2004 College Students' Beliefs and Values (CSBV) Factor Scales Table

Spirituality (Cronbach's alpha=.88)

Personal goal[a]: Integrating spirituality into my life
Belief[b]: We are all spiritual beings
Belief[b]: People can reach a higher spiritual plane of consciousness through meditation or prayer
Self-description[c]: Having an interest in spirituality
Self-description[c]: Believing in the sacredness of life
Personal goal[a]: Seeking out opportunities to help me grow spiritually
Spiritual experience while[d]: Listening to beautiful music
Spiritual experience while[d]: Viewing a great work of art
Spiritual experience while[d]: Participating in a musical or artistic performance
Spiritual experience while[d]: Engaging in athletics
Spiritual experience while[d]: Witnessing the beauty and harmony of nature
Spiritual experience while[d]: Meditating
On a spiritual quest[e]
Self-rating[f]: Spirituality

Percent of students who are "high" scorers ($\geq$ 36) on Spirituality: 17%
Percent of students who are "low" scorers ($\leq$ 23) on Spirituality: 25%

Religious Commitment (Cronbach's alpha=.93)

My spiritual/religious beliefs[g]: Are one of the most important things in my life
My spiritual/religious beliefs[g]: Provide me with strength, support, and guidance
My spiritual/religious beliefs[g]: Give meaning/purpose to my life
Belief[b]: I find religion to be personally helpful
Belief[b]: I gain spiritual strength by trusting in a Higher Power
Self-rating[f]: Religiousness
My spiritual/religious beliefs[g]: Lie behind my whole approach to life
Experience[h]: Felt loved by God
My spiritual/religious beliefs[g]: Have helped me develop my identity
Self-description[c]: Feeling a sense of connection with God/Higher Power that transcends my personal self
Reason for prayer[i]: Help in solving problems

Reason for prayer[i]: Emotional strength
Personal Goal[a]: Seeking to follow religious teachings in my everyday life
My spiritual/religious beliefs[g]: Help define the goals I set for myself

Percent of students who are "high" scorers (≥ 45) on Religious Commitment: 37%
Percent of students who are "low" scorers (≤ 22) on Religious Commitment: 2%

Equanimity (Cronbach's alpha=.76)

Self-description[c]: Feeling good about the direction in which my life is headed
Experience[h]: Felt at peace/centered
Self-description[c]: Being thankful for all that has happened to me
Self-description[c]: Seeing each day, good or bad, as a gift
Experience[h]: Been able to find meaning in times of hardship
Self-description[c]: Feeling a strong connection to all humanity

Percent of students who are "high" scorers (≥ 16) on Equanimity: 22%
Percent of students who are "low" scorers (≤ 11) on Equanimity: 20%

Religious Struggle (Cronbach's alpha=.75)

Experience[h]: Questioned your religious/spiritual beliefs
Self-description[c]: Feeling unsettled about spiritual and religious matters
Experience[h]: Struggled to understand evil, suffering, and death
Experience[h]: Felt angry with God
Self-description[c]: Feeling disillusioned with my religious upbringing
Experience[h]: Felt distant from God
Experience[h]: Disagreed with your family about religious matters

Percent of students who are "high" scorers (≥ 16) on Religious Struggle: 11%
Percent of students who are "low" scorers (≤ 10) on Religious Struggle: 36%

Religious Engagement (Cronbach's alpha=.87)

Activity[j]: Reading sacred texts
Activity[j]: Religious singing/chanting

Activity[j]: Other reading on religion/spirituality
Experience[h]: Attended a class, workshop, or retreat on matters related to religion/spirituality
Experience[h]: Attended a religious service
Close friends[k]: Go to church/temple/other house of worship
Hours per week[l]: Prayer/meditation
Do you pray?[m]
Activity[j]: Prayer

Percent of students who are "high" scorers (≥ 29) on Religious Engagement: 20%
Percent of students who are "low" scorers (≤ 13) on Religious Engagement: 24%

Charitable Involvement (Cronbach's alpha=.74)

Experience[h]: Participated in community food or clothing drives
Experience[h]: Performed volunteer work
Experience[h]: Donated money to charity
Experience[h]: Helped friends with personal problems
Personal goal[a]: Participating in a community action program
Hours per week[l]: Volunteer work
Community service/volunteer activity[n]: Tutoring/teaching
Community service/volunteer activity[n]: Counseling/mentoring
Community service/volunteer activity[n]: Environmental activities
Community service/volunteer activity[n]: Child care
Community service/volunteer activity[n]: Elder care
Community service/volunteer activity[n]: Hospital work
Community service/volunteer activity[n]: Substance abuse education
Community service/volunteer activity[n]: Other health education
Community service/volunteer activity[n]: Services to the homeless
Community service/volunteer activity[n]: Community improvement/construction
Community service/volunteer activity[n]: Conflict mediation
Community service/volunteer activity[n]: Service to my religious community

Community service/volunteer activity[n]: Other community service

Percent of students who are "high" scorers (≥ 21) on Charitable Involvement: 15%
Percent of students who are "low" scorers (≤ 12) on Charitable Involvement: 26%

Religious/Social Conservatism (Cronbach's alpha=.72)

Belief[b]: People who don't believe in God will be punished
Self-description[c]: Being committed to introducing people to my faith
Belief[b]: If two people really like each other, it's all right for them to have sex even if they've known each other for only a very short time (reverse coded)
Belief[b]: Abortion should be legal (reverse coded)
Reason for prayer[i]: Forgiveness
Conception of God[o]: Father-figure
Close friends[k]: Share your religious/spiritual views

Percent of students who are "high" scorers (≥ 20) on Religious/Social Conservatism: 23%
Percent of students who are "low" scorers (≤ 10) on Religious/Social Conservatism: 4%

Religious Skepticism (Cronbach's alpha=.83)

Self-description[c]: Believing in life after death (reverse coded)
Belief[b]: While science can provide important information about the physical world, only religion can truly explain existence (reverse coded)
Belief[b]: It doesn't matter what I believe as long as I lead a moral life
Belief[b]: What happens in my life is determined by forces larger than myself (reverse coded)
Belief[b]: Whether or not there is a Supreme Being doesn't matter to me
Belief[b]: I have never felt a sense of sacredness
Belief[b]: The universe arose by chance
Belief[b]: In the future, science will be able to explain everything
Relationship between science and religion[p]: Conflict; I consider myself to be on the side of science

Percent of students who are "high" scorers (≥ 23) on Religious Skepticism: 17%
Percent of students who are "low" scorers (≤ 13) on Religious Skepticism: 24%

Spiritual Quest (Cronbach's alpha=.85)

Personal goal[a]: Finding answers to the mysteries of life
Personal goal[a]: Attaining inner harmony
Personal goal[a]: Attaining wisdom
Personal goal[a]: Seeking beauty in my life
Personal goal[a]: Developing a meaningful philosophy of life
Engaged in[q]: Searching for meaning/purpose in life
Engaged in[q]: Having discussions about the meaning of life with my friends
Personal goal[a]: Becoming a more loving person
Personal goal[a]: Improving the human condition
Close friends[k]: Are searching for meaning/purpose in life

Percent of students who are "high" scorers (≥ 29) on Spiritual Quest: 25%
Percent of students who are "low" scorers (≤ 20) on Spiritual Quest: 23%

Ethic of Caring (Cronbach's alpha=.79)

Ultimate spiritual quest[r]: To make the world a better place

Personal goal[a]: Becoming involved in programs to clean up the environment
Personal goal[a]: Reducing pain and suffering in the world
Personal goal[a]: Influencing the political structure
Personal goal[a]: Influencing social values
Personal goal[a]: Helping others who are in difficulty
Personal goal[a]: Helping to promote racial understanding
Personal goal[a]: Becoming a community leader
Engaged in[q]: Trying to change things that are unfair in the world

Percent of students who are "high" scorers (≥ 24) on Ethic of Caring: 13%
Percent of students who are "low" scorers (≤ 15) on Ethic of Caring: 26%

Ecumenical Worldview (Cronbach's alpha=.70)

Belief[b]: All life is interconnected
Belief[b]: Love is at the root of all the great religions
Belief[b]: Non-religious people can lead lives that are just as moral as those of religious believers
Belief[b]: Most people can grow spiritually without being religious
Self-description[c]: Having an interest in different religious traditions
Self-description[c]: Believing in the goodness of all people
Engaged in[q]: Accepting others as they are
Self-rating[f]: Understanding of others
Personal goal[a]: Improving my understanding of other countries and cultures
Important that this college[s]: Respect diverse perspectives
Reason to attend college[t]: To make me a more cultured person
Experience[h]: Socialized with someone of another racial/ethnic group

Percent of students who are "high" scorers (≥ 38) on Ecumenical Worldview: 14%
Percent of students who are "low" scorers (≤ 28) on Ecumenical Worldview: 19%

Compassionate Self-Concept (Cronbach's alpha=.78)

Self-rating[f]: Kindness
Self-rating[f]: Compassion
Self-rating[f]: Forgiveness

Self-rating[f]: Generosity

Percent of students who are "high" scorers (≥ 17) on Compassionate Self-Concept: 30%
Percent of students who are "low" scorers (≤ 13) on Compassionate Self-Concept: 25%

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[a]Personal goal measured on a 4-point scale, "Not important" to "Essential"
[b]Belief measured on a 4-point scale, "Disagree strongly" to "Agree strongly"
[c]Self-description measured on a 3-point scale, "Not at all" to "To a great extent"
[d]Spiritual experience measured on a 3-point scale, "Not at all" to "Frequently"
("Not applicable" recoded as "Not at all")
[e]Being on a spiritual quest measured on a 2-point scale, "No" or "Yes"
[f]Self-rating measured on a 5-point scale, "Lowest 10%" to "Highest 10%"
[g]My spiritual/religious beliefs measured on a 4-point scale, "Disagree strongly" to "Agree strongly"
[h]Experience measured on a 3-point scale, "Not at all" to "Frequently"
[i]Reason for prayer measured on a 3-point scale, "Not at all" to "Frequently"
[j]Activity measured on a 6-point scale, "Not at all" to "Daily"
[k]Close friends measured on a 4-point scale, "None" to "All"
[l]Hours per week measured on an 8-point scale, "None" to "Over 20"
[m]"Do you pray?" measured on a 2-point scale, "No" or "Yes"
[n]Community service/volunteer activity measured on a 2-point scale, "No" or "Yes"
[o]Conception of God measured on a 2-point scale, "No" or "Yes"
[p]Relationship between science and religion measured on a 2-point scale, "No" or "Yes"
[q]Engagement measured on a 3-point scale, "Not at all" to "To a great extent"
[r]Ultimate spiritual quest measured on a 2-point scale, "No" or "Yes"
[s]Expectation for this college measured on a 4-point scale, "Not important" to "Essential"
[t]Reason for attending college measured on a 3-point scale, "Not important" to "Very important"

Note: The 12 factor scales listed above represent dimensions of spirituality that were developed through a factor analytic technique. Items are clustered under each factor based on their relationship to each other.