

Margaret M. Clausen, Psy.D.
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EDUCATION

Psy.D. Clinical Psychology

California Institute of Integral Studies, San Francisco, CA (APA Accredited at graduation, 2010)
Dissertation: *Fateful Embrace: Embodiment and Identity among Young Adults Living with Cancer*

Sensorimotor Psychotherapy

Sensorimotor Psychotherapy Institute
Trainer: Dr. Janina Fischer

EMDR 1 & 2

Alliant University
Trainer: Dr. Laurel Parnell

Clinical Hypnosis Certification

Center for Hypnotherapy

Master of Arts with Honors, Philosophical Theology

Graduate Theological Union and UC Berkeley, Berkeley, CA
Thesis: *Self-Definition among Black Womanist and White Feminist Philosophers' Use of Black Women's Literature*

Bachelor of Arts with Honors, Double Major Psychology & Religion

La Salle University, Philadelphia, PA

WRITING & RESEARCH INTERESTS

Intercultural understandings of health, illness, and healing; liberation psychology; psychodynamic-transpersonal perspectives on consciousness, trauma, the body, and addiction; psychophysiology, psychological impact of medical conditions, acquired disability, and young adults at end of life; post-materialist consciousness studies; nonpharmacological induction to mystical (psychedelic) states and applications to psychotherapy; spiritual competency and plurality in psychotherapy; clinician identity development; teaching, supervision, and professional development.

CURRENT EMPLOYMENT

Adjunct Professor

January 2026 – present

University of San Francisco – East Bay

Adjunct professor teaching in the Master of Arts Counseling Program. Teaching areas use expertise in adult development, substance use and addictions, geropsychology, trauma and crisis psychology, counseling theory, psychophysiology, and clinical case conferencing.

Didactic Instructor (part-time)

September 2008 – present

Instructor to students in training at various clinics, and at different points in their development. Please see the list of **Teaching Experience with Students** below. Duties include developing syllabi, tracking student development and progress, engaging students in learning, discussion, and application of skills, managing group dynamics, developing pedagogical styles that speak to different ways of student learning, and encouraging the development independent ways of thinking and applying knowledge in the real world. Students taught represent the spectrums of diversity, and topics of teaching always are focused on equally diverse populations served

Clinical Psychologist (part-time)

Private Practice
Berkeley, CA

September 2006 - present

Depth psychotherapy, consultation, teaching, and supervision.

Psychotherapy with individual adults with specialties in adult-onset trauma, grief and loss, life transitions, psychological impact of medical conditions, and transformational experiences. Niche focus on clinician-survivors of patient suicide. Employing relational, interpersonal, mindfulness, somatic, transpersonal, existential therapies. From 2006-2020, exclusive focus on complex trauma, addiction, and psychological impact of medical illness, as well as psychosomatic illness. 2020 specialties shifted to aforementioned.

Consultation to licensed clinicians, with focus on early career clinicians and clinicians seeking perspectives on risk assessment. Teaching continuing education to clinicians for their required ongoing learning. Supervision to clinicians-in-training.

TEACHING EXPERIENCE WITH STUDENTS

Adjunct Faculty, USF East Bay, MFT Counseling Program, 2026-present

Weekly Case Conference for Pre-doctoral Interns, January – August 2026
California Institute of Integral Studies Wellness Clinic

Nonlocal Consciousness and Applications to Depth Psychotherapy, Sept – December 2025
California Institute of Integral Studies Psychological Services Clinic

Somatic-Relational Conceptualization and Intervention, December 2025
California Institute of Integral Studies Wellness Clinic

Complex Trauma, Addiction, and Somatic Distress, 2019-2024.
Kaiser Permanente West Bay Training Seminars, San Francisco, CA.

“Unexplained” Physical Symptoms and the Language of Trauma, 2016-2020.
Kaiser Permanente West Bay Training Seminars, San Francisco, CA.

Clinician-Survivors of Patient Suicide, 2013-2018.
Kaiser Permanente West Bay Training Seminars, San Francisco, CA.

Introduction to Chronic Pain: Psychophysiological Approaches, 2013-2024.
Kaiser Permanent West Bay Training Seminars, San Francisco, CA.

Assessment and Treatment of Chronic Pain among Complex Elders, 2012.
Institute of Aging, Training Seminar, San Francisco, CA.

Integrative Trauma Assessment and Treatment, 2010-2012.
Marin County Health & Human Services, Psychology Training Seminars, Greenbrae, CA.

2026

Introduction to Psychology and Basic Counseling Skills, 2008-2010.
American Academy of Traditional Chinese Medicine, San Francisco, CA.

Complex Trauma & Addiction: Conceptualization to Treatment, 2008-2020.
Bay Area Addiction, Research, & Training (weekly seminar)

TEACHING EXPERIENCE WITH PROFESSIONALS (Physicians, Clinicians, Other Allied Staff)

Using Sound Frequencies to Soberly Induce Psychedelic States in Psychotherapy, March & April, 2026
CE Seminar via St. Luke Institute, Silver Spring MD (Zoom)

Exploring Your Mystical Psyche with Sound and Applications to Psychotherapy, February 2026
Spiritual Competency Academy CE Seminar, Berkeley, CA (Zoom)

Opening the Mystical Psyche with Sound in Psychotherapy, October 2025
Berkeley Psychotherapy Institute CE seminar, Berkeley, CA.

Global Pandemic and Societal-Level Traumatic Impacts. 2020 – 2022.
In service trainings for medical and multidisciplinary staff, Kaiser Permanente San Francisco.

Trauma-Informed Care in a Multidisciplinary Medical Clinic, 2019-2021.
Chronic Pain Management Program Grand Rounds Seminars, Kaiser Permanente, San Francisco.

Patient Communication Tips for Multidisciplinary Medical Staff, 2018-2020.
Chronic Pain Management Program Grand Rounds Seminars, Kaiser Permanente, San Francisco.

After a Patient Suicide: Retrospective Analysis, Grief Processing, and Documentation, 2018.
Sonoma State University Counseling Center Staff.

The “Trifecta” of Chronic Pain, Trauma Sequelae, and Addiction, 2017
Alameda County Psychological Association CE Seminar, 2017.

What Remains: Aftermath of Patient Suicide. 2015.
Psychotherapy Institute, CE seminar. Berkeley, CA.

What Remains: Aftermath of Patient Suicide. 2013.
Herrick Hospital Grand Rounds, Berkeley, CA.

Clinical Issues at the End of Life. 2012.
Women’s Cancer Resource Center CE seminar, Oakland, CA.

OTHER PREVIOUS EMPLOYMENT

Psychologist & Clinical Supervisor (part-time)

Chronic Pain Management Program
Kaiser Permanente, San Francisco, CA

September 2010 - August 2024

Psychologist and clinical supervisor in a medical specialty clinic serving a diverse adult population grappling with a wide spectrum of chronic pain, medical illness, addiction, psychosomatic illness, psychosocial stress, and psychiatric difficulties with special emphasis on complex trauma. Primary duties included: Primary and secondary clinical supervisor to multiple post-doctoral residents; didactic instructor; intensive day treatment program; group and individual biofeedback; group and individual mindfulness practices; individual clinical hypnosis; individual integrative brief psychotherapy; group psycho-education. Employing psychodynamic, existential, dialectical-behavioral, transpersonal and mindfulness perspectives. Postdoctoral Resident September 2010 – August 2011. Hired permanent staff September 2011.

Retreat Co-Leader (part-time)

Commonweal Cancer Help Program
 Bolinas, CA

October 2013 - August 2018

Psychotherapist providing group and individual psychotherapy in week long and weekend-long retreat formats. CCHP addresses the unmet needs of people with cancer. These include finding balanced information on choices in healing, mainstream and complementary therapies; exploring emotional and spiritual dimensions of cancer; discovering that illness can sometimes lead to a richer and fuller life; and experiencing genuine community with others facing a cancer diagnosis.

Clinical training prior to 2010, including Marin Health and Human Services (pre-doc); Laguna Honda Hospital, SF; Veterans Administration, Martinez; Bay Area Addiction, Research, & Treatment.

PUBLICATIONS

Opening the Mystical Psyche with Sound in Depth Psychotherapy, International Journal of Transpersonal Studies (under review).

What Remains: The Aftermath of Patient Suicide, psychotherapy.net:
<https://www.psychotherapy.net/article/suicide-aftermath-psychotherapy-clients>

Whiteness matters: exploring white privilege, color blindness, and racism in psychotherapy,
 psychotherapy.net: <https://www.psychotherapy.net/article/racism-white-privilege-psychotherapy>

CONFERENCE PRESENTATIONS

Opening the Mystical Psyche with Sound in Depth Psychotherapy. 2025. California Institute of Integral Studies International Alumni Conference.

Being in the World and Of It: Expansion of Consciousness in the Everyday. 2024. International Association for Near Death Studies Conference, Phoenix, Arizona.

Nonpharmacological Interventions for Pain. 2012. National Geriatric and Palliative Care Conference, San Francisco, CA.

Embodiment Among Young Adults with Cancer: A Preliminary Study. 2008. International Psycho-Oncology Conference, Irvine, CA.

Buddhist-Psychodynamic Case Formulation in a Methadone Maintenance Clinic. Paper presentation. 2007 American Psychological Association National Conference, San Francisco, CA.

VOLUNTEER ACTIVITIES

Research Assistant, Institute of Noetic Sciences

Recent projects: cross-cultural research of embodied communication, healing, and gut telepathy; compiling medical case reports on spontaneous remission of medical illnesses.

MEMBERSHIPS

APA Society of Humanistic Psychology: <https://www.apa.org/about/division/div32>

Institute of Noetic Sciences: <https://noetic.org/>

The Scientific and Medical Network: <https://scientificandmedical.net/>