of Colleges of Nursing Planning Committee, Annual Conference, "Building our New Normal", Long Beach, CA. April 19-21, 2023. The conference was geared to educate and network with university college deans, directors, and faculty, with approximately 100 attendees across California.  
 2019-2022 Sling Shot Workforce Work Group

2019-2021	Hospice of Humboldt Finance Committee
2018-1019	Hospice of Humboldt Quality and Safety Committee
2016-2019	Quality Improvement Committee, Priority Care Center
2016-2019	Chair, Sexual Health Taskforce Provider Work Group
2016-2019	Humboldt County Sexual Health Task Force
2017-2018	Leadership Succession Committee, Sigma Theta Tau-Omicron Omega Chapter
2016-2017	Awards Committee, Sigma Theta Tau-Omicron Omega Chapter
2014-2016	Disaster Planning Committee, Humboldt State University, Student Health Center
2013-2016	Quality Improvement Committee, Humboldt State University Student Health Center
2013-2016	Six Rivers Planned Parenthood and Planned Parenthood NorCal. Gala Committee

## PRESENTATIONS

5-2024	Women for Wellness, Invited Speaker, panel presentation with College of the Redwoods and Providence St. Joseph, Nurse Leadership, presented about the impact of nursing education on workforce to Women for Wellness colleagues and community stakeholders, approximately 50 attendees.
12-2024	CSU/CCC partnerships: Expanding the number of BSN-prepared nurses in California, Panel Presenter, discussion about concurrent enrollment pathways and practice.
1-2024	Rotary, Arcata, Invited speaker, Cal Poly Humboldt Nursing Program presentation to Rotary Club members, Arcata, CA.
12-2023	Rotary, Eureka, Invited speaker, Cal Poly Humboldt Nursing Program presentation to Rotary Club members, Eureka, CA.
3-2023	Rotary, McKinleyville, Invited speaker, Cal Poly Humboldt Nursing Program presentation to Rotary Club members, McKinleyville, CA.
5-2021	Sigma Theta Tau International Honor Society, Invited speaker for panel discussion "Member Retention" webinar for Sigma leaders, online
10-2020	Chamber of Commerce, Fortuna, Invited speaker, Cal Poly Humboldt Nursing Program presentation to Fortuna Chamber of Commerce board members, online.

## PUBLICATIONS

8-2024	Perris K., Stewart, C., Times-Standard, College Matters: "Cal Poly, CR work to address the nursing shortage." <a href="#">link to article</a>
5-2022	Carter, D., Osprey Magazine (Interview), "Nursing returns to Cal Poly Humboldt."
11-2021	Mounce, M., Humboldt Now (Interview): Virtual reality helps nurses see different perspectives, build compassion in care.
3-2021	Jackson, Perris, Times-Standard, College Matters: "Thinking differently about health education and evolving opportunities for nurses." <a href="#">link to article</a>

## PEER REVIEW

2025	Abstract reviewer for California Association of Colleges of Nursing, Spring Academic Conference, podium, and poster presentations, Spring 2026
2024	Abstract reviewer for California Association of Colleges of Nursing, Spring Academic

2024 Conference, podium, and poster presentations, Spring 2025  
Abstract reviewer for California Association of Colleges of Nursing & California Organization of Associate Degree Nursing Joint Academic Conference, podium and poster presentations, Fall 2024

### **RECRUITMENT & OUTREACH ACTIVITIES**

9-2024 Lassen Community College Career Fair, Lassen Community College, 9-9-2023  
8-2024 60th Annual Klamath Salmon Festival, Klamath CA.8-17-24  
4-2024 Health Education & Community Summit, "Creating Community-Driven Solutions to the Healthcare Workforce Shortage," Lake County, CA.  
3-2024 Spring Preview, Cal Poly Humboldt, 3-30-2024  
11-2023 Saddleback Nursing Transfer Fair, Saddleback Community College, 11-8-2023  
11-2023 American Indian College Motivation Day, Cal Poly Humboldt, 11-3-2023  
9-2023 Lassen Community College Career Fair, Lassen Community College, 9-12-2023  
8-2023 59th Annual Klamath Salmon Festival, Klamath CA.8-19-23  
11-2022 Fall Preview, Cal Poly Humboldt, Cal Poly Humboldt, 11-5-2022  
9-2022 Lassen Community College Visit, Nursing presentation, Cal Poly Humboldt, 9-30-22  
8-2022 58th Annual Klamath Salmon Festival, Klamath CA. 8-30-2022  
4-2022 Spring Preview, Cal Poly Humboldt, Cal Poly Humboldt, 4-15-2022

### **AWARDS AND SCHOLARSHIPS**

2023 Health Resources and Service Administration Faculty Loan Repayment one-year extension awarded for additional-year service in rural/underserved region  
2021 Health Resources and Service Administration Faculty Loan Repayment Awarded for two-year service commitment in rural/ underserved areas.  
2015 Dean's Medal of Honor for Promoting Professionalism, University of San Francisco  
2014 Merit Scholarship, University of San Francisco

### **PROFESSIONAL MEMBERSHIPS**

2024-Present: American Association of Colleges of Nursing, Nursing Advancement Professionals  
2022-Present: Western States Simulation Alliance  
2020-Present: California Association of Colleges of Nursing  
2020-Present: International Meeting on Simulation in Healthcare  
2019-Present: Women for Wellness, Providence  
2019-Present: American Association of Colleges of Nursing  
2016-Present: American Academy of Ambulatory Care Nursing  
2016-Present: Association of California Nurse Leaders  
2015-Present: Sigma Theta Tau, Omicron Omega Chapter  
2014-Present: American Nursing Association