



Cura Personalis Mentoring Program

Fairfield University

Program Description:

The Cura Personalis Mentoring Program (CPMP) is sponsored by the Center for Multicultural Relations at Fairfield University. This mentorship program is open to all first-year students, with a special welcome to the university's AHANA (African-American, Hispanic, Asian, Native American) students. Modeled after successful mentoring programs for AHANA students at other universities, the CPMP helps smooth the transition to college life. The program serves 3 different sets of populations: scholar prodigies, student mentors and staff/faculty members.

Program History:

(Not Available)

Program Goals:

CPMP strives to help students by creating opportunities to build relationships with each other, faculty and staff to help them with academic advising and professional development. CPMP also encourages students to use the many resources available at Fairfield University.

Program Layout:

By participating in the CPMP, students also have an opportunity to build relationships and friendships with faculty and staff. Each participant, referred to as a scholar protégé, is paired with a faculty/staff mentor as well as a student mentor, with one-on-one mentoring, small group meetings, and large group sessions planned throughout the year. These supporters can help the scholar protégés navigate through their college years as well as serve as valuable resources and credible references for future career and/or educational pursuits.

There are small and large group conversations as part of the program. Some of the small group meeting topics include time management and cura-personalis. Some of the large group meeting themes include: dinner with speakers, connection with university departments and clubs and organizations.

The program also encourages students to use the campus resources that are available to them.

Effectiveness/Evaluation/Assessment:

(Not Available)