

CURRICULUM VITAE
Joyce P. Yang, PhD

CONTACT INFORMATION

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CURRENT POSITION

2025 - Associate Professor
Department of Psychology
University of San Francisco

2019 - 2025 Assistant Professor
Department of Psychology
University of San Francisco

EDUCATION

2003 I.B.D., International Baccalaureate Diploma
Shanghai American School, Shanghai, China

2007 A.B., Biology and Psychology
Washington University in St. Louis

2008 M.A., Experimental Psychology
Boston University

2012 M.S., Clinical Psychology
University of Washington

2013 Diversity Science Specialization
University of Washington

2016-2017 Clinical Internship
VA Palo Alto Health Care System

2017 Ph.D., Clinical Psychology (APA-Approved)
University of Washington

2017-2019 Post-doctoral Research Fellow
Advanced Fellowship in Mental Illness Research and Treatment
Department of Psychiatry and Behavioral Sciences
Stanford University School of Medicine

National Center for PTSD – Dissemination & Training Division
VA Palo Alto Health Care System

HONORS AND AWARDS

- 2013 Graduate Student Travel Award, Graduate School Fund for Excellence and Innovation
University of Washington
- 2013 Wagner Fund Fellow Award, Department of Psychology
University of Washington
- 2015 Graduate Student Service Award, Graduate Action Committee
University of Washington
- 2016 Distinguished Service Award, Department of Psychology
University of Washington
- 2013, Excellence in Teaching Commendation, Department of Psychology
2014, 2016 University of Washington
- 2024 Post-Sabbatical Merit Award, College of Arts & Sciences
Award Honorarium: \$3000
University of San Francisco
- 2025 2025 Recipient of the Distinguished Research Award, College of Arts & Sciences
Award Honorarium: \$4500
University of San Francisco

RESEARCH FUNDING

1. Association of Psychological Science
Fund for Teaching and Public Understanding of Psychological Science
Role: Principal Investigator, \$5000
Title: “Labor-based grading contracts as anti-bias anti-racist (ABAR) pedagogical tools in psychology”
Period: 5/30/25 – 5/30/26
2. Department of Education
Open Education Resources for Social Justice
Role: Principal Investigator, \$40,000
Title: “Creating open access resources for an anti-bias anti-racist (ABAR) Introduction to Psychology”
Period: 5/8/2023 - 12/31/2025
3. University of San Francisco Faculty Development Fund
Role: Principal Investigator, \$2500
Title: “Oppression-based traumatic stress among gender expansive adults”
Period: 11/3/2022-11/2/2023
4. University of San Francisco Faculty Development Fund
Role: Principal Investigator, Total funding: \$7200
Title: “Examining labor-based grading contracts as anti-bias and anti-racist assessment tools”
Period: 11/3/2022-11/2/2024
5. University of San Francisco Faculty Development Fund
Role: Principal Investigator; Total funding: \$6182
Title: “COVID-19 Related Race-based Stress Affecting AAPI and Allied College Students”
Period: 5/7/2020 – 11/10/2022
6. NIH/Fogarty International Center (R21TW011277)

Role: Consultant; \$186,800; PI: Weiti Chen
 Title: “Project BURMESE: Buddhist Understanding and Reduction of Myanmarese Experiences of Stigma and Exclusion”
 Period: 5/4/2019 – 4/30/2021

7. NIH/National Institute of Mental Health (F31MH099925)
 Role: Principal Investigator; \$147, 428
 Title: “Reducing psychological distress of HIV+ parents and their families in China”
 Period: 9/15/2012- 8/31/2016
8. University of Washington Robert C Bolles Graduate Fellowship
 Role: Principal Investigator; \$1,250
 Title: “Reducing psychological distress of HIV+ parents and their families in China”
 Period: 3/3/2015 – 3/2/2016
9. Center for AIDS Research (CFAR) Trainee Support Grant
 Role: Principal Investigator, \$800
 Title: “Reducing psychological distress of HIV+ parents and their families in China”
 Period: 3/3/2015 – 3/2/2016

PROFESSIONAL ROLES

Teaching Positions

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| 2010, 2011 | Teaching Assistant, Abnormal Psychology (PSYCH 305; 3 quarters), Department of Psychology, University of Washington (UW) |
| 2011, 2012 | Teaching Assistant, Introduction to Psychology (PSYCH 101; 2 quarters), Department of Psychology, UW |
| 2013, 2014 | Teaching Assistant, Racism and Minority Groups (PSYCH 250; 2 quarters), Department of Psychology, UW |
| 2015 | Teaching Assistant, CBT for Depression (PSYCH 544; 1 quarter), Department of Psychology, UW |
| 2015 | Teaching Assistant, Clinical Methods: Interviewing (PSYCH 587; 1 quarter), Department of Psychology, UW |
| 2016 | Teaching Assistant, Clinical Methods: Ethics (PSYCH 588; 1 quarter), Department of Psychology, UW |

Research Positions

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| 2004-2005 | Research Intern, Pediatric Emergency Medicine Research Associate Program, St. Louis Children’s Hospital, Washington University in St. Louis |
| 2007-2008 | Graduate Research Assistant, Cross-Cultural Emotion Lab and Addictive Behaviors Research Program, Boston University |
| 2008-2010 | Research Project Coordinator, Center for Anxiety Related Disorders, Boston University |
| 2010-2012 | Graduate Research Assistant, Department of Psychology, University of Washington |
| 2012-2016 | Pre-doctoral Research Fellow, Department of Psychology, University of Washington |
| 2017-2019 | Post-doctoral Research Fellow, Department of Psychiatry and Behavioral Sciences, Stanford University; National Center for PTSD, VA Palo Alto Health Care System |

Clinical Positions

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| 2011-2016 | Staff Therapist, University of Washington Psychological Services and Training Center |
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2013 Practicum Therapist, Inpatient Psychiatry, University of Washington Medical Center
 2013-2015 Practicum Therapist, Dialectical Behavior Therapy Treatment Development Clinic, Behavioral Research and Therapy Clinics, University of Washington
 2013-2016 Skills Leader for Dialectical Behavior Therapy, Opal Food and Body Wisdom Eating Disorders Treatment Center
 2015 Clinic Intake Coordinator, Psychological Services and Training Center, University of Washington
 2016 Assessment Coordinator, Learning Disability and ADHD Assessment LEARN Clinic, University of Washington
 2016-2017 Psychology Intern: Behavioral Medicine, Homeless Veterans' Rehabilitation Program, Men's Trauma Recovery Program, VA Palo Alto Health Care System
 2017-2018 Post-doctoral Fellow, PTSD Outpatient Clinical Team, VA Palo Alto Health Care System
 2019 Post-doctoral Fellow, Family Therapy Clinic, VA Palo Alto Health Care System
 2018-2019 Licensed Clinical Psychologist, Bay Area On-site and Telehealth, Lyra Health
 2018- Licensed Clinical Psychologist, Peninsula Behavioral Health

Mentoring

2010-2016 Graduate Mentor, Department of Psychology, University of Washington
 Mentored and supervised 11 undergraduate research assistants in qualitative and quantitative research methods and career development.

2019-2021 PsyD Dissertation Committee, School of Nursing and Health Professions, USF
 Mentee: Swapandeep Mushiana, Clinical Psychology PsyD, successfully defended on 4/8/2021. Title: Patient reported outcomes in sickle cell disease examined within a conceptual model

2020-2022 PsyD Dissertation Committee, California School of Professional Psychology, Alliant International University, San Diego
 Mentee: Kenedy Ramos, Clinical Psychology PsyD, successfully defended on 7/7/2022. Title: An exploration of familial racism in Black/African American/AfroCarribean/AfroLatinx/Latinx and white Biracial Individuals

2021- PsyD Dissertation Committee, School of Nursing and Health Professions, USF
 Mentee: Yliana Hudor, Title: The impact of experiencing racial discrimination during the age of identity exploration on emerging adults from racial/ethnic minority backgrounds.

2021- PsyD Dissertation Committee, School of Nursing and Health Professions, USF
 Mentee: Nicole-Jasmin Clark, Title: Resiliency factors of former juvenile offenders enrolled in postsecondary education

2023- PsyD Dissertation Committee, School of Nursing and Health Professions, USF
 Mentee: Keerthi Sundaramurthy, Title: The use of meditation with BIPOC trauma survivors

- 2023- PsyD Dissertation Committee, School of Nursing and Health Professions, USF
Mentee: Mei Tam, Title: Identity development for queer East Asian American young adults during the coming out process to family
- 2022-2023 Postdoctoral Clinical Supervisor, Peninsula Behavioral Health, Palo Alto CA
Supervisee: Lianzhe Zheng, Ph.D., Boston College, specializing in race-based stress and trauma

Ad-hoc Reviewer

1. *Journal of Consulting and Clinical Psychology*
2. *Cultural Diversity and Ethnic Minority Psychology*
3. *Health Psychology*
4. *Journal of Homosexuality*
5. *AIDS and Behavior*
6. *AIDS Care*
7. *American Journal of Public Health*
8. *Asian/Pacific Island Nursing Journal*
9. *Social Science Research*
10. *Community Mental Health Journal*
11. *Journal of Affective Disorders*
12. *Stigma and Health*
13. *Psychological Trauma: Theory, Research, Practice, and Policy*
14. *Clinical Psychological Science*
15. *Journal of Racial and Ethnic Health Disparities*
16. *Johns Hopkins University Press*
17. *Asian American Journal of Psychology*
18. *Trauma, Violence, & Abuse*
19. *Race and Justice*

LICENSURE AND PROFESSIONAL MEMBERSHIPS

- 2012- American Psychological Association; Division 45 Society for the Psychological Study of Culture, Ethnicity, and Race
- 2012- Asian American Psychological Association
- 2015- Association for Psychological Science
- 2017- International Society for Traumatic Stress Studies
- 2018- Licensed as Psychologist in the State of California
- 2022- Association of Behavioral and Cognitive Therapies

UNIVERSITY/HOSPITAL COMMITTEES

- 2010-2014 Cohort Representative, Advisory Committee for Clinical Psychology, Department of Psychology, UW
- 2010-2014 Member, Diversity Steering Committee, Department of Psychology, UW
- 2010-2016 Member, Graduate Office and Minority Affairs Program, UW
- 2013-2015 Graduate Consultant, Asian Coalition for Equality, UW
- 2014-2016 Co-Chair, Diversity Steering Committee, Department of Psychology, UW

2015	Student Member, Faculty Search Committee, Department of Psychology, UW
2016-2019	Member, Psychology Service Diversity Committee, VA Palo Alto Health Care System
2017-2019	Member, Stanford University Postdoctoral Association Diversity Committee, Stanford University
2019-	Member, Probationary Caucus, University of San Francisco Faculty Union

ORIGINAL PUBLICATIONS IN PEER-REVIEWED JOURNALS

**denotes mentees/students

1. Chan, R.,** Nhan, E.R.,** Williamson-Raun, A.,** & **Yang, J.P.** (2025). The weight of rejection: Rejection sensitivity's impact on psychological outcomes of COVID-19 anti-Asian racism. *Asian American Journal of Psychology*. Advance online publication. DOI: 10.1037/aap0000389
2. Do, Q. A.,** Scott, S. B., Gaska, K. A., Nhan, E. R., Knopp, K., Bassi, R., **Yang, J. P.** (2025). Asian American women's experiences of health care inaccessibility and associated health outcomes: A mixed-methods study. *International Journal of Science & Healthcare Research*. 2025, 10(2), 1-15. DOI:10.52403/ijshr.20250201
3. **Yang, J.P.**, Chan, R.,** Williamson-Raun, A.,** Nhan, E. R.,** & Tung, E. L. (2025). "It was frightening because it could be my own grandparents": A qualitative study of vicarious exposure to anti-Asian racism. *Psychological Trauma: Theory, Research, Practice, and Policy*. Advance online publication. DOI:10.1037/tra0001876
4. **Yang, J. P.**, Gaska, K. A., Do, Q. A., Tung, E. L., & Scott, S. B. (2024). Unfair Racial Treatment in Health Care, Healthcare Utilization, and Health Status among Black, Indigenous, Women of Color (BIWOC). *Journal of Prevention and Health Promotion*, 5(4), 553-567. DOI: 10.1177/26320770241248455
5. Nhan, E.R.,** Williamson-Raun, A.,** Chan, R.** & **Yang, J.P.** (2024). Ethnic identity protects and internalized racism harms health and coping in Asian Americans following COVID-19 discrimination: A mixed-methods study. *Journal of Racial and Ethnic Health Disparities*, epub ahead of print. DOI: 10.1007/s40615-024-02000-5
6. **Yang, J.P.**, Do, Q.,** Nhan, E.R.,** & Chen, J. A. (2023). A mixed methods study of race-based stress and trauma affecting Asian Americans during COVID. *Clinical Psychological Science*, 12(3), 468-485. DOI: 10.1177/21677026231180810
7. **Yang, J.P.**, Shiu, C.S., Zhang, L., Wang, K., Lu, H.Z., Zhao, H.X., & Chen, W.T. (2023). Health disparities affecting HIV-positive substance users in China. *Applied Nursing Research*, 73, 151729. DOI: 10.1016/j.apnr.2023.151729
8. Ogunnowo, S., Zakrison, T., Baird, B., Erben, Y., Tung, E., **Yang, J.P.**, & Dorsey, C. (2023). Exploring experiences of traumatic microaggressions towards surgeons and surgical residents. *Journal of Surgical Research*, 295, 191-202. DOI: 10.1016/j.jss.2023.10.018
9. Huang, F., Chen, W., Shiu, C., **Yang, J.P.**, Zhao, H. (2023). Relationships between spirituality and mental stress in people living with HIV in China: A cross-sectional study. *Mental Health, Religion & Culture*, 26(3), 276-289. DOI: 10.1080/13674676.2023.2219620
10. Nguyen, H., Do, Q.A.,** Schact, R., **Yang, J.P.**, George, W., & Pantalone, D. (2023). Culture and partner violence: Examining loss of face, acculturation, behavioral intentions, and risk perception among Asian American college women. *Journal of Family Violence*. DOI: 10.1007/s10896-023-00519-5

11. Scott, S., Knopp, K., **Yang, J.P.**, Do, Q. A.,** & Gaska, K. (2022). Sexual minority women, health care discrimination, and poor health outcomes: A mediation model through delayed care. *LGBT Health*, 10(3), 202-210. DOI: 10.1089/lgbt.2021.0414
12. Scott, S., Gaska, K., Knopp, K., Do, Q.,** & **Yang, J.P.** (2022). Sexual minority women and discriminatory healthcare experiences: An intersectional evaluation across race and ethnicity. *Women's Health Issues*, 33(2), 160-166. DOI: 10.1016/j.whi.2022.10.007
13. Do, Q.A.,** **Yang, J.P.**, Gaska, K., Knopp, K., Scott, S. (2022). Centering Asian American women's health: Prevalence of health care discrimination and associated health outcomes. *Journal of Racial and Ethnic Health Disparities*, 10, 797-804. DOI: 10.1007/s40615-022-01267-w
14. **Yang, J.P.**, Nhan, E., & Tung, E.L. (2022). COVID-19 Anti-Asian Racism and Race-based Stress: A phenomenological qualitative media analysis. *Psychological Trauma: Theory, Research, Practice, and Policy*, 14(8), 1374-1382. DOI: 10.1037/tra0001131
15. Tung, E.L., Peek, M.E., Rivas, M., **Yang, J.P.**, & Volerman, A. (2021). Association of neighborhood disadvantage with racial disparities in COVID-19 positivity and outcomes in Chicago. *Health Affairs*, 40(11), 1784-1791. DOI: 10.1377/hlthaff.2021.00695
16. Sun, M., Chen, W., **Yang, J.P.**, Bao, M., & Lu, H. (2020). Concerns of parental HIV disclosure in China. *Clinical Nursing Research*, Epub ahead of print. DOI: 10.1177/1054773820932725
17. **Yang, J.P.**, Simoni, J., Dorsey, S., Lin, Z., Bao, M., Sun, M., & Lu, H. (2019). Reducing distress and promoting resilience: A preliminary trial of a CBT skills intervention among recently HIV-diagnosed MSM in China. *AIDS Care*, 30(sup5), s39-s48. DOI: 10.1080/09540121.2018.1497768 [Top 10 most downloaded article of 2021]
18. Smith, N., Voisin, D., **Yang, J.P.**, & Tung, E. (2019). Keeping your guard up: Hypervigilance among urban residents affected by community and police violence. *Health Affairs*, 38(10), 1662-1669.
19. Aunon, F., Simoni, J., **Yang, J.P.**, Shiu, C., Chen, W., Edmunds, S., Ramaiya, M., Cheng, J., & Zhao, H. (2019). Depression and anxiety among HIV-positive men who have sex with men and men who have sex with women in China. *AIDS Care*, 32(3), 362-369. DOI: 10.1080/09540121.2019.1683803
20. Tung, E., Hampton, D., Kolak, M., Rogers, S., **Yang, J.P.**, & Peek, M. (2019). Racial and ethnic disparities in geographic access to trauma care: A multi-method study of America's urban trauma deserts. *JAMA Network Open*, 2(3): e190138. DOI: 10.1001/jamanetworkopen.2019.0138
21. Chen, W., Shiu, C., **Yang, J.P.**, Chuang, P., Berg, K., Chen, L., & Chi, P. (2019). Tobacco, alcohol, drug use, and intimate partner violence among MSM living with HIV. *Journal of the Association of Nurses in AIDS Care*, 30(6), 610-618. DOI:10.1097/JNC.0000000000000090
22. Chen, W., Shiu, C., **Yang, J.P.**, et al. (2019). Tobacco use and HIV symptom severity in Chinese people living with HIV. *AIDS Care*, 32(2), 217-222. DOI: 10.1080/09540121.2019.1620169
23. Chen, W., Shiu, C., **Yang, J.P.**, et al. (2018). Quality of life in HIV-infected Chinese women and their family caregivers: An intervention study. *AIDS Care*, 30(12), 1572-1579. DOI: 10.1080/09540121.2018.1510095
24. Nguyen, H., Schacht, R., **Yang, J.P.**, George, W., & Pantalone, D. (2018). Asian American women's victimization history and in-the-moment responses to partner violence. *Journal of Interpersonal Violence*. Epub ahead of print. DOI: 10.1177/0886260518770186

25. Chen, W., Shiu, C., **Yang, J.P.**, et al. (2018). Substance use, anxiety, and self-management efficacy in HIV-positive individuals: A mediation analysis. *Journal of Substance Use*, 23(4), 408-414. DOI: 10.1080/14659891.2018.1436603
26. **Yang, J.P.**, Simoni, J., Cheryan, S., Shiu, C., Chen, W., Zhao, H., & Lu, H. (2018). The development of a brief HIV-related distress reduction intervention for newly diagnosed individuals in China. *Cognitive & Behavioral Practice*, 25(2), 319-334. DOI: 10.1016/j.cbpra.2017.08.002
27. Chen, W., Shiu, C., **Yang, J.P.**, et al. (2018). A structural equation model of patient-healthcare provider relationships and HIV-infected patient outcomes in Chinese populations. *AIDS Care*, 30(3), 383-390. DOI: 10.1080/09540121.2017.1380778.
28. **Yang, J.P.**,[‡] Xie, T.,^{***} Simoni, J., Shiu, C., Chen W., Zhao, H. & Lu, H. ([‡]Authors contributed equally to study). (2017). "Unable to be a human being in front of other people": A qualitative study of self-isolation among people living with HIV/AIDS in China. *Journal of Clinical Psychology in Medical Settings*, 24(3), 211-222. DOI: 10.1007/s10880-017-9513-z
29. Simoni, J., Aunon, F., Kemp, C...**Yang, J.P.** (*Authors after first author contributed equally and are listed alphabetically; 2017). The next generation of research on HIV Adherence Interventions: No time to wait. *The Lancet Infectious Diseases*, 17(6), 564-565. DOI: 10.1016/S1473-3099(18)30106-8.
30. Lin, Z., Chen, W., **Yang, J.P.**, Bao, M., Zhang, J., Sun, M., Qiu, Y., et al. (2017). Disclosing parental HIV status to children in China: Lessons learned through an intervention study. *Journal of the Association of Nurses in AIDS Care*, 28(1), 130-41. DOI:10.1016/j.jana.2016.09.006
31. Nelson, K., **Yang, J.P.**, Maliken, A., Tsai, M., & Kohlenberg, R. (2016). Introduction to using structured evocative activities in Functional Analytic Psychotherapy. *Cognitive & Behavioral Practice*, 23(4), 459-63. DOI: 10.1016/j.cbpra.2013.12.009
32. Yu, Y., Hu, M., Liu Z., Liu H., **Yang, J.P.**, Zhou, L., & Xiao S. (2016). Recognition of depression anxiety, and alcohol abuse in a Chinese rural sample: a cross sectional study. *BMC Psychiatry*, 16(93). DOI: 10.1186/s12888-016-0802-0
33. **Yang, J.P.**, Xie, T.,^{**} Simoni, J., Shiu, C., Chen, W., Zhao, H., & Lu, H. (2016). A mixed-methods study supporting a model of Chinese parental HIV disclosure. *AIDS & Behavior*, 20(1), 165-73. DOI: 10.1007/s10461-015-1070-6
34. **Yang, J.P.**, Leu, J., Simoni, J., Chen, W., Shiu, C., & Zhao, H. (2015). 'Please don't make me ask for help': Implicit social support and mental health in Chinese individuals living with HIV/AIDS. *AIDS & Behavior*, 19(8), 1501-9. DOI: 10.1007/s10461-015-1041-y
35. Simoni, J., **Yang, J.P.**, Shiu, C., Chen, W., Udell, W., Bao, M., Zhang, L., & Lu, H. (2015). Nurse-delivered counseling intervention for parental HIV disclosure: Results from a pilot randomized controlled trial in China. *AIDS*, 29, S99-107. DOI: 10.1097/QAD.0000000000000664
36. Yu, Y. **Yang, J.P.**, Shiu, C., Simoni, J., Xiao, S., Chen, W., & Rao, D. (2015). Psychometric testing of the Chinese version of the Medical Outcomes Study Social Support Survey (MOS-SSS-CM) among people living with HIV/AIDS in Mainland China. *Applied Nursing Research*, 28(4), 328-33. DOI: 10.1016/j.apnr.2015.03.006
37. Yu, Y., Liu, Z., Hu, M., Liu, H., **Yang, J.P.**, Zhou, L., & Xiao, S. (2015). Mental health help-seeking intentions and preferences of rural Chinese adults. *PLOS One*, 10(11), e0141889. DOI:10.1371/journal.pone.0141889

38. Yu, Y., Liu, Z., Liu, X., Hu, M., Liu, H., **Yang, J.P.**, Zhou, L., & Xiao, S. (2015). Assessment of mental health literacy using a multi-faceted measure among a Chinese rural population. *BMJ Open*, 5(10), e009054. DOI: 10.1136/bmjopen-2015-009054
39. Yu, Y., Shiu, C., **Yang, J.P.**, Chen, W.T., & Simoni, J. (2014). Factor analyses of a social support scale using two methods. *Quality of Life Research*, 24(4), 787-94. DOI:10.1007/s11136-014-0815-4
40. Fredriksen-Goldsen, K., Simoni, J., Kim H., Lehavot, K., Walters, K., **Yang, J.P.**, Hoy-Ellis, C., & Muraco, A. (2014). The Health Equity Promotion Model: Reconceptualization of lesbian, gay, bisexual, and transgender (LGBT) health disparities. *American Journal of Orthopsychiatry*, 84(6), 653-63. DOI: 10.1037/ort0000030
41. Chen, W., Guthrie, B., Shiu, C., **Yang, J.P.**, Weng, Z., Wang, L et al. (2014). Acculturation and perceived stress in HIV+ immigrants: Depression symptomatology in Asian and Pacific Islanders. *AIDS Care*, 26(12): 1581-5. DOI: 10.1080/09540121.2014.936816
42. Nelson, K., Leickly, E., **Yang, J.P.**, Pereira, A., & Simoni, J. (2014). The influence of sexually explicit online media on sex: Do men who have sex with men believe they “Do what they see”? *AIDS Care*, 26(7): 931-4. DOI: 10.1080/09540121.2013.871219
43. Chen, W., Shiu, C., **Yang, J.P.**, Simoni, J., Fredriksen-Goldsen, K., Lee, T., & Zhao, H. (2013). Antiretroviral Therapy (ART) side effect impact on quality of life and depressive symptomatology: A mixed-method study. *Journal of AIDS & Clinical Research*, 4(6), 218-26. DOI: 10.4172/21556113.1000218
44. Chen, W., Shiu, C., **Yang, J.P.**, Lee, S., Lee, T., Simoni, J., Bao, M., & Lu, H. (2013). Fatigue and sleep disturbance related to perceived stress in Chinese HIV-positive individuals: A mixed methods study. *Journal of AIDS & Clinical Research*, 4(6), 214-22. DOI: 10.4172/2155-6113.1000214.
45. Caldwell-Harris, C., Konrod, A., & **Yang, J.P.** (2013). Do more, say less: Saying *I love you* in Chinese and American Cultures, *Journal of Intercultural Pragmatics*, 10(1), 41-69. DOI: 10.1515/ip2013-0002

BOOK CHAPTERS and OTHER PUBLICATIONS

1. Cheung, V., **Yang, J.P.**, Chun, K. (2023). Chinese, Korean, and Japanese Immigration to the US: Migration patterns and psychological adjustment. In G. Rich, J. Kuriansky, U. Gielen, & D. Kaplan. (Eds.) *Psychosocial Experiences and Adjustment of Migrants: Coming to the USA*. Elsevier.
2. **Yang, J.P.** & Carter, S. (2020). Loss, grief, and racial health disparities during COVID-19: Same storm, different boats. *Journal of Interdisciplinary Perspectives and Scholarship*, 3(5). <https://repository.usfca.edu/jips/vol3/iss1/5>
3. Valenstein-Mah, H., **Yang, J.P.**, Staples, J.M., & Nielsen, E. (2020). Finding the Middle Path between dependence and autonomy: Trainee experiences in Dialectical Behavior Therapy Supervision. *DBT Bulletin*, 3(1), 28-32.
4. Jopling, R., **Yang, J.P.**, Meffert, S., Müller, M., & Abas, M. (2019). Lessons learned from research innovations in depression and HIV in low and middle-income countries. In S. Okpaku (Ed.), *Innovations in Global Mental Health*. Cham, Switzerland: Springer.
5. **Yang, J.P.** and Linehan, M.M. (2017). A Case Study of Dialectical Behavior Therapy for Borderline Personality Disorder. In E. Rodolfa & J. Schaffer (Eds.), *A Casebook and Workbook for Users of the ICD-10-CM: Psychological and Behavioral Considerations* (Ch. 15). Washington, D.C.: American Psychological Association.

6. Nelson, K., **Yang, J.P.**, Molina, Y., & Simoni, J. (2015). Peer-Based Intervention Approaches. In: Hope, T., Richman, D. D., Stevenson, M., Eds. *Encyclopedia of AIDS*. New York, NY: Springer Science+Business Media.
7. **Yang, J. P.** (2015). This is my protest: What psychologists can contribute to conversations about Ferguson and #BlackLivesMatter. *The Winnower*, 2, e143917.74230.
8. Simoni, J., **Yang, J.P.**, & Porricolo, M. (2012). Family and HIV Medical Adherence. In W. Pequegnat & C.C. Bell (Eds.), *Family and HIV/AIDS: Culture and Contextual Issues in Prevention and Treatment* (Ch.10). New York: Springer.

CONFERENCE PRESENTATIONS

1. Austria, R. A., Nangwala J., Hill, M., Hoang, V., Malik, S., Russell, D., & **Yang, J. P.** (2025, May). The Empowering Voices Project: Preliminary findings and process fieldnotes from a community-based participatory research collaboration. Oral presentation at the University of San Francisco Creative Activity and Research Day (CARD), San Francisco, CA.
2. Ibrahim, M., Hospes, C., Dummer, C., ... & **Yang, J.P.** (2025, April). Decolonizing the introductory psychology course: Marginalized students' perceptions and experiences. Poster presented at the 2025 Society for the Teaching of Psychology APA Division 2 - Midwest Psychological Association Conference, Chicago, IL.
3. **Yang, J.P.**, Hoang, V.,** Malik, S.,** Gaska, K., Do, Q.,** & Scott, S. (2025, April). *Unfair racial treatment in health care, health care utilization, and health status among Black, Indigenous, Women of Color*. Poster presented at the Society for Behavioral Medicine's 46th Annual Meeting and Scientific Sessions, San Francisco, CA.
4. Nangwala, J.,** Malik, S.,** Austria, R.,** Hill, M.,** Hoang, V.,** Russell, D.,** Lim, N., & **Yang, J. P.** (2025, April). *Empowering Voices through Freely In Hope: Barriers and facilitators to thriving for survivors of sexual violence in Zambia and Kenya*. Poster presented at the Human Behavioral Research Conference (HBRC) Annual Convention, San Francisco, CA.
5. Harms, M., Demanarig, D., Currie, M., Ibrahim, M., Wong, G., Meredith, L., & **Yang, J.P.** (2025, June). Student perceptions and outcomes in a decolonized Intro Psychology course. Oral presentation at the Psychological Study of Social Issues Conference, Portland OR.
6. Nhan, E. R., Chan, R., Austria, R. M., Williamson-Raun, A. R., & **Yang, J. P.** (2025, February). The Moderating Impact of Rejection Sensitivity on the Relationship Between COVID Anti-Asian Racism and Trauma. Poster presented at The Society for Personality and Social Psychology (SPSP) Annual Convention, Denver, CO.
7. **Yang, J.P.**, Chan, R.,** Williamson-Raun, A.,** Nhan, E.R.,**, & Tung, E.L. (2024, September). "It was frightening because it could be my own grandparents": A qualitative study of vicarious exposure to anti-Asian racism. In **J.P. Yang** (Chair), *Qualitative methods to assess racial trauma in diverse settings*. Oral symposium conducted at the 40th Annual Meeting of the International Society for Traumatic Stress Studies, Boston, MA.
8. Chan, R.,** Wang, Z. L.,** Nhan, E. R.,** Williamson-Raun, A.,** & **Yang, J. P.** (2024, April). *A mixed-methods examination of rejection sensitivity's impact on psychological outcomes of COVID-19 anti-Asian racism*. Poster presented at the Council of University Directors of Clinical Psychology (CUDCP) Diversifying Clinical Psychology Conference (virtual).
9. **Yang, J.P.**, Chan, R.,** Nhan, E.R., ** & Tung, E. (2024, April). *Vicarious anti-Asian racism and psychological consequences*. In M. Lee (Chair), *(Re)Connecting psychology with Asian American Studies: Emerging research on Asian American stereotypes, discrimination, and*

- solidarity* [Symposium]. Annual Conference of the Association of Asian American Studies, Seattle, WA.
10. **Yang, J.P.**, Nhan, E.R.,** Do, Q.A.,** Chan, R.** & Chen, J.A. (2023, November) *Cognitive, emotional, and behavioral symptoms of racial trauma from anti-Asian racism during COVID*. Poster presented at the 39th Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Los Angeles, CA.
 11. Bird, C., Staples, J.M., Granato, H., & **Yang, J.P.** (2023, November). *Oppression-Based Traumatic Stress Among Transgender and Gender Expansive Adults*. Poster presented at the 39th Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Los Angeles, CA.
 12. Chan, R.,** Williamson-Raun, A.,** Nhan, E.R.,** Amin, J.,** Fajardo, F.,** **Yang, J. P.** (2023, April). *A Qualitative Study Examining Vicarious Racism and Its Impact during COVID-19*. Poster presented at The Diversifying Clinical Psychology Conference (virtual; *Rated in top 10% of received abstracts).
 13. Williamson-Raun, A.,** Amin, J.,** Chan, R.,** Nhan, E.R.,** **Yang, J. P.** (2023, April). *Anti-Asian Racism During the COVID-19 Pandemic and Mental Health Outcomes: The Influences of Ethnic Identity and Internalized Racism*. Poster presented at The Diversifying Clinical Psychology Conference (virtual).
 14. Nhan, E.R.,** Williamson-Raun, A.,** Chan, R.,** Amin, J.,** Do, Q. A.,** & **Yang, J. P.** (2023, April). *COVID-19 Anti-Asian Discrimination and Behavioral Health Outcomes: The Moderating Roles of Cultural Identity and Internalized Racism*. Oral presentation given at the 103rd Annual Convention of the Western Psychological Association, Riverside, CA.
 15. Hitti, A., **Yang, J.P.**, Pérez, J., Levy, B.J. & Munnich, E. (2023, April). *Student perspectives on diversity, equity, and inclusion in psychology courses*. In A. Hitti (Chair), *Informed Teaching Practices to Support Equitable Learning* [Symposium]. 103rd Annual Convention of the Western Psychological Association, Riverside, CA.
 16. **Yang, J.P.**, Levy, B.J., Tang, S.,** Garrett-Walker, J., & Capriotti, M. (2023, April). *Implementing labor-based grading contracts in psychology classes*. In A. Hitti (Chair), *Informed Teaching Practices to Support Equitable Learning* [Symposium]. 103rd Annual Convention of the Western Psychological Association, Riverside, CA.
 17. Ogunnowo, S., Zakrison, T., Baird, B., Erben, Y., Tung, E., **Yang, J.P.**, Dorsey, C. (2023, February). *Exploring experiences of traumatic microaggressions towards surgeons and surgical residents*. Plenary session presented at the 18th Annual Academic Surgical Congress, Houston, TX. (Abstract was rated in the top 1% of all abstracts submitted).
 18. Do, Q.A.,** Nhan, E.R.,** Chen, J.A., & **Yang, J. P.** (2022, November). *A mixed-methods study of race-based stress affecting Asian Americans during COVID-19*. In Q.A. Do (Chair), *Understanding the Experiences, Fear, and Effects of Discrimination among Asian Americans during COVID-19* [Symposium]. Association for Behavioral and Cognitive Therapies 56th Annual Convention, New York City, NY.
 19. **Yang, J.P.** (2022, November) *Understanding the Experiences, Fear, and Effects of Discrimination among Asian Americans during COVID-19*. Symposium discussant. Association for Behavioral and Cognitive Therapies 56th Annual Convention, New York City, NY.
 20. Tang, S., Garrett-Walker, J., Capriotti, M., Levy, B., & **Yang, J.P.** (2022, April). *Utilizing labor-based grading contracts in psychology as anti-bias and anti-racist (ABAR) educational assessments*. Poster presented at the 102nd Annual Convention of the Western Psychological Association, Portland, OR.

21. Do, Q. A.,** **Yang, J. P.**, Gaska, K. A., & Scott, S. B. (2022, April). *Experiences of healthcare discrimination, inaccessibility, and associated health outcomes among Asian American women*. Poster presented for the 7th Annual Cultural Inclusion Institute, University of Texas Health Science Center, San Antonio, TX.
22. Nhan, E.R.,** Do, Q.A.,** Tung, E.L., & **Yang, J.P.** (2022, January). *A Phenomenological Qualitative Media Analysis of Anti-Asian Racism and Race-based Stress during COVID-19*. Poster presented at the biennial National Multicultural Conference and Summit, Santa Fe, New Mexico (rescheduled to virtual).
23. Do, Q.A.,** **Yang, J.P.**, Gaska, K.A., Scott, S.B. (2021, November). *Centering the Healthcare Experiences of Asian Women in the U.S*. Poster to be presented at the Annual Convention of the Association of Behavioral and Cognitive Therapies in New Orleans, LA.
24. Gaska, K. A., **Yang, J.P.**, Ellis, D., Do, Q.A., Scott, S. (2021, June). *Rethinking medical mistrust: Recent experiences of Black, Indigenous, and other Women of Color*. Poster presented at the 2021 Annual Research Meeting of Academy Health held virtually.
25. Zimmerman, L., Lounsbury, D., Rosen, C., Kimerling, R. Holbrook, A. Hong, S., Branscomb, J., Kibbe, D., Park, S., Kramer, R., Barlow, D.C., Mushiana, S., Azevedo, K., **Yang, J.P.**, Trafton, J., Lindley, S., & Rust, T. (2018, December). Participatory system dynamics for high quality VA addiction and mental health care. Oral presentation in L. Zimmerman (Chair), *Participatory modeling approaches to implementation science*, 11th Annual Conference on the Science of Dissemination and Implementation in Health, Washington, D C.
26. **Yang, J.P.** (2018, November). Conceptualizing race-based traumatic stress. In **J. P. Yang** (Chair), *Race-based Traumatic Stress: Conceptualizing, Measuring, Training, and Clinical Implications*. Oral symposium conducted at the 34th Annual Meeting of the International Society for Traumatic Stress Studies, Washington, D.C.
27. Tung, E., Hampton, D., Rogers, S., **Yang, J.P.**, & Peek, M. *Racial and ethnic disparities in geographic access to trauma care: An exploration of America's urban trauma deserts*. (June, 2018). Poster presented at the 2018 Annual Research Meeting of Academy Health in Seattle, WA.
28. **Yang, J.P.**, Tung, E., & Zimmerman, L. *Conceptualizing Race-based Traumatic Stress: From Systems to Self*. (November, 2017). Poster presented at the 33rd Annual Meeting of the International Society for Traumatic Stress Studies in Chicago, IL. *Selected as the Diversity and Cultural Competence Special Interest Group's endorsed presentation for 2017.
29. McCallion, E., Dodd, S., Chwick, K., ... **Yang, J.P.**, Shindel, C., & Carson, R. *Evaluating Psychosocial Distress in Veterans and Their Caregivers at the Palo Alto VA*. (September, 2017). Poster presented at the 13th Annual Meeting of the Association of VA Hematology/Oncology in Denver, CO.
30. Simoni, J., Ramaiya, M., Aunon, F., ... **Yang, J.P.** (*Authors after first two contributed equally and are listed alphabetically; June, 2017). *Implementation Science Research on HIV Adherence Interventions: If not now, when?* Poster presented at the 12th International Conference on HIV Treatment and Prevention Adherence in Miami, FL.
31. **Yang, J.P.**, Dorsey, S. & Simoni, J. (March, 2017). *The Psychology Toolbox: Implementing a distress reduction intervention for HIV+ primary care patients in China*. Poster accepted for presentation at the 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine in San Diego, CA.
32. **Yang, J.P.**, Simoni, J., Lin, Z., Bao, M., Yan, S. & Lu, H. (August, 2016). *Preliminary outcomes of a distress reduction intervention for Chinese HIV-positive MSM*. Poster accepted

- for presentation at the 2016 Asian American Psychological Association Annual Convention in Denver, CO.
33. **Yang, J.P.**, Simoni, J., Shiu, C., Chen, W., & Lu, H. (July, 2016). *Alleviating stress and improving family functioning: Results from a preliminary RCT of a counseling intervention for parental HIV disclosure in China*. Poster presented at the 21st International AIDS Conference AIDS 2016 in Durban, South Africa.
 34. Korhonen, C., Kutner, B., **Yang, J.P.**, Simoni, J., & Graham, S. (July, 2016). *No difference in adherence to antiretroviral therapy by sex in Africa: A meta-analysis*. Poster presented at the 21st International AIDS Conference AIDS 2016 in Durban, South Africa.
 35. **Yang, J.P.**, Simoni, J., Lin, Z., Sun, M., Bao, M., & Lu, H. (July, 2016). *Developing a culturally appropriate intervention to reduce HIV-related distress in China*. Poster accepted for presentation at the 4th biennial American Psychological Association Division 45 Society of the Psychological Study of Culture, Ethnicity and Race Research Conference in Palo Alto, CA.
 36. Simoni, J., Kutner, B., Horvath, K., **Yang, J.P.**, Chen, W., Shiu, C., Aunon, F., Li, X., Lu, H., Hu, M., Yu, Y., Wang, H. (May 2016). *A Computer-based Program to Promote ART Adherence, Mental Health, and Treatment Engagement among PLWHA in China: Development and Initial Acceptability*. Poster presented at the 11th International Conference HIV Treatment and Prevention Adherence, Fort Lauderdale, FL.
 37. **Yang, J.P.**, Lin, Z., Yan, S., Chen, W., Shiu, C., Simoni, J., Bao, M. & Lu, H. (December, 2015). *Understanding gaps in care: Difficulties in implementing interventions among HIV-positive individuals in China*. Poster accepted for presentation at the 8th Annual Conference on the Science of Dissemination and Implementation in Health, Washington, D.C.
 38. Kutner, B., Nelson, K., **Yang, J. P.**, Yard, S., & Simoni, J. (July, 2014). *Who's watching what? Racial/ethnic differences in pornography consumption and sexual risk behavior among young men who have sex with men*. Poster presented at the International AIDS Conference, Melbourne, Australia.
 39. Kutner, B., Wiebe, J., Saucedo, J., Nelson, K., **Yang, J.P.**, & Simoni, J. (September, 2013). *Sexual risk behavior among Latino MSM living with HIV along the U.S.-Mexico border*. Poster presented at the United States Conference on AIDS, New Orleans, LA.
 40. **Yang, J.P.**, Xie, T., & Simoni, J. (August, 2013). *"They are better off without me": Self-imposed isolation from family among Chinese living with HIV*. Poster presented at the 121st Annual Convention of the American Psychological Association, Honolulu, HI.
 41. Paves, A., **Yang, J.P.**, Acierito, D., & Larimer, M. (July, 2013). *"Not American Enough, Not Filipino Enough": Experiences of Inter- and Intra-group Discrimination in the Words of Filipino American Young Adults*. Poster presented at the 2013 meeting of the Asian American Psychological Association Annual Meeting, Honolulu, HI.
 42. Yard, S., **Yang, J.P.**, Jin, H., Simoni, J., and Catz, S. (August, 2013). *"He made me feel like I was worth loving": a qualitative study of relationship factors in the sexual risk behavior of women in jail and prison*. Poster presented at the 2013 meeting of the American Psychological Association in Honolulu, HI.
 43. **Yang, J.P.**, Simoni, J., Chen, W., & Shiu, C. (March, 2013). *Parental HIV disclosure to children in China: Considering culture and context*. Poster presented at the 34th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA.
 44. **Yang, J.P.**, Leu, J., Simoni, J., Chen, W., Shiu, C., & Zhao, H. (July, 2012). *The impact of stigma and social support on the mental health of persons living with HIV/AIDS (PLWHA) in China*. Poster presented at The XIX International AIDS Conference, Washington, D.C.

45. **Yang, J.P.**, Simoni, J., Chen, W., Shiu, C., & Zhao, H. (July, 2012). *Barriers of parental HIV disclosure to children in China*. Poster presented at The XIX International AIDS Conference, Washington, D.C.

INVITED PRESENTATIONS

1. “Assessing and Treating Race-based Traumatic Stress”, (October 2022). Postdoctoral fellowship didactic series, Peninsula Behavioral Health, Palo Alto CA, 2 hr presentation
2. “Mental health equity for underserved populations: Pursuing justice through community-based participatory research” and “Integrating qualitative and quantitative approaches in mixed methods research” (May 2022). Invited speaker series, Center for Cross-Cultural Research, Western Washington University in Bellingham, WA; 1.5hr presentation and 2 hr workshop.
3. “Race-based Stress and Trauma”, (February 2022). CPY 7951 Trauma and PTSD: Risk, Resilience, and Therapeutic Recovery, Seattle Pacific University, 2 hrs presentation
4. “Racism and race-based stress”, (October, 2020). PSYC6129 Multicultural Competency Development, California School of Professional Psychology, Alliant International University in San Diego; 2.5 hr presentation.
5. “Collective Loss and Grief of COVID-19”, (May, 2020). *Psychological Impacts of COVID-19: Understanding and Emerging from Crisis*. Center for Teaching Excellence & Center for Research, Artistic, and Scholarly Excellence, University of San Francisco; 20 min presentation.
6. “Dialectical Behavior Therapy”, (April, 2019). PSYD730 Evidence-based Practice: CBT, University of San Francisco, Clinical Psychology PsyD Program; 3 hr presentation.
7. “Clinical and social justice implications of race-based traumatic stress”, (March, 2019). PSY7610 Social Justice Informed Clinical Care, California School of Professional Psychology, Alliant International University in San Diego; 1 hr presentation.
8. “Conceptualizing race-based traumatic stress”, (November, 2018). PSYC6129 Multicultural Competency Development, California School of Professional Psychology, Alliant International University in San Diego; 2.5 hr presentation.
9. “Race-based Traumatic Stress: Conceptualizing, Assessing, and Treating”, (November, 2018). PSYC 260: Crisis and Trauma Counseling, Department of Psychology, San Jose State University; 2.5 hr presentation.
10. “Barriers to parental HIV self-disclosure to children in China”, (June, 2012). Co-author with Jane Simoni, Ph.D., Beijing Ditan Hospital, Capital Medical University; 60 minute presentation delivered in Mandarin and English.
11. “Developing a disclosure-support intervention for parents living with HIV in China”, (December, 2012). Co-author with Jane Simoni, Ph.D., Shanghai Public Health Clinical Center, Fudan University; 60 minute presentation delivered in Mandarin and English.
12. “Racial microaggressions in clinical settings”, (February 2013, 2014, 2015). Co-author with Hong Nguyen and Kelly Koo, UW Psychological Services and Training Center, Seattle WA; 2.5 hour training.
13. “Psychotherapy Workshop: A disclosure-support intervention for parents living with HIV/AIDS,” (December, 2013). Co-author with Jane Simoni, Ph.D., Beijing Ditan Hospital, Capital Medical University; 3-day training delivered in Mandarin and English.
14. “Computer-based HIV counseling in China: Early lessons learned”, (March, 2014). Co-author with Jane Simoni, Ph.D., Global Mental Health Program, University of Washington; 90 minute presentation.
15. “DBT as a modular and hierarchical treatment”, (June, 2015). Workshop for community mental health providers, Seattle WA; 30 minute presentation.

16. “Developing a scientific research question and designing an intervention study”, (July 2015). Coauthor with Jane Simoni, Ph.D., Central South University, Changsha China; 90 minute presentation delivered in Mandarin and English.
17. “International Collaboration: Intervention studies”, (October, 2015). Co-author with Jane Simoni, Ph.D., Xiangya-UCLA HIV/AIDS Nursing Research Initiative on AIDS Behavioral Research Training, Changsha China; 60 minute presentation.
18. “New trends in mental health care in the US: mental health care for HIV/AIDS patients as an example”, (October, 2015). Co-author with Jane Simoni, Ph.D., Famous Teacher Forum, Central South University, Changsha China; 60 minute presentation.
19. “Diversity Science”, (February, 2016). Annual University of Washington Rapid Fire Research TED Talks; 20 minute presentation.
20. “Addressing the mental health gap in China: Development and evaluation of the psychology toolbox for nurses counseling HIV+ patients”, (October, 2017). Co-author with Jane Simoni, Ph.D., School of Nursing, Jiatong University, Shanghai, China; 60 minute presentation.
21. “Addressing the mental health gap in China: Development and evaluation of the psychology toolbox for nurses counseling HIV+ patients”, (October, 2017). Co-author with Jane Simoni, Ph.D., ChinaASEAN International Nursing Forum, Nursing College of Guangxi Medical University, Nanning China; 60 minute keynote address.