

LACEY MORRIS

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OBJECTIVE: Passionate about mental health and making the difference in the lives of others deeply and effectively.

PROFESSIONAL SUMMARY

Highly self-motivated Licensed LMFT that requires a minimum of supervision. Proficient in prioritizing and completing tasks in a timely manner while maintaining emphasis on highest quality. Excellent listening and communication skills, comfortable with interacting at all levels of an organization. Extensive and diverse experience, able to negotiate and problem solve quickly accurately and efficiently. Adaptable to client needs.

HIGHLIGHTS OF QUALIFICATIONS

- Passionate about mental health, hospice care and the welfare of individuals and families
- Trained clinically in trauma informed care, mental health and addiction treatment
- Created group curriculum for a variety of populations such as: terminal patients, trauma and addicts
- Incorporate elements of art therapy and strength based practices in all the work I embody
- Work with all clients in a compassionate lens and instill hope as a basic foundation of my practice

PROFESSIONAL EXPERIENCE

Trauma and Beyond Center, Sherman Oaks, CA

July 2024 – July 2025

Group Therapist/Therapist

- Facilitate weekly support groups that range from Art Therapy, Somatic Experiences and DBT Skills
- Provide counseling and crisis management to weekly clients
- Develop unique detailed plans for individualized clients

Reconnect Trauma Center, Pacific Palisades, CA

December 2023 – August 2024

Licensed Group Therapist

- Facilitated seven groups weekly that range from CBT, Art Therapy, Psychoeducation and other modalities
- Educated clients on trauma and assist them in stabilizations using various methodology
- Collaborated and planned with staff in team meetings

Passages, Malibu, CA

August 2023 – May 2023

Group Facilitator/Therapist

- Provided counseling and crisis management to up to ten clients a week
- Held a variety of support groups weekly to support clients in addiction recovery
- Developed new curriculum weekly to adapt to clients needs including offering: art, meditation and movement

Bay Area Cancer Connections, Palo Alto, CA

August 2018 – January 2024

Grief Facilitator

- Lead monthly therapy groups ranging from recovery, to early diagnosed cancer patients
- Held compassionate and non-judgmental space and altered therapy depending on clients' needs
- Provided resources and education to support clients who needed further assistance in their end of life care

Coastal Turning Point, Santa Cruz, CA

August 2019 – January 2020

Addiction Counselor/Group Facilitator

- Conducted individual and group therapy for adolescents, young adults with emphasis on addiction recovery
- Used evidence based therapy such as CBT, DBT, Psycho-educational with patients to establish strategies
- Completed progress notes and other pertinent paperwork in compliance with state regulations

Coastal Kids Home Care, Monterey, CA

March 2015 – February 2020

Hospice Bereavement Specialist

- Worked independently as a contractor at client homes
- Primarily worked with terminally ill kids bringing play and art to the bedside
- Provided bereavement support and counseling services to the family

Family Matters Counseling, San Jose, CA

November 2018 – January 2019

Marriage and Family Therapist Intern

- Provided counseling services for up to ten clients a week
- Worked with couples, families and individuals
- Used a variety of different therapies such as art, cognitive behavioral, and psychodynamic

Brown Therapy Group, Los Gatos, CA

October 2015 – October 2018

Marriage and Family Therapist Intern

- Provided counseling services for up to twenty clients a week
- Worked with couples, families and individuals
- Used a variety of different therapies such as art, cognitive behavioral, and psychodynamic
- Provided management and admin support when needed

Camp for Recovery Center, Scotts Valley, CA

December 2017 – January 2018

Art Therapy Facilitator

- Led a weekly art therapy group
- Developed curriculum tailored toward addictive clients
- Dealt with clients one on one process issues when needed
- Participated in management strategy sessions

UCSF Hospital, San Francisco, CA

January 2008 – January 2009

Art Therapy Intern

- Managed several cases in coordination with my Supervisor
- Worked mostly with cancer patients bringing art to the bedside with powerful results
- Participated in regularly scheduled group meetings to discuss client progress

Cedars Sinai, Los Angeles, CA

January 2005 – January 2007

Music Therapy Intern

- Coordinated treatment plans with supervisor and floor nurses
- Incorporated different forms of music to assist in healing
- Treated Hospice and Cancer patients while working there

EDUCATION and SPECIALIZED TRAINING

MA, Counseling Psychology, MFT Specialization: Expressive Arts Therapy Spring 2016
John F. Kennedy University, San Jose, CA

BA, Dance, Specialization in Holistic Health Spring 2010
San Francisco State University, San Francisco, CA

CERTIFICATIONS: Registered LMFT Therapist, Registered Expressive Arts Therapist, Yoga Certified

