

DEEPIKA GOYAL, PhD, MS, FNP-C  
CURRICULUM VITAE  
[dgoyal@usfca.edu](mailto:dgoyal@usfca.edu)

### EDUCATIONAL PREPARATION

- Doctor of Philosophy, University of California, San Francisco, CA, June 2007.
  - Major, Nursing, Minor, Education
  - Doctoral Dissertation: *Postpartum Depression and Sleep Disturbance in New Mothers*
- Master of Science, Nursing, San José State University, San Jose, CA, May 2002
  - Family Nurse Practitioner Certificate
  - Thesis: *Immigrant Asian Indian Women and Postpartum Depression*
- Bachelor of Science, Nursing, San José State University, San Jose, CA, May 2000.
- Associate Degree, Nursing, De Anza Community College, Cupertino, CA June 1998

### PROFESSIONAL LICENSES AND CERTIFICATES

- California RN License, August 1998 - present (#546448, Expires Oct 2023)
- California Nurse Practitioner License, August 2002 - present (#13729, Expires Oct 2023)
- Family Nurse Practitioner Certification - American Academy of Nurse Practitioners (August 2002 - present)
- California Furnishing License, January 2003 - present (#13729, Expires Oct 2023)
- Controlled Substance Registration Certificate (#MG2287236, Expires Sept 2025)
- National Provider Number (#1912123597)
- Orcid ID 0000-0003-2854-1274

### PROFESSIONAL EXPERIENCE, FACULTY POSITIONS

<b>Professor</b>	<b>University of San Francisco</b> , School of Nursing and Health Professions San Francisco, CA, Jan 2023 - Present
<b>Family Nurse Practitioner Program Coordinator</b>	San José State University, The Valley Foundation School of Nursing, San Jose, CA, May 2017 - December 2022
<b>Graduate Program Coordinator</b>	San José State University, The Valley Foundation School of Nursing, San Jose, CA, May 2016 - May 2021
<b>Professor with Tenure</b>	San José State University, The Valley Foundation School of Nursing, San Jose, CA, Aug 2013 - December 2022.
<b>Adjunct Faculty</b>	<b>University of San Francisco</b> , School of Nursing and Health Professions San Francisco, CA, May 2014 – Dec 2022
<b>Associate Professor</b>	San José State University, The Valley Foundation School of Nursing, San Jose, CA, Aug 2007 - July 2013
<b>Lecturer</b>	San José State University, the Valley Foundation School of Nursing, San Jose, CA, Aug 2002 - May 2004

## PROFESSIONAL EXPERIENCE, HEALTHCARE

- Nurse Practitioner** Santa Clara Valley Medical Center, San Jose, CA, July 2017 - present. Obstetrics, gynecology, prenatal care, first-trimester dating ultrasounds, postpartum care, family planning, contraceptive counseling, intrauterine device insertion, Nexplanon insertion, annual well-woman exams, cervical cancer screening, menopause, hormone replacement therapy, general women's health, COVID-19 county vaccination disaster worker.
- Nurse Practitioner** Dr. Carole Somersille, Mountain View, CA, Feb 2016 - August 2017. Obstetrics, gynecology, prenatal/postpartum care, family planning, contraceptive counseling, intrauterine device insertion, annual well-woman exams, cervical cancer screening, infertility management, menopause, hormone replacement therapy, and general women's health.
- Nurse Practitioner** Santa Clara University Student Health Center, Santa Clara, CA, June 2013 - May 2017 (*Locum*). College-age population healthcare, women's health services, travel medicine, urgent care.
- Nurse Practitioner** Kaiser Permanente, San Jose, CA, July 2016 – Sep 2016 (*Locum*). Employee Health, new hire physicals, occupational injury triage, bloodborne pathogen exposure monitoring.
- Nurse Practitioner** CareMore Healthcare, San Jose, CA, April 2015 - August 2015 (*Locum*). Geriatric healthcare and chronic disease management, e.g., hypertension, coumadin monitoring.
- Nurse Practitioner** Dr. Pollard & Dr. Dang, Los Gatos, CA, Nov 2007 - Jan 2009. Obstetrics, gynecology, prenatal/postpartum care, family planning, contraceptive counseling, & general women's health.
- Nurse Practitioner** Planned Parenthood, San Jose, CA, June 2005 - July 2009. Obstetrics & gynecology, prenatal/postpartum care, family planning, contraceptive counseling, & general women's health.
- Nurse Practitioner** Women's Community Clinic, San Jose, CA, Nov 2002 - Sep 2003. Obstetrics, gynecology, prenatal/postpartum care, family planning, contraceptive counseling, first-trimester obstetric dating ultrasounds, laminaria insertion, & women's health.

## GLOBAL HEALTH EXPERIENCE

- Nov 2022 - Cusco, Peru [Medtreks International](#), Maternal-child health, rural healthcare
- Sep 2022 - Chogoria, Kenya [Medtreks International](#), Maternal-child health, rural healthcare
- March 2022 - Chogoria, Kenya [Medtreks International](#), Maternal-child health, rural healthcare, Eclampsia/Preeclampsia workshop, COVID education/vaccination.
- Aug 2021 - Chogoria, Kenya [Medtreks International](#), Maternal-child health, rural healthcare, Helping Mothers Survive March 2022 - Migori, Kenya [KenyaRelief](#), Breast cancer screening, breast cancer education workshop.
- Jan 2020 - Chogoria, Kenya [Medtreks International](#), Maternal-child health, rural healthcare, Intrauterine device, IUD, insertion workshop, low resource cervical cancer screening workshop
- Aug 2019 - Chogoria, Kenya [Medtreks International](#), Maternal-child health, rural healthcare, postpartum depression workshop, IUD insertion workshops

**UNIVERSITY SERVICE**

**COURSES TAUGHT - UNIVERSITY OF SAN FRANCISCO – Spring 2023 - present**

**Graduate - Doctor of Nursing Practice (Online)**

NURS 707 Advanced Pharmacology  
NURS 706 Advanced Pathophysiology

**COURSES TAUGHT - UNIVERSITY OF SAN FRANCISCO - Academic years 2014 – 2022**

NURS 706 Advanced Pathophysiology (Fall 2022)  
NURS 7002 Applied Epidemiology & Data Analysis (Fall 2020)  
NURS 603 Assessment Across the Lifespan (Summer 2018)  
NURS 639 Nursing Inquiry (Summer 2017)  
NURS 639 Nursing Inquiry (Spring 2017)  
NURS 642: Epidemiology and Population Statistics (Fall 2016)  
NURS 639 Epidemiology and Population Statistics (Spring 2016))  
NHP 702 Epidemiology (Summer 2016)  
NURS 642 Epidemiology and Population Statistics (Summer 2015)  
NURS 612 Advanced Pathophysiology and Pharmacology (Summer 2014)  
NURS 622 Health Assessment/Lifespan (Summer 2014)

**COURSES TAUGHT-SAN JOSE STATE UNIVERSITY - Academic years 2007 – 2022**

**Graduate - Doctor of Nursing Practice (Online)**

NURS 574 Diversity  
NURS 585 Evidence-based Practice  
NURS 595 Translating Evidence into Reflective Practice I  
NURS 596 Translating Evidence into Reflective Practice II  
NURS 597 Doctoral Project, Chair

**Graduate - Master of Science (Hybrid)**

NURS 200 Health Care Systems  
NURS 204 Diverse Populations  
NURS 248 Advanced Health Assessment  
NURS 250 Family Nurse Practitioner Theory I  
NURS 251 Family Nurse Practitioner Theory II  
NURS 253 Family Nurse Practitioner Practicum I  
NURS 254 Family Nurse Practitioner Practicum II  
NURS 256 Family Nurse Practitioner Practicum III  
NURS 260 Advanced Pathophysiology  
NURS 270 Advanced Pathophysiology and Pharmacology  
NURS 297 Graduate Project Management  
NURS 295 Research Methods and Proposal Writing

**Undergraduate – Bachelor of Science in Nursing**

NURS 104 Health Assessment  
NURS 126 Nursing Theory - Care of the Childbearing Family  
NURS 128 Evidence-Based Research  
NURS 146B Undergraduate Practicum - Care of the Childbearing Family  
NURS 148Ai – Senior Practicum Faculty-Led Program Abroad, Grenada, West Indies  
NURS 148Ai – Senior Practicum Faculty-Led Program Abroad, India

## PROFESSIONAL PEER-REVIEWED PUBLISHED MANUSCRIPTS

1. **Goyal, D.** Rabemananjara, K., Lara-Cinisomo, S. & Le, H. Healthcare workers' understanding of perinatal depression and mental health services needs in rural Kenya. (2023). *Mental Health & Prevention*. <https://doi.org/10.1016/j.mhp.2023.200260>
2. **Goyal, D.**, Dol, J., Leckey, M., Naraine, S., Dennis, C. L., Chan, E. & Basu, G. Scoping review of the racial and ethnic representation of participants in mental health research conducted in the perinatal period during the COVID-19 pandemic. *Journal of Obstetric, Gynecologic & Neonatal Nursing* (in press)
3. Dol, J., Dennis, C-L., Naraine, S., & **Goyal, D.** The impact of the COVID-19 pandemic on the paternal parenting experience: A scoping review. *Journal of Family Nursing* (in press)
4. Choi, C., Mersky, P., Janczewski, P. & **Goyal, D.** (2022). Advancing research on perinatal depression trajectories: Evidence from a longitudinal study of low-income women. *Journal of Affective Disorders*. <https://doi.org/10.1016/j.jad.2022.01.026>.
5. **Goyal, D.**, Beck, C., Webb, R. & Ayers, S. (2022). Postpartum depressive symptoms and experiences during COVID-19. *MCN: The American Journal of Maternal Child Nursing*, 47(2),77-84. doi: 10.1097/NMC.0000000000000802
6. **Goyal, D.**, Han, M., Feldman-Schwartz, T., & Le, H. (2022). Perinatal experiences of Asian American women during the COVID-19 pandemic. *MCN: The American Journal of Maternal Child Nursing*, 47(2), 71-76. doi: 10.1097/NMC.0000000000000796
7. **Goyal, D.**, De La Rosa, L., Liu, C., Mittal, L. & Erdei, C. (2022). Unmet prenatal expectations during the COVID-19 pandemic. *MCN: The American Journal of Maternal Child Nursing*, 47(2),66-70. doi: 10.1097/NMC.0000000000000801
8. Liu, C., **Goyal, D.**, Mittal, L. & Erdei, C. (2021). Patient satisfaction with virtual-based prenatal care: Implications after the COVID-19 pandemic. *Maternal and Child Health Journal*, 25(11), 1735-1743. <https://doi.org/10.1007/s10995-021-03211-6>
9. Moore, D., **Goyal, D.** & Rodriguez, L. (2021). Experiences of opioid use disorder patients receiving buprenorphine through a telehealth program. *Journal of Addictions Nursing*, 32(3). <https://doi.org/10.1097/JAN.0000000000000419>
10. **Goyal, D.** & Selix, N. (2021). Impact of COVID-19 on maternal mental health. *MCN: The American Journal of Maternal Child Nursing*, doi: 10.1097/NMC.0000000000000692
11. Merksy, J., Lee, C. P., Gilbert, R. M. & **Goyal, D.** (2020). Prevalence and correlates of maternal and infant sleep problems in a low-income US sample. *Journal of Maternal and Child Health*. <https://doi.org/10.1007/s10995-019-02852-y>
12. Keiffer, M., Loomis, J., & **Goyal, D.** (2020). Nurse practitioner student clinical placements: A rural community immersion. *Journal for Nurse Practitioners*, <https://doi.org/10.1016/j.nurpra.2019.10.002>
13. Han, M., **Goyal, D.**, Lee, J., Cho, H., & Kim, A. (2020). Korean immigrant's women's postpartum experiences in the United States. *MCN The American Journal of Maternal Child Nursing*, doi: 10.1097/NMC.0000000000000585
14. Ta Park, V., **Goyal, D.**, Suen, J., Win, J., & Tsoh, J. (2019). Chinese American women's experiences with postpartum depressive symptoms and mental health help-seeking behaviors. *MCN: The American Journal of Maternal Child Nursing*, <http://dx.doi.org/10.1097/NMC.0000000000000518>
15. **Goyal, D.**, Torres, R., A., Gay, C. & Lee, K. (2018). Shortening day length: A potential risk factor for perinatal depression, *Journal of Behavioral Medicine*. doi:10.1007/s10865-018-9971-2

16. **Goyal, D.** & Han, M. (2019). Perinatal depression, knowledge, beliefs, and attitudes among graduate social work students. *Journal of Advanced Social Work*, doi.org/10.18060/21640
17. Selix, N. & **Goyal, D.** (2018). Recent policy changes in perinatal depression screening and treatment. *The Journal for Nurse Practitioners*, doi: <https://doi.org/10.1016/j.nurpra.2017.11.016>
18. Torres, R., **Goyal, D.**, Aaronson, A., Gay, C. & Lee, K. (2017). Patterns of symptoms of perinatal depression and stress in late adolescent and young adult mothers, *Journal of Obstetric, Gynecologic, & Neonatal Nursing*, 46(6), 814-823.
19. Ta Park, V.M., **Goyal, D.**, Nguyen, T., Lien, H., & Rosidi, D. (2017). Postpartum traditions, mental health and help-seeking considerations among Vietnamese American women: A mixed-methods pilot study. *Journal of Behavioral Health Services & Research*, 44(3), 428-441.
20. Doering, J., Szabo, A., **Goyal, D.**, & Babler, E. (2017). Sleep quality and quantity in low-income postpartum women, *MCN, The American Journal of Maternal Child Nursing*, 42(3), 166-172.
21. **Goyal, D.** (2016). Perinatal practices & traditions among Asian Indian women, *MCN, The American Journal of Maternal Child Nursing*, <https://doi.org/10.1097/NMC.0000000000000222>
22. Selix, N. & **Goyal, D.** (2015). Postpartum depression among working women: Practice and policy changes. *Journal of Nurse Practitioners*, 11(9), 897-902.
23. **Goyal, D.**, Ta Park, V., & McNiesh, S. G. (2015). Postpartum depression among Asian Indian mothers: An exploratory study. *MCN, The American Journal of Maternal Child Nursing*, 40(4), 256-261.
24. **Goyal, D.**, Garapaty, B., & Green, N. (2014). Postpartum depression identification, referral, and treatment among diverse racial and ethnic groups. *Directions in Psychiatry*, 34(3), 171-181.
25. McNiesh, S., Rodriguez, L., **Goyal, D.**, & Apen, L. (2013). Student's lived experience in an associate's degree to baccalaureate degree continuation program: Opening doors, opening eyes, opening minds. *Journal of Continuing Education in Nursing*, 44(7), 326-332.
26. Rodriguez, L., McNiesh, S., **Goyal, D.**, & Apen, L. (2013). Methods of evaluating an accelerated Associate Degree RN to Baccalaureate degree continuation program. *Journal of Professional Nursing*, 29(5), 302-308.
27. **Goyal, D.**, Wong, E., Shen, J., Wang, E. & Palaniappan, L. (2012). Clinically identified postpartum depression in Asian American mothers. *Journal of Obstetric, Gynecologic, & Neonatal Nursing*, 41(3), 408-416
28. **Goyal, D.**, Gay, C., & Lee, K (2010). How much does low socioeconomic status increase the risk of prenatal and postpartum depressive symptoms in first-time mothers? *Women's Health Issues*, 20(2), 96-104.
29. **Goyal, D.**, Gay, C., & Lee, K. (2009). Fragmented maternal sleep is more strongly correlated with depressive symptoms than infant temperament at three months postpartum. *Archives of Women's Mental Health*, 12(4), 229-237.
30. **Goyal, D.**, Gay, C., & Lee, K. (2007). Patterns of sleep disruption and depressive symptoms in new mothers. *Journal of Perinatal and Neonatal Nursing*, 2(2), 123-129.
31. **Goyal, D.**, Murphy, S., & Cohen, J. (2006). Immigrant Asian Indian women and postpartum depression. *Journal of Obstetric, Gynecologic, & Neonatal Nursing*, 35(1), 98-104.

## PUBLICATIONS WITH MASTER OF SCIENCE STUDENTS

1. Lynch, E., **Goyal, D.** & Moore, D. (2021). Ready, willing, and able: California college campus law enforcement officers respond to the opioid overdose attitudes scale. *Journal of American College Health*, <https://doi.org/10.1080/07448481.2021.1948857>
2. Diaz, M. S. & **Goyal, D.** (2020). Caring for the deaf: Nursing students' knowledge and awareness. *Nursing Education Perspectives* doi: 10.1097/01.NEP.0000000000000685.
3. Rodriguez, A., Spilker, A. & **Goyal, D.** (2020). Grief among neonatal intensive care nurses. *MCN: The American Journal of Maternal Child Nursing* doi: 10.1097/NMC.0000000000000634
4. Stevens, N., McNiesh, S., & **Goyal, D.** (2019). Utilizing an SBAR workshop with baccalaureate nursing students to improve communication skills. *Nursing Education Perspectives* <https://doi.org/10.1097/01.NEP.0000000000000518>
5. Teaford, D., McNiesh, S. & **Goyal, D.** (2019). New mothers' experiences with online postpartum forums. *MCN: The American Journal of Maternal Child Nursing*, <https://doi.org/10.1097/NMC.0000000000000489>
6. Billner-Garcia, R., Spilker, A. & **Goyal, D.** (2018). Skin to skin: Newborn, thermoregulation, feasibility. *MCN, The American Journal of Maternal Child Nursing*, <https://doi.org/10.1097/NMC.0000000000000430>
7. Germain, M., O'Leary-Kelly, C., **Goyal, D.** & Anand, S. (2018). Can clinical simulation increase confidence levels in performing postpartum care in a diverse group of baccalaureate nursing students? *Nursing Education Perspectives*, <https://doi.org/10.1097/01.NEP.0000000000000233>.
8. Teaford, D., **Goyal, D.**, & McNiesh, S. (2015). Identification of postpartum depression in an online community. *Journal of Obstetric, Gynecologic, & Neonatal Nursing*. 44(5), 578-586.
9. Fernandez-Parsons, R., Rodriguez, L., & **Goyal, D.** (2013). Moral distress in emergency nurses. *Journal of Emergency Nursing*, 39(6), 547-552.

## PUBLICATIONS WITH DOCTOR OF NURSING PRACTICE STUDENTS

1. Arguello, L., Mauldin, K. & **Goyal, D.** (2020). Pre-diabetes versus diabetes patients in a medically supervised diet program. *The Journal for Nurse Practitioners* <https://doi.org/10.1016/j.nurpra.2020.05.001>
2. Cook, C., **Goyal, D.**, & Allen, M. (2019). Experiences of women with postpartum depression participating in a support group led by mental health providers. *MCN: The American Journal of Maternal Child Nursing*, 44(4), 228-233
3. Goldman, S. & **Goyal, D.** (2019). Knowledge regarding victims of commercial sexual exploitation and feasibility of using a smartphone app: A pilot study. *Journal of Forensic Nursing*, doi: 10.1097/JFN.0000000000000240.
4. Jaramillo, J., **Goyal, D.**, & Lung, C. (2019). Birth tourism among Chinese women. *MCN: The American Journal of Maternal Child Nursing*, doi: 10.1097/NMC.0000000000000500
5. Rose, J., **Goyal, D.**, & Wilkosz, M. E. (2018). Feasibility and effectiveness of smartphone text-delivered nutrition education in the college setting: A mixed-methods pilot study. *International Journal of Nursing and Health Care Research*. <https://doi.org/10.29011/IJNHR-154.100054>.
6. Odenheimer, S., **Goyal, D.**, Jones, V., Rosenblum, R., Ho, L. & Chan, (2018). A. Patient acceptance of remote scribing powered by google glass in outpatient dermatology. *Journal of Medical Internet Research*, <https://doi.org/10.2196/10762>
7. Arguello, L., Mauldin, K. & **Goyal, D.** (2018). Atypical eating disinhibition genotype *The Journal for Nurse Practitioners*, <https://doi.org/10.1016/j.nurpra.2018.01.009>

## PUBLISHED PEER-REVIEWED BOOK CHAPTERS

1. Le, M., Rabemananjara, K. & **Goyal, D.** Cognitive-behavioral interventions for mental health conditions among women in sub-Saharan Africa. In Martin, Patel, & Preedy (Eds.). *A Handbook of Cognitive Behavioral Therapy by Disorder*, Elsevier (in press)
2. **Goyal, D.** (2018). Perinatal mood disorders In Fitzpatrick, J. Alfes, C., & Hickman, R. (Eds.). *A Guide to Mastery in Clinical Nursing: A Comprehensive Reference* (pp: 565-567). Springer Publishing Company: New York, NY.
3. **Goyal, D.** & Garapaty, B. (2017). Maternal mental health In Hasnain, M., Parikh, P. & Nagaraj, N. (Eds.). *Health of South Asians in the United States: An evidence-based guide for policy and program development* (pp. 241-258). Routledge: New York, NY.
4. Hasnain, M., **Goyal, D.**, & Ivey, S. (2017). Intimate partner violence In Hasnain, M., Parikh, P. & Nagaraj, N. (Eds.). *Health of South Asians in the United States: An evidence-based guide for policy and program development* (pp. 259-274). Routledge: New York, NY.

## PRESENTATIONS PEER-REVIEWED

1. **Goyal, D.**, Rabemananjara, K, Lara-Cinisomo, S. & Le, M. & *Healthcare workers perspectives regarding perinatal depression and maternal mental health service needs in rural Kenya*. International Marcé Society Conference, virtual poster presentation, London, UK, Sep 16-18, 2022.
2. Liu, C., Mittal, L., Erdei, C., **Goyal, D.**, Beck, C., Webb, R., Ayers, S. *What comes next for perinatal women who have gone through the COVID-19 pandemic? The use of pandemic-based data and clinical insights to inform the next steps*. Marcé of North America Conference, virtual symposium presentation, Oct 24-27, 2021.
3. **Goyal, D.**, Han, M., Feldman, T. & Le, H. *Perinatal experiences of Asian American women giving birth during COVID-19*. Marcé of North America 2021 Conference, virtual poster presentation, Oct 24-27, 2021.
4. Han, M., **Goyal, D.**, Bauman, Z., Lachman, S., Luckey, D., & Tran, P. (2021). *Postpartum experiences of Asian immigrant women in the United States*. Marcé of North America Conference virtual poster presentation, Oct 24-27, 2021.
5. **Goyal, D.** 2020Mom Annual Forum, *Maternal Sleep, and Maternal Mental Health* March 24-26, 2021 virtual, *COVID-19*, virtual podium presentation
6. **Goyal, D.** Multicultural Health Conference, Keynote Speaker, Oct 22 – 24, 2020, Virtual podium presentation, *Perinatal Mental Health among Asian American Women*.
7. **Goyal, D.** San José State University, Faculty Tapas Talks, *Impact of COVID-19 on birth and postpartum experiences*, virtual presentation, August 5, 2020.
8. **Goyal, D.** *Mental health management for perinatal women during the pandemic: Telehealth & impact on perinatal mental health*. Marcé of North America, Webinar, June 2020.
9. Han, M. & **Goyal, D.** *Challenges during the postpartum period: Perceptions of postpartum depression and professional help-seeking attitudes among Korean immigrant women*. 24<sup>th</sup> Annual Conference of the Society for Social Work and Research, Washington. DC, Poster presentation, Jan 2020.
10. **Goyal, D.** & Han, M. *Exploring postpartum experiences among Korean immigrant women*. Marcé of North America (MONA) Conference, Chapel Hill, NC. Poster presentation, Oct 24, 2019.
11. Apen, L. & **Goyal, D.** (2019). *Associate degree to baccalaureate seamless progression pathway*. Bellwether Conference, San Antonio, Texas. Podium presentation, Feb 4, 2019.

12. **Goyal, D.** & Han, M. (2017). *Perinatal depression knowledge, beliefs, and attitudes among graduate social work students*. The 3<sup>rd</sup> Biennial Perinatal Mental Health Conference, Chicago, Ill. Poster presentation, Nov 8, 2017.
13. Selix, N. & **Goyal, D.** (2017). *Recent policy changes in perinatal mental health: Clinical implications*. The 3<sup>rd</sup> Biennial Perinatal Mental Health Conference, Chicago, Ill. Poster presentation, Nov 8, 2017.
14. **Goyal, D.** & Ta Park, V. (2014). *Postpartum depression: Rates, perspectives, and help-seeking behavior among Asian American mothers*. Postpartum Support International, Chapel Hill, NC. Podium presentation, **June 21, 2014**.
15. Ta Park, V. **Goyal, D.**, Lien, H., Le, N. & Rosidi, D. (2014). *Cultural perceptions and experiences on postpartum depression and associated traditions and help-seeking behaviors among Asian American mothers*. The Asian & Pacific Islander American Health Forum, Washington DC. Podium presentation, March 2014.
16. **Goyal, D.** & Ta Park, V. (2013). *Postpartum depression among Asian American mothers*. Perinatal Maternal Mental Health Conference, Chicago, IL. Podium presentation, November 8, 2013.
17. **Goyal, D.** (2013). *Postpartum depression among Asian American mothers*. California Association of Nurse Practitioners Annual Conference, Monterey, CA. Podium presentation, March 24, 2013.
18. **Goyal, D.**, Shen, J., Wang, E. & Palainappan, L. (2011). *Gestational diabetes rates across Asian American subgroups*. The American Diabetes Association, 71st Scientific Sessions meeting, San Diego, CA. Poster presentation, June 23, 2011.
19. **Goyal, D.** *Postpartum depression among Asian Americans*. (2011). Asian American Pacific Islander Nurses Association's Annual Conference, Evidence-Based Nursing: Practice, Education, & Research, Houston, TX. Podium presentation, March 26, 2011.
20. **Goyal, D.**, Wong, E., Shen, J., Wang, E. & Palainappan, L. (2010). *Clinically identified postpartum depression in Asian American mothers*. Postpartum Support International & Marcé Society Meeting, Pittsburg, Pennsylvania. Podium presentation, October 27, 2010.
21. **Goyal, D.** (2010). *Depression and pregnancy: Prenatal to postpartum*. National Association of Nurse Practitioners in Women's Health 13th Annual Premiere Women's Health Care Conference, Palm Desert, CA. Invited Speaker, October 15, 2010.
22. **Goyal, D.** (2009). *Postpartum depression: Which instrument should I use for my patient?* Association of Women's Health, Obstetric, and Neonatal Nursing, San Diego, California. Podium presentation, June 30, 2009.
23. **Goyal, D.** (2008). *Asian Indian Women and Postpartum Depression*. National Association of Indian Nurses in America Conference, Chicago, Illinois. Podium presentation, September 27, 2008.
24. **Goyal, D.** (2008). *Socioeconomic status and postpartum depression*. Western Institute of Nursing Regional Conference, Anaheim, CA. Podium presentation, April 17, 2008.
25. **Goyal, D.** (2004). *Immigrant Asian Indian women and postpartum depression*. Western Institute of Nursing Conference, San Francisco, CA. Poster presentation, December 2004.

#### **PRESENTATIONS/WORKSHOPS INVITED SPEAKER**

1. **Goyal, D.** *Perinatal depression among Asian Americans*. AWHONN CA State Conference, San Jose, CA, Invited Speaker, Feb 4, 2023
2. **Goyal, D.** *Perinatal depression among Asian American women: Cultural complexities*. Stanford, AAHNPI Conference, Invited Speaker, May 16, 2022.



3. **Goyal, D.** *Impact of COVID-19 on the pregnancy and birthing journey.* January 14, 2022, Webinar, National Nurse-Led Care Consortium.
4. **Goyal, D.** *Pre-eclampsia/eclampsia Helping Mothers Survive Training.* August 2021, Village HopeCore International, Chogoria, Kenya.
5. **Goyal, D.** Impact of COVID-19 on maternal mental health and sleep. 2020MOM Annual Forum, Online, Invited Speaker, March 25, 2020
6. **Goyal, D.** Intrauterine contraceptive device insertion workshop. January 2020, Village HopeCore International, Chogoria, Kenya.
7. **Goyal, D.** Cervical cancer screening in low-resource countries. January 2020, Village HopeCore International, Chogoria, Kenya.
8. **Goyal, D.** Intrauterine contraceptive device insertion workshop. August 2019, Village HopeCore International, Chogoria, Kenya.
9. **Goyal, D.** Perinatal depression overview. August 2019, Village HopeCore International, Chogoria, Kenya.
10. **Goyal, D.** The College of Health and Human Services Seminar Series: Research trajectory: Interdisciplinary collaborations and student involvement. March 26, 2019.
11. **Goyal, D. & Han, M.** Perinatal depression knowledge among graduate social work students. San José State University, College of Health and Human Sciences, poster presentation, January 22, 2019.
12. **Goyal, D.** *Perinatal depression among Asian American women.* San José State University, Provost Scholar Series, October 24, 2018.
13. **Goyal, D.** *Perinatal depression among Asian American women: Barriers and facilitators.* El Camino Hospital, Maternal Mental Health Symposium, September 18, 2018.
14. **Goyal, D.** Perinatal health among minority women. Invited Speaker, First Five, Alameda County, December 13, 2017.
15. **Goyal, D.** *Cultural competence.* Stanford Hospital, Palo Alto, CA. New Graduate Nursing Seminar. June 1, 2017.
16. **Goyal, D.** *Postpartum depression: What does sleep have to do with it?* (2013). California Maternal Mental Health Collaborative Meeting, Sacramento, CA. Invited Keynote Speaker, May 6, 2013.
17. **Goyal, D.** *Postpartum depression, identification and screening in Asian American mothers.* Kaiser Permanente Santa Clara, CA. December 7, 2012.
18. **Goyal, D.** *Postpartum depression, identification, screening, and treatment.* Santa Clara Valley Medical Center, Gilroy, CA. June 28, 2012.
19. **Goyal, D.** *Postpartum depression, identification, screening, and treatment.* Santa Clara Valley Medical Center, CA. Grand Rounds, May 2, 2012.
20. **Goyal, D.** *Postpartum depression, identification, screening, and treatment.* Santa Clara Valley Medical Center, CA. Nurse Skills Day Workshops, December 1 - 16, 2011.
21. **Goyal, D.** *Postpartum depression, identification, screening, and treatment.* Invited Speaker, San Benito County Public Health Department, December 15, 2011

#### EXTERNAL GRANT AWARDS

1. Burns, A., **Goyal, D.**, & Herrera, A. (2015). Song Brown Special Programs Grant, *Seamless RN to BSN Collaboration*. **Funded**, \$106,794, AY 2015 - 2017
2. Apen, L. & **Goyal, D.** ADN to BS in Nursing Collaborative Grant, California Community Colleges Chancellor's Office Economic and Workforce Development Division. *Submitted May 2008*, **Funded** \$150,000

## INTERNAL GRANT AWARDS SAN JOSÉ STATE UNIVERSITY

1. **Goyal, D.** Research, Scholarly, and Creative Activity (RSCA) Seed Grant Award AY 2022-2023. **Funded**, \$7,500
2. **Goyal, D.** & Han, M. RSCA Grant. **Funded**, \$5,000 summer salary May 2019.
3. **Goyal, D.** RSCA Grant. **Funded**, 20% reassigned time Jan 2019 - May 2023.
4. **Goyal, D.** & Han, M. RSCA Grant. Perspectives of postpartum depression among Korean American women. **Funded**, \$5,000 summer salary May 2018.
5. **Goyal, D.** & Han, M. RSCA Grant. *Effect of an interdisciplinary simulation experience on mental health competency levels of nursing and social work students.* **Funded**, 20% reassigned time, May 2017.
6. **Goyal, D.** RSCA Grant. *Perspectives of gestational diabetes among Asian Indian women.* **Funded**, \$5,000.
7. Butryn, T. & **Goyal, D.** RSCA Grant. *A critical review of media portrayal of postpartum depression.* **Funded**, \$4,500.
8. **Goyal, D.** Innovative Teaching Course Redesign Award. *Hybrid course development.* **Funded** \$3,000.
9. **Goyal, D.** RSCA Grant. *Intervention to improve infant and parent outcomes in Asian Americans: A feasibility and acceptability study.* **Funded**, \$5,000.
10. Mauldin, K. & **Goyal, D.** (2012) College of Applied Sciences and Arts Incentive Grant *Effect of maternal lipid metabolism during pregnancy on pregnancy outcomes in obese pregnant women.* **Funded** \$25,000.
11. **Goyal, D.** RSCA Grant. *Perspectives of well-being in Chinese American mothers.* Submitted October 2011, **Funded**.
12. **Goyal, D.**, & Ta, V. Silicon Valley Center for Global Studies Grant. *Intervention to reduce postpartum depression in Asian American mothers.* **Funded**.
13. **Goyal, D.**, & Ta, V. College of Applied Sciences and Arts Incentive Grant. *Perspectives of postpartum depression in Asian Indian mothers.* **Funded** \$25,000.
14. **Goyal, D.** Office of International and Extended Studies, Virtually Abroad Program Grant. *Views of socialized medicine: Maternal child health.* **Funded**, \$1,500.

## PROFESSIONAL CONTRIBUTIONS – NON-PEER-REVIEWED

1. Herrick, C. & **Goyal, D.** [It's time to address the lack of maternal mental health resources for AAPI moms.](#)
2. **Goyal, D.** Sharing your vaccination experience, [Pennsylvania Action Coalition Podcast](#)
3. **Goyal, D.** (2021). COVID-19: Where is the light at the end of the tunnel? *Thrive Global*, <https://thriveglobal.com/stories/covid-19-where-is-the-light-at-the-end-of-the-tunnel/>
4. **Goyal, D.** (2021). Why new moms need the COVID-19 vaccine. *US News & World Report*, <https://www.usnews.com/news/health-news/articles/2021-02-12/new-moms-need-the-covid-vaccine>

## OTHER ACADEMIC CONTRIBUTIONS – San José State University

- Spring 2022, Center for Faculty Development, Faculty in Residence
- Spring 2022, University Retention, Tenure and Promotion Committee member
- Spring 2021, University Retention, Tenure and Promotion Committee member
- Fall 2020, Department of Audiology, Lecturer search committee
- AY 2020-2021, College of Health and Human Sciences, Director for the Center for Applied Research on Human Services (CARHS)

- AY 2019-2020, College of Health and Human Sciences, Dean's Search Committee
- 2019-2022, Program Planning Committee member
- 2017-2020, College of Health and Human Sciences, Retention, Tenure and Promotion Committee Chair
- 2016-2017, College of Applied Sciences and Arts, Retention, Tenure, and Promotion Committee member
- 2012-2015, University Senate member
- 2012-2013, Instructional and Student Affairs Committee member

### **MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS**

- California Association of Nurse Practitioners (CANP), current member
- Marcé of North America (MONA), Secretary, December 2017 - December 2021
- The American Academy of Nurse Practitioners (AANP), member, June 2002 - present
- Nurse Practitioners in Women's Health, current member
- Postpartum Support International (PSI), member, January 2009 - present
- The Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN), member, December 2005 - present
- Supporting Mamas, Board Member, Sep 2015 - Sep 2016
- National Association of Indian Nurses in America (NAINA) Research & Grant Committee, member, September 2008 - May 2012
- California Association of Nurse Practitioners (CANP), Education Chair, January 2006 - November 2009

### **OTHER PROFESSIONAL CONTRIBUTIONS**

- National Nurse-Led Care Consortium, [COVID Vaccine Confidence Committee](#) member, April 2021 -present
- [SCYNEXIS](#) Clinical Advisory Board member, April 2021 - present
- 2020 - 2021 - Marcé of North America (MONA) bi-annual Conference Planning Committee
- 2020 - Marcé International bi-annual Conference, Abstract Reviewer
- Maternal Mental Health Leadership Alliance, [Board of Advisors](#) - Dec 2020 – Dec 2021
- 2020Mom [Clinical Advisory Board Member](#) - Jan 2020 - present
- 2019 - Marcé of North America (MONA) bi-annual Conference, Abstract Reviewer
- 2015 - present – Referee reviewer, *MCN: The American Journal of Maternal/Child Nursing*
- 2009 - 2011 - Research Consultant, El Camino Hospital, Mountain View, CA
- 2009 - 2011 - Consulting Investigator, Palo Alto Medical Foundation Research Institute, Palo Alto, CA, Department of Health Policy

### **HONORS AND AWARDS**

- July 2011 - Sigma Theta Tau Alpha Gamma Chapter Research Award
- 2004 - 2007 - Betty Irene and Gordon Moore Doctoral Fellowship