

This represents a partial list of dental and vision insurance companies and resources available in the San Francisco Bay Area. USF does not endorse these companies and all questions regarding the plans should be directed to the companies.

Dental & Vision Insurance Plans

PMI DeltaCare

<http://www.deltadentalca.org/pmi/individual/index.html>

Annual Premiums: \$97 enrollee
 \$155 enrollee + one dependent
 \$225 enrollee + two dependents

Blue Cross HMO/PPO - Dental

http://www.bluecrossca.com/user_groups/Visitors/Individual/PSDental.htm

Monthly Premiums: ranging from \$10 - \$35 depending on the coverage

Vision Plan of America

<http://www.visionplanofamerica.com/>

Three plans, two with just vision and one with dental. Monthly and Annual payments available.

Best Choice Plan (Vision & Dental): \$149 annually; \$215 for member and one dependent; \$255 for entire family.

B1 Plan (Vision only): \$114 annually; \$195 for member and one dependent; \$245 for entire family.

MQ2 Plan (Vision only): \$55 annually; \$70 for member and one dependent; \$82 for entire family.

This represents a partial list of dental and vision insurance companies and resources available in the San Francisco Bay Area. USF does not endorse these companies and all questions regarding the plans should be directed to the companies.

Dental Care Resources

University of California School of Dentistry		All ages if good teaching cases Fixed fees – 1/3 to 1/2 lower than private dental fees. Insurance & Medi-Cal billed.
707 Parnassus Avenue	476.1891	
• Emergencies accepted	476.5814	
• Orthodontic Clinic 707 Parnassus Ave. 3 rd Floor	476.2841	
• Pediatric Clinic 707 Parnassus Avenue, 1 st floor	476.3276	
• U.C.S.F. Buchanan Dental Clinic more 100 Buchanan Street	476.5608	Ages 2 to 17 Mon. – Fri. 9:00 a.m. – 12:00 p.m. 1:00 p.m. – 5:00 p.m.
<hr/>		
University of the Pacific School of Dentistry		All ages if good teaching cases. Fixed fees – 1/3 to 1/2 lower than private fees. Insurance & Medi-Cal billed.
2155 Webster St. http://dental.pacific.edu	929.6501	
• Emergencies – Level C	929.6501	
• Orthodontic Clinic – Level 1	929.6555	
• Children’s Clinic 1 st Floor	929.6550	
• Oral Surgery	929.6473	Adults and Children age 3 or Mon. – Fri. 8:30 a.m. – 5:00 p.m.
<hr/>		
		Mon. – Fri. 8:30 a.m. – 12:00 p.m. & 1:00 p.m. – 5:00 p.m.
		Mon. – Fri. 8:30 a.m. – 5:00 p.m. Mon. 5:00 p.m. – 8:30 p.m.
		Ages 3 to 15.
		Mon. – Fri. 9:00 a.m. – 5:00 p.m. Mon. & Tues. 5:00 p.m. – 8:30 p.m.