

This represents a partial list of dental and vision insurance companies and resources available in the San Francisco Bay Area. USF does not endorse these companies and all questions regarding the plans should be directed to the companies.

Dental & Vision Insurance Plans

PMI DeltaCare

<http://www.deltadentalca.org/pmi/individual/index.html>

Annual Premiums: \$91.80 enrollee
\$148.53 enrollee + one dependent
\$217.56 enrollee + two dependents

Blue Cross HMO/PPO - Dental

http://www.bluecrossca.com/user_groups/Visitors/Individual/PSDental.htm

Monthly Premiums: ranging from \$15 - \$45 depending on the coverage

Vision Plan of America

<http://www.visionplanofamerica.com/>

Three plans, two with just vision and one with dental. Monthly and annual payments are available.

*** Best Choice Plan (Vision & Dental):**

Annual Premiums: Individual \$149; \$215 for member and one dependent; \$255 for entire family.

Monthly Premiums: Individual \$12.00; \$18.00 for member and one dependent; \$22.00 for entire family.

*** Emerald Plan (Vision & Dental):**

Monthly Premiums: Individual \$24.00; \$42.00 for member and one dependent; \$59.00 for entire family.

*** M Plus Plan (Vision only):**

Annual Premiums: Individual \$55; \$70 for member and one dependent; \$82 for entire family.

Monthly Premiums: Individual \$4.00; \$5.25 for member and one dependent; \$6.25 for entire family.

*** VIP Premiere Plan (Vision only):**

Annual Premiums: \$25 annual co-pay per person.

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Dental Care Resources

University of California School of Dentistry		All ages if good teaching cases Fixed fees – 1/3 to 1/2 lower than private dental fees. Insurance & Medi-Cal billed.
707 Parnassus Avenue	476.1891	
• Emergencies accepted	476.5814	
• Orthodontic Clinic	476.2841	
707 Parnassus Ave. 3 rd Floor		
• Pediatric Clinic	476.3276	Ages 2 to 17 Mon. – Fri. 9:00 a.m. – 12:00 p.m. 1:00 p.m. – 5:00 p.m.
707 Parnassus Avenue, 1 st floor		
• U.C.S.F. Buchanan Dental Clinic more		Adults and Children age 3 or
100 Buchanan Street	476.5608	Mon. – Fri. 9:00 a.m. – 5:00 p.m.
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University of the Pacific School of Dentistry		All ages if good teaching cases. Fixed fees – 30 to 40% lower than private fees. Insurance & Medi-Cal billed.
2155 Webster St.	929.6501	
• Emergencies – Level B	929.6501	
• Orthodontic Clinic – Level 1	929.6555	
http://dental.pacific.edu		
• Children’s Clinic	929.6550	Ages 3 to 15. Mon. – Fri. 9:00 a.m. – 5:00 p.m.
• 1 st Floor		
• Oral Surgery	929.6473	Mon. – Fri. 9:00 a.m. – 5:00 p.m.
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